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Education Information

Doctorate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedav Ve Rehabilitasyon, Turkey 2001 - 2005

Postgraduate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon, Turkey 1998 - 2001

Foreign Languages

English, C1 Advanced

Dissertations

Doctorate, Periferik sinir lezyonlarında motor, duyu ve otonomik fonksiyonların değerlendirilmesi, Hacettepe Üniversitesi, 2005

Postgraduate, Fizyoterapi ve rehabilitasyonda yüksek frekanslı akımların ve magnetoterapinin deneysel ağrı üzerine etkisi, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizik Tedavi Ve Rehabilitasyon (YI) (Tezli), 2001

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Physical Medicine and Rehabilitation

Academic Titles / Tasks

Associate Professor, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Fizik Tedavi ve Rehabilitasyon Bölümü, 2013 - Continues

Advising Theses

FIRAT T., Obstetrik Brakiyal Pleksus Paralizisi Olan Çocuklarda Ev Egzersiz Programına Uyum ile Fonksiyonel İyileşme Arasındaki İlişkinin Araştırılması, Postgraduate, E.TARHAN(Student), 2018

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. How brachial plexus birth palsy affects motor development and upper extremity skill quality?

Celik G., FIRAT T.

CHILDS NERVOUS SYSTEM, vol.37, pp.2865-2871, 2021 (Journal Indexed in SCI)

- II. **Muscle architecture and its relationship with lower extremity muscle strength in multiple sclerosis**
Kirmaci Z. I. K., FIRAT T., Ozkur H. A., Neyal A. M., Neyal A., Ergun N.
ACTA NEUROLOGICA BELGICA, 2021 (Journal Indexed in SCI)
- III. **Evaluation of work-related musculoskeletal problems in pediatric surgeons**
Akbiyik F., UYSAL Ö., FIRAT T., Bek N.
PEDIATRIC SURGERY INTERNATIONAL, 2021 (Journal Indexed in SCI)
- IV. **The effects of hamstring training methods on muscle viscoelastic properties in healthy young individuals**
UYSAL Ö., DELİOĞLU K., FIRAT T.
SCANDINAVIAN JOURNAL OF MEDICINE & SCIENCE IN SPORTS, vol.31, pp.371-379, 2021 (Journal Indexed in SCI)
- V. **The Relationship between Trunk Control and Upper Extremity Function in Children with Obstetric Brachial Plexus Palsy**
Celik G., DELİOĞLU K., FIRAT T.
DEVELOPMENTAL NEUROREHABILITATION, 2020 (Journal Indexed in SCI)
- VI. **Respiratory Dysfunction in Individuals With Thoracic Outlet Syndrome**
SAĞLAM M., FIRAT T., VARDAR YAĞLI N., ÇALIK KÜTÜKCÜ E., DELİOĞLU K., İNAL İNCE D., TUNÇ Y., ARIKAN H., Kayi-Cangir A.
JOURNAL OF MANIPULATIVE AND PHYSIOLOGICAL THERAPEUTICS, vol.43, no.6, pp.606-611, 2020 (Journal Indexed in SCI)
- VII. **The results of decompression of the musculocutaneous nerve entrapment in children with obstetric brachial plexus palsy**
FIRAT T., DELİOĞLU K., TUNÇ Y., ÜZÜMCÜGİL A., Yorubulut M., Leblebicioglu G.
CHILDS NERVOUS SYSTEM, 2020 (Journal Indexed in SCI)
- VIII. **A potential factor in the pathophysiology of lateral epicondylitis: The long sarcomere length of the extensor carpi radialis brevis muscle and implications for physiotherapy**
Bazancir Z., FIRAT T.
MEDICAL HYPOTHESES, vol.130, 2019 (Journal Indexed in SCI)
- IX. **Assessment of Spinal Curvatures in Children With Upper Trunk Obstetrical Brachial Plexus Palsy**
CANDAN S. A., FIRAT T., LİVANELİOĞLU A.
PEDIATRIC PHYSICAL THERAPY, vol.31, no.2, pp.149-154, 2019 (Journal Indexed in SCI)
- X. **Acute effects of manual therapy on respiratory parameters in thoracic outlet syndrome**
FIRAT T., Sagam M., Yagli N. V., TUNÇ Y., Kutukcu E. C., DELİOĞLU K., Ince D. I., Ankan H., Yenigun B. M.
TURK GOGUS KALP DAMAR CERRAHISI DERGISI-TURKISH JOURNAL OF THORACIC AND CARDIOVASCULAR SURGERY, vol.27, no.1, pp.101-106, 2019 (Journal Indexed in SCI)
- XI. **How do physical capacity, fatigue and performance differ in children with duchenne muscular dystrophy compared with their healthy peers?**
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NEUROSCIENCES, vol.23, no.1, pp.39-45, 2018 (Journal Indexed in SCI)
- XII. **Effects of functional level on balance in children with Duchenne Muscular Dystrophy**
Alkan H., MUTLU A., FIRAT T., BULUT N., KARADUMAN A. A., Yilmaz O. T.
EUROPEAN JOURNAL OF PAEDIATRIC NEUROLOGY, vol.21, no.4, pp.635-638, 2017 (Journal Indexed in SCI)
- XIII. **Recovery of upper extremity function following endoscopically assisted contralateral C7 transfer for obstetrical brachial plexus injury.**
Leblebicioglu G., Ayhan C., Firat T., Uzunçugil A., YORUBULUT M., Doral M. N.
The Journal of hand surgery, European volume, vol.41, pp.863-74, 2016 (Journal Indexed in SCI Expanded)
- XIV. **The validity and reliability of "Spinal Mouse" assessment of spinal curvatures in the frontal plane in pediatric adolescent idiopathic thoraco-lumbar curves.**
Livanelioglu A., KAYA F., NABIYEV V., Demirkiran G., Firat T.
European spine journal : official publication of the European Spine Society, the European Spinal Deformity Society,

