

## Assoc. Prof. ZEYNEP GÖKTAŞ

### Personal Information

Office Phone: [+90 312 305 1094](tel:+903123051094) Extension: 124

Fax Phone: [+90 312 309 1310](tel:+903123091310)

Email: [zeynep.goktas@hacettepe.edu.tr](mailto:zeynep.goktas@hacettepe.edu.tr)

Address: Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, Sıhhiye, 06100, Ankara

### Education Information

Doctorate, Texas Tech University, College Of Human Sciences, Nutritional Sciences, United States Of America 2009 - 2013

Post Graduate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Beslenme Bilimleri Abd, Turkey 2007 - 2009

Under Graduate, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, Turkey 2003 - 2007

### Foreign Languages

Spanish, B1 Intermediate

English, C1 Advanced

### Dissertations

Doctorate, Visfatin, Retinol Binding Protein-4, and Vaspin Concentrations in Plasma and Different Tissues and Their Relationship to Insulin Resistance in Morbidly Obese Subjects, Texas Tech University, Nutritional Sciences, 2012

Post Graduate, Aktif millî sporcuların beslenme alışkanlıkları ve sıklıkla kullandıkları beslenme destek ürünlerinde kontaminasyon ve pozitif doping risk değerlendirmesi, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Beslenme Bilimleri (YI) (Tezli), 2009

### Research Areas

Health Sciences, Nutrition and Dietetics

### Academic Titles / Tasks

Assistant Professor, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2018 - Continues

Assistant Professor, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2014 - 2018

### Courses

BTB 603 TOPLUMDA BESLENME DURUMUNUN SAPTANMASI, Post Graduate, 2016 - 2017

BDD 717 BESİN ZENGİNLEŞTİRME VE TOPLUM SAĞLIĞI, Doctorate, 2016 - 2017

BES 301 DİYETETİK-I, Under Graduate, 2016 - 2017

BTB 600 ÖZEL KONULAR, Post Graduate, 2016 - 2017

BES 627 BESLENME BİLİMLERİNDE ARAŞTIRMA TEKNİKLERİ, Post Graduate, 2016 - 2017

BES 307 BESLENME DURUMU TARAMA TESTLERİ, Under Graduate, 2016 - 2017  
BES 201 BESLENME BİLİMLERİ-I, Under Graduate, 2016 - 2017  
BES 435 SEMİNER HAZIRLAMA, Under Graduate, 2016 - 2017  
BES 421 PROJE PLANLAMA İLKELERİ, Under Graduate, 2016 - 2017  
BES 451 H.Ü. DIŞI HASTANE VE KURUM STAJI, Under Graduate, 2016 - 2017

## Advising Theses

GÖKTAŞ Z., Oruç Tutan Bireylerde Serum FGF21 Düzeylerinin, Beslenme Durumunun ve Bazı Antropometrik Ölçümlerin İncelenmesi, Post Graduate, A.ALPAŞLAN(Student), 2018  
GÖKTAŞ Z., Non-Alkolik Yağlı Karaciğer Hastalığında Kafein Tüketiminin Serum CK18 Proteinini Üzerine Etkisi, Post Graduate, K.UÇAR(Student), 2018  
GÖKTAŞ Z., 19-64 yaş arası kadınlarda zayıflama amaçlı bitkisel destek ve besin desteği kullanımı, Post Graduate, E.DİDEM(Student), 2016

## Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **Recent Advances in Nanoencapsulation of Phytochemicals to Combat Obesity and Its Comorbidities**  
GÖKTAŞ Z., Zu Y., Abbasi M., Galyean S., Wu D., Fan Z., Wang S.  
JOURNAL OF AGRICULTURAL AND FOOD CHEMISTRY, vol.68, pp.8119-8131, 2020 (Journal Indexed in SCI)
- II. **Effects of sleeve gastrectomy on liver enzymes, non-alcoholic fatty liver disease-related fibrosis and steatosis scores in morbidly obese patients: first year follow-up**  
Aksoy E. K. , GÖKTAŞ Z., Albuz O., Akpınar M. Y. , Ozturk D., Bulus H., Uzman M.  
JOURNAL OF LABORATORY MEDICINE, vol.43, pp.115-122, 2019 (Journal Indexed in SCI)
- III. **Comparison of Helicobacter pylori Eradication Rates of 2-Week Levofloxacin-Containing Triple Therapy, Levofloxacin-Containing Bismuth Quadruple Therapy, and Standard Bismuth Quadruple Therapy as a First-Line Regimen**  
Aksoy E. K. , Sapmaz F. P. , GÖKTAŞ Z., Uzman M., Nazligul Y.  
MEDICAL PRINCIPLES AND PRACTICE, vol.26, pp.523-529, 2017 (Journal Indexed in SCI)
- IV. **EFFECTS OF LOW FAT DIET ON BODY COMPOSITION AND BLOOD PARAMETERS IN NON-ALCOHOLIC FATTY LIVER DISEASE: A PILOT STUDY**  
Ilhan M., GÖKTAŞ Z.  
ANNALS OF NUTRITION AND METABOLISM, vol.71, pp.979-980, 2017 (Journal Indexed in SCI)
- V. **Validation of a Turkish version of the food choice questionnaire**  
DİKMEN D., INAN-EROĞLU E., GÖKTAŞ Z., Barut-Uyar B., KARABULUT E.  
FOOD QUALITY AND PREFERENCE, vol.52, pp.81-86, 2016 (Journal Indexed in SCI)
- VI. **Energy expenditure and nutritional status of coal miners: A cross-sectional study**  
Bilici S., Sağlam F., Beyhan Y., Barut-Uyar B., DİKMEN D., GÖKTAŞ Z., Attar A. J. , Mucka P., Uyar M. F.  
ARCHIVES OF ENVIRONMENTAL & OCCUPATIONAL HEALTH, vol.71, pp.293-299, 2016 (Journal Indexed in SCI)
- VII. **Nutritional habits in functional dyspepsia and its subgroups: a comparative study**  
GÖKTAŞ Z., KÖKLÜ S., DİKMEN D., ÖZTÜRK O., Yılmaz B., Asil M., Korkmaz H., Tuna Y., KEKILLI M., AKSOY E. K. , et al.  
SCANDINAVIAN JOURNAL OF GASTROENTEROLOGY, vol.51, pp.903-907, 2016 (Journal Indexed in SCI)
- VIII. **Determination of Turkish Consumers' Motivational Aspects of Food Choice**  
Demir A., Inan E., GÜMÜŞ D., Goktas Z., Uyar B. B. , DİKMEN D.  
ANNALS OF NUTRITION AND METABOLISM, vol.67, pp.531-532, 2015 (Journal Indexed in SCI)
- IX. **Aortic cholesterol accumulation correlates with systemic inflammation but not hepatic and gonadal adipose tissue inflammation in low-density lipoprotein receptor null mice**  
Wang S., Miller B., Matthan N. R. , Goktas Z., Wu D., Reed D. B. , Yin X., Grammas P., Moustaid-Moussa N., Shen C., et al.

NUTRITION RESEARCH, vol.33, pp.1072-1082, 2013 (Journal Indexed in SCI)

- X. **Effects of bariatric surgery on adipokine-induced inflammation and insulin resistance**  
Goktas Z., Moustaid-Moussa N., Shen C., Boylan M., Mo H., Wang S.  
Frontiers in Endocrinology, vol.4, 2013 (Journal Indexed in SCI Expanded)
- XI. **Effects of exercise during the holiday season on changes in body weight, body composition and blood pressure**  
Stevenson J. L., Krishnan S., Stoner M. A., Goktas Z., Cooper J. A.  
EUROPEAN JOURNAL OF CLINICAL NUTRITION, vol.67, pp.944-949, 2013 (Journal Indexed in SCI)
- XII. **Associations between Tissue Visfatin/Nicotinamide, Phosphoribosyltransferase (Nampt), Retinol Binding Protein-4, and Vaspin Concentrations and Insulin Resistance in Morbidly Obese Subjects**  
Goktas Z., Owens S., Boylan M., Syn D., Shen C., Reed D. B., San Francisco S., Wang S.  
MEDIATORS OF INFLAMMATION, vol.2013, 2013 (Journal Indexed in SCI)

### Articles Published in Other Journals

- I. **Clinical Significance of Serum Vascular Endothelial Growth Factor, Pigment Epithelium-Derived Factor, Tumor Necrosis Factor Alpha, and Progranulin Levels in Patients with Gastric Cancer and Gastric Precancerous Lesions**  
Aksoy E. K., Akpınar M. Y., Dogan O., GÖKTAŞ Z., Sapmaz F. P., Simsek G. G., Uzman M., Nazligül Y.  
JOURNAL OF GASTROINTESTINAL CANCER, vol.50, pp.537-542, 2019 (Journal Indexed in ESCI)
- II. **Serum interleukin-35 and pentraxin-3 levels in patients with mild acute pancreatitis**  
Aksoy E. K., Sapmaz F. P., Dogan O., GÖKTAŞ Z., Uzman M., Nazligül Y.  
GASTROENTEROLOGY REVIEW-PRZEGLAD GASTROENTEROLOGICZNY, vol.14, pp.48-54, 2019 (Journal Indexed in ESCI)
- III. **Nutrition and performance enhancing substance use in young athletes Çocuk ve genç sporcularda beslenme ve performans artırıcı madde kullanımı**  
GÖKTAŞ Z., Ersoy G.  
SENDROM, vol.20, pp.77-84, 2008 (Refereed Journals of Other Institutions)

