

## Res. Asst. SELİN AKTİTİZ GÜNGÖR

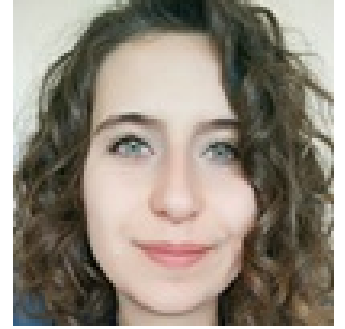
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### International Researcher IDs

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### Education Information

Doctorate, Hacettepe University, Sağlık Bilimleri Enstitüsü, Spor Bilimleri ve Teknolojisi A.B.D., Turkey 2022 - Continues

Postgraduate, Hacettepe University, Sağlık Bilimleri Enstitüsü, Spor Bilimleri ve Teknolojisi A.B.D., Turkey 2018 - 2021

Undergraduate, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, Turkey 2013 - 2017

### Dissertations

Postgraduate, GÜNDE TEK YA DA ÇİFT YAPILAN AKUT YÜKSEK ŞİDDETLİ ARALIKLI EGZERSİZİN PLAZMA IL-6, BDNF VE OSTEOKALSİN SEVİYELERİNE ETKİSİ, Hacettepe University, Spor Bilimleri Fakültesi, Rekreasyon Bölümü, 2021

### Academic Titles / Tasks

Research Assistant, Hacettepe University, Spor Bilimleri Fakültesi, Rekreasyon Bölümü, 2019 - Continues

### Published journal articles indexed by SCI, SSCI, and AHCI

- Nutritional Considerations for Injury Prevention and Recovery in Combat Sports**  
TURNAGÖL H. H., KOŞAR Ş. N., GÜZEL Y., AKTİTİZ S., ATAKAN M. M.  
Nutrients, vol.14, no.1, 2022 (SCI-Expanded)

### Articles Published in Other Journals

- Energy balance and energy availability of female basketball players during the preparation period**  
Çetiner-Okşın B., GÜZEL Y., Aktitiz S., KOŞAR Ş. N., TURNAGÖL H. H.  
Journal of the American Nutrition Association, vol.42, no.8, pp.807-813, 2023 (Scopus)
- ASSOCIATION OF BODY COMPOSITION WITH MUSCLE STRENGTH, DROP JUMP AND BALANCE ABILITY IN CAPOEIRA ATHLETES: PILOT STUDY**

Atakan M., Ünver E., Güzel Y., Aktitiz S., Turnagöl H. H.

SPORMETRE BEDEN EĞİTİMİ VE SPOR BİLİMLERİ DERGİSİ, vol.20, no.3, pp.118-127, 2022 (Peer-Reviewed Journal)

- III. **A comparison of dietary acid load between team, endurance, and strength sports**  
TURNAGÖL H. H., AKTİTİZ GÜNGÖR S., Kuru D., Korur D. C.  
REVISTA CHILENA DE NUTRICION, vol.49, no.3, pp.309-317, 2022 (ESCI)
- IV. **COVID-19 versus physical activity – a self-reported questionnaire study**  
Atakan M., Aktitiz S., KAYHAN M.  
Spor Hekimliği Dergisi, vol.56, no.2, pp.67-72, 2021 (Peer-Reviewed Journal)
- V. **Satranç A Milli Oyuncularının Toplam ve Bölgesel Vücut Kompozisyonu Bileşenleri**  
AKTİTİZ S., BULUT S., ATAKAN M. M., GÜZEL Y., Atabey C. I., KOŞAR Ş. N., TURNAGÖL H. H.  
Journal of Nutrition and Dietetics, vol.49, no.2, pp.18-27, 2021 (Peer-Reviewed Journal)
- VI. **Assesment of Professional Ice Hockey Players' Nutritional Status and Energy Balance During Competition Period**  
Lökbaz B., Aktitiz S., Koşar Ş. N., Turnagöl H. H.  
Spor Bilimleri Dergisi, vol.31, no.3, pp.140-151, 2020 (Peer-Reviewed Journal)
- VII. **Consumption of Sports and Energy Drinks in Different Sports Branches and Their Effects on Performance**  
Turnagöl H. H., Aktitiz S., Korur D. C., Kuru D.  
Spor Bilimleri Dergisi, vol.31, no.3, pp.29-44, 2020 (Peer-Reviewed Journal)
- VIII. **Nutritional Approach In Treatment of Autism Spectrum Disorders**  
Aktitiz S., Yalçın E., Göktaş Z.  
Sağlık Akademisi Kastamonu, vol.4, no.2, pp.53-69, 2019 (Peer-Reviewed Journal)

## Metrics

Publication: 9

Citation (Scopus): 6

H-Index (WoS): 1

H-Index (Scopus): 1