and the European Section of the Cervical Spine Research Society, vol.25, pp.476-82, 2016 (Journal Indexed in SCI Expanded)

- XV. **Effects of different frequencies of conventional transcutaneous electrical nerve stimulation on pressure pain threshold and tolerance**
Karakaya I. C. , Karakaya M. G. , ERGUN E., ELMALI S., FIRAT T.
JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, vol.27, no.2, pp.197-201, 2014 (Journal Indexed in SCI)
- XVI. **Health-related quality of life in children with obstetrical brachial plexus palsy**
AKEL B. S. , ÖKSÜZ Ç., Oskay D., FIRAT T., Tarakci E., Leblebicioglu G.
QUALITY OF LIFE RESEARCH, vol.22, no.9, pp.2617-2624, 2013 (Journal Indexed in SCI)
- XVII. **Impact of obstetrical brachial plexus injury on parents**
FIRAT T., Oskay D., AKEL B. S. , ÖKSÜZ Ç.
PEDIATRICS INTERNATIONAL, vol.54, no.6, pp.881-884, 2012 (Journal Indexed in SCI)
- XVIII. **Motor nerve lengths of twenty-seven muscles in upper extremity**
Kendir S., Sen T., FIRAT T., LEBLEBICIOGLU A. G. , TÜRKER T., Tekdemir I., Elhan A.
CLINICAL ANATOMY, vol.25, no.3, pp.373-378, 2012 (Journal Indexed in SCI)
- XIX. **Quality of life in mothers of children with obstetrical brachial plexus palsy**
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PEDIATRICS INTERNATIONAL, vol.54, no.1, pp.117-122, 2012 (Journal Indexed in SCI)
- XX. **Synthesis of SiO₂ coated NiFe₂O₄ nanoparticles and the effect of SiO₂ shell thickness on the magnetic properties**
COŞKUN M., KORKMAZ M., FIRAT T., Jaffari G. H. , Shah S. I.
JOURNAL OF APPLIED PHYSICS, vol.107, no.9, 2010 (Journal Indexed in SCI)
- XXI. **Synthesis of ZnFe₂O₄ from metallic zinc and iron by wet-milling process**
Ozcan S., Kaynar B., Can M., Firat T.
MATERIALS SCIENCE AND ENGINEERING B-SOLID STATE MATERIALS FOR ADVANCED TECHNOLOGY, vol.121, no.3, pp.278-281, 2005 (Journal Indexed in SCI)
- XXII. **Validation of the Turkish version of the Oswestry Disability Index for patients with low back pain**
Yakut E., Duger T., Oksuz C., Yorukan S., Ureten K., Turan D., Firat T., Kiraz S., Kirdi N., Kayihan H., et al.
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- XXIII. **EFFECTS OF THE OXYGEN-UPTAKE ON THE CRYSTAL-STRUCTURE OF 110K BIPBSRCACUO SUPERCONDUCTOR**
OZDAS E., OZCAN S., ULKU D., Firat T.
APPLIED SUPERCONDUCTIVITY, vol.1, pp.559-566, 1993 (Journal Indexed in SCI)
- XXIV. **MEAN-FIELD ANALYSIS OF DECONFINEMENT TRANSITION IN SU(3) WITH HEAVY DYNAMIC QUARKS AT FINITE BARYON-NUMBER DENSITY**
CELİK T., FIRAT T., GUNDUC Y., ONDER M.
PHYSICAL REVIEW D, vol.35, no.12, pp.3958-3962, 1987 (Journal Indexed in SCI)