### Refereed Congress / Symposium Publications in Proceedings

- I. **Serum vitamin D levels in individuals with polycystic ovary syndrome (PCOS), with or without non-alcoholic fatty liver disease (NAFLD).**  
GÖKTAŞ Z., Atılğan Z. T. D.  
Annual Meeting of the American-Society-for-Pharmacology-and-Experimental-Therapeutics (ASPET) at Experimental Biology Meeting, Illinois, United States Of America, 22 - 26 April 2017, vol.31
- II. **Energy intake fluctuations during Muslim holiday season**  
Tutumlu H., GÖKTAŞ Z.  
Annual Meeting of the American-Society-for-Pharmacology-and-Experimental-Therapeutics (ASPET) at Experimental Biology Meeting, Illinois, United States Of America, 22 - 26 April 2017, vol.31
- III. **Nutritional and Sleeping Habits in Irritable Bowel Syndrome and Functional Dyspepsia**  
GÖKTAŞ Z., DİKMEN D., DEMİR A., ÖZTÜRK Ö., KARAMANOĞLU AKSOY E., KÖKLÜ H., KÖKLÜ S.  
International Congress of Dietetics, Granada, Spain, 7 - 10 September 2016, vol.20
- IV. **Nutritional Habits in Functional Gastrointestinal Disorders**  
GÖKTAŞ Z., DİKMEN D., DEMİR A., ÖZTÜRK Ö., KARAMANOĞLU AKSOY E., KÖKLÜ H., TUNA Y., KEKILLI M., KORKMAZ H., YILMAZ B., et al.  
Digestive Disease Week, 21 - 24 May 2016, vol.150, pp.440
- V. **Food Items That Triggering A Symptom In Functional Gastrointestinal Disorders**  
DİKMEN D., GÖKTAŞ Z., DEMİR A., ÖZTÜRK Ö., KARAMANOĞLU AKSOY E., KÖKLÜ H., TUNA Y., KEKILLI M.,

KORKMAZ H., YILMAZ B., et al.

Experimental Biology, 2 - 06 April 2016, vol.30, pp.420

- VI. **SERUM 25-HYDROXY D3 LEVELS IN NONALCOHOLIC FATTY LIVER DISEASE**  
GÖKTAŞ Z., Galyean S., Syn D., Koklu S., Wang S., Boylan M., DİKMEN D., Uyar B.  
Experimental Biology Meeting, California, United States Of America, 2 - 06 April 2016, vol.30
- VII. **Effect of Diet on Endoscopic Mucosal Healing in Patients With Reflux Esophagitis**  
Aksoy E. K. , Dikmen D., Goktas Z., Suslu I., Ozturk O., Koklu S.  
Digestive Disease Week (DDW), California, United States Of America, 20 - 24 May 2016, vol.150
- VIII. **Visfatin and vaspin protein concentrations in different tissues and insulin resistance**  
Goktas Z., Wang S.  
Joint Annual Meeting of the ASPET/BPS at Experimental Biology (EB), Massachusetts, United States Of America, 20 - 24 April 2013, vol.27
- IX. **Assessing the Effects of the Holiday Season on Body Weight, Body Fat Percentage and Blood Pressure**  
Stoner M. A. , Goktas Z., Sawyer R. D. , Boylan M., Cooper J. A.  
28th Annual Scientific Meeting of the Obesity, California, United States Of America, 8 - 12 October 2010, vol.18

## Supported Projects

GÖKTAŞ Z., Alpaslan A., Project Supported by Higher Education Institutions, Oruç Tutan Bireylerde Serum FGF21 Düzeylerinin Beslenme Durumunun ve Bazı Antropometrik Ölçümlerin İncelenmesi, 2017 - 2018

GÖKTAŞ Z., Project Supported by Higher Education Institutions, Cell Symposia-Exercise Metabolism 2017 Kongresine Katılım Talebi, 2017 - 2017

GÖKTAŞ Z., BESLER H. T. , GÜLEÇ A., Project Supported by Higher Education Institutions, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü'nde Laboratuvar Güvenliğinin Sağlanması, 2015 - 2017

GÖKTAŞ Z., Project Supported by Higher Education Institutions, Alkolik Olmayan Yağlı Karaciğer Hastalığının Farklı Derecelerinde Serum 25Hidroksi D Vitamini Seviyesi, 2016 - 2016

GÖKTAŞ Z., Project Supported by Higher Education Institutions, Non-Alkolik Yağlı Karaciğer Hastalığı Vakalarında Serum D Vitamini Düzeylerinin İncelenmesi, 2015 - 2016

## Citations

Total Citations (WOS):68

h-index (WOS):5