

## **Prof. PINAR BORMAN**

### **Personal Information**

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**Address:** Hacettepe Üniversitesi Tıp Fakültesi Fiziksel Tıp ve Rehabilitasyon Anabilim Dalı

### **Education Information**

Post Doctorate, Hacettepe University, Kastamonu Tıp Fakültesi, Fiziksel Tıp Ve Rehabilitasyon, Turkey 2012 - Continues  
Expertise In Medicine, Hacettepe University, Tıp Fakültesi, Fiziksel Tıp Ve Rehabilitasyon, Turkey 1993 - 1998

### **Foreign Languages**

English, C1 Advanced

### **Research Areas**

Medicine, Health Sciences, Internal Medicine Sciences, Physical Medicine and Rehabilitation

### **Academic Titles / Tasks**

Professor, Hacettepe University, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, 2016 - Continues

Professor, Hacettepe University, Kastamonu Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, 2012 - 2016

### **Academic and Administrative Experience**

Hacettepe Üniversitesi, Kastamonu Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, 2014 - 2016

### **Courses**

soft tissue rheumatic diseases, Undergraduate, 2017 - 2018

yumuşak doku romatizmaları, Undergraduate, 2017 - 2018, 2016 - 2017

soft tissue rheumatism, Undergraduate, 2016 - 2017

### **Advising Theses**

BORMAN P., MEME KANSERİ İLİŞKİLİ LENFÖDEMİ OLAN HASTALARDA FARKLI BANDAJLAMA YÖNTEMLERİNİN

**Published journal articles indexed by SCI, SSCI, and AHCI**

- I. **WHAT AWAITS US AFTER COVID-19? MUSCULOSKELETAL SYSTEM INVOLVEMENT IN THE ELDERLY POPULATION IN TÜRKİYE AND ITS AFTERMATH**  
Gokce-Kutsal Y., Ordu-Gökkaya N. K., KARAHAN S., Irdesel F. J., Paker N., Ay S., Binay-Safer V., Keskin D., COŞKUN BENLİDAYI İ., Sari A., et al.  
Turk Geriatri Dergisi, vol.27, no.1, pp.88-97, 2024 (SCI-Expanded)
- II. **Combined Complete Decongestive Therapy Reduces Volume and Improves Quality of Life and Functional Status in Patients With Breast Cancer-Related Lymphedema**  
Borman P., Yaman A., Yasrebi S., Inanli A. P., Donmez A. A.  
CLINICAL BREAST CANCER, vol.22, no.3, 2022 (SCI-Expanded)
- III. **The current situation in the approach to osteoporosis in older adults in Turkey: areas in need of improvement with a model for other populations**  
Bahat G., ÇATIKKAŞ DEMİR N. M., YAVUZ D., BORMAN P., GÜZEL R., Reginster J. Y.  
ARCHIVES OF OSTEOPOROSIS, vol.16, no.1, 2021 (SCI-Expanded)
- IV. **Lived Experiences for Supportive Care Needs of Women with Breast Cancer-Related Lymphedema: A Phenomenological Study**  
ARIKAN DÖNMEZ A., KURU ALICI N., BORMAN P.  
CLINICAL NURSING RESEARCH, vol.30, no.6, pp.799-808, 2021 (SCI-Expanded)
- V. **The Comparative Efficacy of Conventional Short-Stretch Multilayer Bandages and Velcro Adjustable Compression Wraps in Active Treatment Phase of Patients with Lower Limb Lymphedema**  
Borman P., KOYUNCU E. G., Yaman A., Calp E., Koc F., Sargut R., KARAHAN S.  
LYMPHATIC RESEARCH AND BIOLOGY, vol.19, pp.286-294, 2021 (SCI-Expanded)
- VI. **Neuropathic component of low back pain in patients with ankylosing spondylitis**  
BORMAN P., Kaygisiz F., YAMAN A.  
MODERN RHEUMATOLOGY, vol.31, no.2, pp.462-467, 2021 (SCI-Expanded)
- VII. **Polypharmacy, Physical and Nutritional Status, and Depression in the Elderly: Do Polypharmacy Deserve Some Credits in These Problems?**  
EYİGÖR S., Kutsal Y. G., Toraman F., Durmus B., Gokkaya K. O., AYDENİZ A., Paker N., BORMAN P.  
EXPERIMENTAL AGING RESEARCH, vol.47, no.1, pp.79-91, 2021 (SCI-Expanded)
- VIII. **The efficacy of different bandaging methods in patients with breast cancer-related lymphedema: A prospective, randomized study**  
Yaman A., Borman P., Inanli A., Kul F., KARAHAN S.  
TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.67, no.2, pp.155-166, 2021 (SCI-Expanded)
- IX. **ENVIRONMENTAL CHARACTERISTICS OF OLDER PEOPLE ATTENDING PHYSICAL MEDICINE AND REHABILITATION OUTPATIENT CLINICS**  
Beyazova M., Dogan A., Kutsal Y. G., KARAHAN S., Arslan S., Gokkaya K. O., Toraman F., Dincer N., HİZMETLİ S., Senel K., et al.  
CENTRAL EUROPEAN JOURNAL OF PUBLIC HEALTH, vol.28, no.1, pp.33-39, 2020 (SCI-Expanded)
- X. **The Reliability and Validity of Lymphedema Quality of Life Questionnaire-Leg in Turkish Patients with Lower Limb Lymphedema**  
BORMAN P., Yaman A., DENİZLİ M., KARAHAN S.  
LYMPHATIC RESEARCH AND BIOLOGY, vol.18, no.1, pp.42-48, 2020 (SCI-Expanded)
- XI. **LIMPRINT in Specialist Lymphedema Services in United Kingdom, France, Italy, and Turkey**  
Keeley V., Franks P., Quere I., Mercier G., Michelini S., Cestari M., BORMAN P., Hughes A., Clark K., Lisle J., et al.  
LYMPHATIC RESEARCH AND BIOLOGY, vol.17, no.2, pp.141-146, 2019 (SCI-Expanded)