Articles Published in Other Journals

- I. **The Use of Botulinum Toxin as an Adjunct in the Treatment of Severe Congenital Unilateral Upper Limb Muscular Hypertrophy**
ÜSTÜN G. G. , FIRAT T., ÇETİN A., AKSU A. E.
TURKISH JOURNAL OF PLASTIC SURGERY, vol.29, no.2, pp.128-130, 2021 (Journal Indexed in ESCI)
- II. **Efficacy of a 9-week Exercise Program including Rectus Abdominis Eccentric Exercise in a Girl Patient Diagnosed with Thoracic Kyphosis**
ONAN D., FIRAT T., ÜLGER Ö.
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- III. **Magnetic Resonance Imaging (MRI) of Snapping Scapula in a 10-Year-Old Boy**

GÜNEŞ A., FIRAT T., ÜZÜMCÜGİL A., AYDINGÖZ Ü.

POLISH JOURNAL OF RADIOLOGY, vol.82, pp.685-687, 2017 (Journal Indexed in ESCI)

IV. **Restoration of function on bilateral absence of extensor pollicis longus and brevis A case report**

OSKAY D., AYHAN Ç., FIRAT T., Oksuz C., KIRDI N., Elbasan B., TUNA Z.

The Medical Journal of Goztepe Training and Research Hospital, vol.27, no.4, pp.197-200, 2013 (Refereed Journals of Other Institutions)

V. **Determination of median, ulnar, and radial nerve innervation patterns**

FIRAT T., AYHAN Ç., KIRDI N., Leblebicioglu A. G.

TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-FIZYOTERAPI REHABILITASYON, vol.22, no.1, pp.11-16, 2011 (Journal Indexed in ESCI)

VI. **Comparison of the effects of magnetotherapy and ultrasound application on experimental pain: single blind clinical trial**

FIRAT T., KIRDI N., MERİÇ A.

TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-FIZYOTERAPI REHABILITASYON, vol.20, no.3, pp.178-183, 2009 (Journal Indexed in ESCI)

Books & Book Chapters

I. **Kompleks Bölgesel Ağrı Sendromu'nda Kanıta Dayalı Fizyoterapi Yaklaşımları**

ONAN D., FIRAT T.

in: Fizyoterapi Seminerleri E-Kitap, Ayşe Karaduman, Özlem Ülger, Naciye Vardar Yağlı, Muhammed Kılınç, Selen Serel, Editor, Hipokrat Yayınevi, pp.16-23, 2017

Refereed Congress / Symposium Publications in Proceedings

I. **Does Muscle Architecture Affect Strength In Patients With Multiple Sclerosis?**

Kirmaci Z. I. K. , FIRAT T., Ozkur H. A. , Neyal A. M. , Ergun N.

American-College-of-Sports-Medicine (ACSM) Virtual Conference, ELECTR NETWORK, 01 January 2020, vol.52, pp.80

II. **EFFECTS OF ALEXITHYMIA ON ACTIVITY PAIN, UPPER EXTREMITY FUNCTION, SYMPTOM AND DEPRESSION LEVELS IN PATIENTS WITH THORACIC OUTLET SYNDROME**

TUNÇ Y., KARACA N. B. , FIRAT T., CANGIR A.

Annual European Congress of Rheumatology (EULAR), Madrid, Spain, 12 - 15 June 2019, vol.78, pp.1926

III. **THE EFFECT OF FUNCTIONAL LEVEL ON LOWER EXTREMITY DEFORMITY IN CHILDREN WITH DMD**

ALKAN H., MUTLU A., ÇİFTÇİ N., FIRAT T., KARADUMAN A. A. , YILMAZ Ö.

III. Uluslararası Bütünleşik Sağlık ve Bakım Kongresi, 29 November - 02 December 2017

IV. **Obstetrik Brakial Pleksus paralizili Olgularda Etkilenmiş ve Normal Ekstremiteler Arasındaki Kas ve Yağ Doku İçeriği Arasındaki farklar ve Bu Farkların Omuz Fonksiyonuna Etkisi: Ön Çalışma**

DELİOĞLU K., FIRAT T., TOPUZ S., UYSAL Ö., TUNÇ Y., KARADEMİR F., NAMALDI S., AYHAN Ç.

Uluslararası Katılımlı 4. Pediatrik rehabilitasyon Kongresi, 20 - 22 October 2017

V. **Pulmonary function and respiratory muscle strength and endurance in individuals with Thoracic Outlet Syndrome**

SAĞLAM M., FIRAT T., VARDAR YAĞLI N., İNAL İNCE D., ÇALIK KÜTÜKCÜ E., DELİOĞLU K., AYHAN Ç., ARIKAN H., YÜKSEL C., KAYI CANGIR A.

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VI. **Recovery pattern of functional outcomes in patients with distal radius fracture with accompanying ulna styloid fracture**

UYSAL Ö., ONAN D., BULUT N., TUNÇ Y., AYHAN Ç., FIRAT T., TANRIKULU S., LEBLEBİCİOĞLU G.