- XII. LIMPRINT Study: The Turkish Experience**  
BORMAN P., Moffatt C., Murray S., Yaman A., Denizli M., Dalyan M., Unsal-Delialioglu S., EYİGÖR S., Ayhan F., Cakit B. D., et al.  
LYMPHATIC RESEARCH AND BIOLOGY, vol.17, no.2, pp.202-210, 2019 (SCI-Expanded)
- XIII. Neuropathic Pain in Patients with Knee Osteoarthritis (Preliminary Report)**  
BORMAN P., Kaygisiz F., YAMAN A.  
ARTHRITIS & RHEUMATOLOGY, vol.70, 2018 (SCI-Expanded)
- XIV. Pharmacological and Non-Pharmacological Approaches in a Group of Osteoporotic Patients Referring to a Rehabilitation out-Patient Clinic**  
BORMAN P., KOYUNCU E. G., YAMAN A., Parlak M.  
ARTHRITIS & RHEUMATOLOGY, vol.70, 2018 (SCI-Expanded)
- XV. UPPER EXTREMITY FUNCTION IN ELDERLY PATIENTS WITH BREAST CANCER-RELATED LYMPHEDEMA: A DESCRIPTIVE STUDY**  
ÖZDEMİR O., BORMAN P., YAMAN A.  
TURKISH JOURNAL OF GERIATRICS-TURK GERIATRI DERGİSİ, vol.21, no.2, pp.134-142, 2018 (SCI-Expanded)
- XVI. The reliability and validity of Lymphedema Quality of Life Questionnaire-Arm in Turkish patients with upper limb lymphedema related with breast cancer**  
BORMAN P., YAMAN A., DENİZLİ M., KARAHAN S., ÖZDEMİR O.  
TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.64, no.3, pp.205-212, 2018 (SCI-Expanded)
- XVII. Lymphedema diagnosis, treatment, and follow-up from the view point of physical medicine and rehabilitation specialists**  
BORMAN P.  
TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.64, no.3, pp.179-197, 2018 (SCI-Expanded)
- XVIII. An unusual coexistence of lymphedema with myotonic dystrophy: The effect of complex decongestive therapy**  
BORMAN P., YAMAN A., Calp E.  
JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, vol.31, no.2, pp.411-413, 2018 (SCI-Expanded)
- XIX. The Importance of Awareness and Education in Patients with Breast Cancer-Related Lymphedema**  
BORMAN P., YAMAN A., Yasrebi S., ÖZDEMİR O.  
JOURNAL OF CANCER EDUCATION, vol.32, no.3, pp.629-633, 2017 (SCI-Expanded)
- XX. A Multicenter Pilot Study of Burden Among Caregivers of Geriatric Rehabilitation Patients With Neuromusculoskeletal Diseases**  
BORMAN P., Gokce-Kutsal Y., Terzioglu F., Okumus M., Ceceli E., KARAHAN S., Senel K., Gokkaya K. O., Dogan A., Eskiyurt N., et al.  
REHABILITATION NURSING, vol.42, no.4, pp.199-209, 2017 (SCI-Expanded)
- XXI. NEUROPATHIC PAIN IN ELDERLY: A MULTICENTER STUDY**  
Kutsal Y. G., EYİGÖR S., Dogan A., Zardoust S., Durmus B., Evcik D., Gunaydin R., ŞAHİN N., AYDENİZ A., Oztop P., et al.  
TURKISH JOURNAL OF GERIATRICS-TURK GERIATRI DERGİSİ, vol.19, no.1, pp.9-18, 2016 (SCI-Expanded)
- XXII. The effect of hip and knee exercises on pain, function, and strength in patients with patellofemoral pain syndrome: a randomized controlled trial**  
Sahin M., Ayhan F. F., BORMAN P., Atasoy H.  
TURKISH JOURNAL OF MEDICAL SCIENCES, vol.46, no.2, pp.265-277, 2016 (SCI-Expanded)
- XXIII. Rheumatic Diseases and Their Treatment with Anti-Rheumatic Drugs during Pregnancy**  
BORMAN P., ÖZDEMİR O.  
TÜRKİYE FİZİKSEL TIP VE REHABİLTASYON DERGİSİ-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.61, no.4, pp.358-365, 2015 (SCI-Expanded)
- XXIV. The Comparative Efficacy of Dry Needling, Kinesio Taping and Physical Therapy in Patients with Myofascial Pain Syndrome**





YAMAN A., BORMAN P., Project Supported by Higher Education Institutions, MEME KANSERİ İLİŞKİLİ LENFÖDEM OLAN HASTALARDA YAŞAM KALİTESİ VE İLİŞKİLİ FAKTÖRLER, 2015 - 2015

BORMAN P., AKBAYRAK T., SHAFRAN A. L., SORAN A., Project Supported by Higher Education Institutions, Pittsburgh-Hacettepe Üniversiteleri Hastaneleri Lenfödem Günleri: Meme Kanseriyle İlişkili Lenfödem, 2015 - 2015

## Metrics

Publication: 41

Citation (WoS): 162

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