XXII. FESSH Congress, Budapest, Hungary, 21 - 24 June 2017, vol.42, pp.153

- VII. **Comparison of pain in healthy weight and obese patients with distal radius fracture**
ONAN D., UYSAL Ö., BULUT N., TUNÇ Y., AYHAN Ç., FIRAT T., TANRIKULU S., LEBLEBİCİOĞLU G.
XXII. FESSH Congress, Budapest, Hungary, 21 - 24 June 2017, vol.42, pp.152-153
- VIII. **A new test for the evaluation of shoulder elevation in children with obstetrical brachial plexus injury: Preliminary kinematic analysis of the "Stick Test"**
AYHAN Ç., TUNÇ Y., TURGUT E., FIRAT T., BAYRAKCI TUNAY V., LEBLEBİCİOĞLU A. G.
XXII Federation of European Societies for Surgery of the Hand (FESSH2017), Budapest, Hungary, 21 - 24 June 2017, vol.42, pp.134
- IX. **Physiotherapy to Improve Physical Activity In An Elderly Inpatient**
KARAPINAR M., FIRAT T., KIRDI N., YAVUZ B. B.
Uluslararası Akademik Geriatri Kongresi 2017, 12 - 16 April 2017
- X. **V Patellar tendon greft ile ön çapraz bağ tamiri yapılan olgularda geç dönemde kas ve tendonların viskoelastik özelliklerinin kas kuvvet ve enduransının incelenmesi Pilot çalışma**
YILDIZ T. İ. , DEMİRCİ S., TAŞ S., DELİOĞLU K., FIRAT T., BAYRAKCI TUNAY V.
26. TOTBID kongresi, 25 - 30 October 2016, vol.50, pp.229
- XI. **Patellar tendon otogreftiyle ön çapraz bağ onarımı sonrasında diz çevresi kas ve tendonların mekanik özelliklerinin incelenmesi**
DEMİRCİ S., TAŞ S., YILDIZ T. İ. , DELİOĞLU K., FIRAT T., KORKMAZ M. F. , BAYRAKCI TUNAY V.
26. TOTBID kongresi, 25 - 30 October 2016, vol.50, pp.226
- XII. **Üst ekstremitelerde farklı ağırlı problemlerinde aleksitimi ve psikolojik etkileniminin incelenmesi**
DELİOĞLU K., FIRAT T., AYDİN ÖZCAN D., AYHAN Ç., DEMİREL A., SUBAŞI Ş., ÜLGER Ö.
16. fizyoterapide gelişmeler kongresi, Muğla, Turkey, 20 - 24 April 2016, vol.27, pp.66
- XIII. **Üst ekstremitenin farklı ağırlı problemlerinde aleksitimi ve psikolojik etkilenimin incelenmesi**
DELİOĞLU K., FIRAT T., AYDİN ÖZCAN D., AYHAN Ç., DEMİREL A., YILDIZ Ş., ÜLGER Ö.
XVI. Fizyoterapide Gelişmeler Kongresi, 21-24 Nisan 2016, Dalaman, 21 - 24 April 2016
- XIV. **Forced expiration lead to increased glenohumeral and decreased scapulothoracic joint motion during arm elevation in children with OBPP 3 D analysis of a new test**
AYHAN Ç., AYDİN ÖZCAN D., TURGUT E., DELİOĞLU K., TUNÇ Y., FIRAT T., BAYRAKCI TUNAY V., LEBLEBİCİOĞLU A. G.
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- XV. **Forced expiration lead to increased glenohumeral and decreased scapulothoracic joint motion during arm elevation in children with OBPP: 3-D analysis of a new test**
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- XVI. **Age related pathological alterations in the viscoelastic properties of denervated muscles in children with OBPP A quantitative analysis of the deltoid muscle with Myometer**
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- XVII. **The effects of physiotherapy program on Neuro behçet disease A case control study**
KILINÇ M., DEMİRCİ C., TUNÇ Y., AYVAT E., AVCU F., ONURSAL Ö., FIRAT T., AKSU YILDIRIM S.
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- XVIII. **0 36 yaş aralığında bulunan obstetrik brakial plexus paralizisi olan çocuklarda deltoid kas tonusunun yaşla değişimi**
DELİOĞLU K., KIRDI N., FIRAT T., MERİÇ A., AYHAN Ç., TUNÇ Y.
3. pediatrik rehabilitasyon kongresi, Turkey, 9 - 11 October 2015
- XIX. **Torasik Outlet Sendromu Olan Bireylerde Solunum Fonksiyonları ve Solunum Kas Kuvveti**
SAĞLAM M., FIRAT T., VARDAR YAĞLI N., AYHAN Ç., İNAL İNCE D., ÇAKMAK A., ÇALIK KÜTÜKCÜ E., ARIKAN H., YÜKSEL C., CANGIR A.

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- XX. **Obstetrik Brakiyal Pleksus Yaralanması olan İnfantillerde Duyu Girdisi Ağırlıklı Egzersiz Programının Motor İyileşmeye Etkisi**
TUNÇ Y., FIRAT T., TUNÇ R., AYHAN Ç., DELİOĞLU K., MERİÇ A., KIRDI N.
XV. Fizyoterapide Gelişmeler Sempozyumu, Ankara, Turkey, 8 - 12 April 2014, vol.25, pp.10-11
- XXI. **Müziyenlerde Karpal Instabilite Tedavisinde Nöromusküler Egzersiz Yaklaşımı Üç Olgu Serisi**
TUNÇ Y., FIRAT T., TUNÇ R., AYHAN Ç., DELİOĞLU K., MERİÇ A., KIRDI N.
XV. Fizyoterapide Gelişmeler Sempozyumu, Ankara, Turkey, 8 - 12 April 2014, vol.25, pp.94
- XXII. **Rus Akımı Uygulamasının Derinin pH ı Üzerine Etkisi**
TUNÇ Y., FIRAT T., TUNÇ R., AYHAN Ç., DELİOĞLU K., MERİÇ A., KIRDI N.
XV. Fizyoterapide Gelişmeler Sempozyumu, Ankara, Turkey, 8 - 12 April 2014, vol.25, pp.93-94
- XXIII. **Effect of sensory input based home exercise program on shoulder and elbow function in children with upper trunk obstetrical brachial plexus palsy**
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- XXIV. **Complex injury of second metocarpophalangeal MP joint and rehabilitation Case report**
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- XXV. **Restoration of biceps function in three cases with Arthrogyriosis Multiplex Congenita**
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- XXVI. **Results of rehabilitation program in the early stage of ulnar nevre entrapment neuropathies**
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- XXVII. **Restoration of function on bilateral absence of extensor pollicis longus and brevis**
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- XXVIII. **Long term results of postoperative early rehabilitation program in Keimböck s disease**
OSKAY D., AYHAN Ç., FIRAT T., MERİÇ A., KIRDI N., LEBLEBİCİOĞLU G.
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- XXIX. **Functional outcome of the physical therapy program after surgical intervention of ulnocarpal abutnant syndrome**
OSKAY D., AYHAN Ç., FIRAT T., MERİÇ A., KIRDI N., LEBLEBİCİOĞLU G.
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- XXX. **Humerus shaft kırıkları sonrasında gelişen radial nöropatilerde rehabilitasyon sonuçları**
TUNÇ Y., FIRAT T., TUNÇ R., AYHAN Ç., DELİOĞLU K., MERİÇ A., KIRDI N.
XI. Fizyoterapide Gelişmeler Sempozyumu, İstanbul, Turkey, 17 - 19 November 2006, vol.17, pp.219
- XXXI. **Erken Dönem Periferik Tuzak Nöropatilerde Rehabilitasyon Programı Sonuçları**
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XI. Fizyoterapide Gelişmeler Sempozyumu, İstanbul, Turkey, 17 - 19 November 2006, vol.17, pp.151
- XXXII. **Obstetrik brakiyal pleksus paralizilerinde botox sonrası fizyoterapi sonuçları**
OSKAY D., AYHAN Ç., MERİÇ A., FIRAT T., LEBLEBİCİOĞLU G., KIRDI N.

- XI. Fizyoterapide Gelişmeler Sempozyumu, İstanbul, Turkey, 17 - 19 November 2006, vol.17, pp.185
- XXXIII. **Rehabilitation program after suspension arthroplasty in trapeziometacarpal joint in elderly**
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- XXXIV. **The effects of a 6 weeks Home Based Exercise Program in the Elderly A Preliminary Study**
OSKAY D., AYHAN Ç., FIRAT T., MERİÇ A., KIRDI N., LEBLEBİCİOĞLU G.
3th Congress of the International Association of Physical Therapist Working with Older People (IPTOP), İstanbul, Turkey, 3 - 05 November 2006, pp.224
- XXXV. **Physiotherapy of Geriatric Patients with Distal Radius Fractures**
AYHAN Ç., FIRAT T., OSKAY D., KIRDI N., CAN F.
Joint Conference of the Neurology & Gerontology Physiotherapy Groups of the Australian Physiotherapy Association, Melbourne, Australia, 17 - 19 November 2005, vol.51, pp.8
- XXXVI. **Kienböck Hastalığında erken postoperative rehabilitasyon program olgu sunumu**
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X. Fizyoterapide Gelişmeler Sempozyumu, Antalya, Turkey, 28 - 31 October 2004, vol.15, pp.158
- XXXVII. **Obstetrik Brakial Pleksus Paralizili Çocuklarda Eksternal Rotasyon Revizyonu Sonrası Görülen Komplikasyonlar**
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