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Personal Information

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International Researcher IDs

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Education Information

Doctorate, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik, Turkey
2010 - 2017

Doctorate, Oxford Brookes University, Faculty of health and life sciences, Department of
Sport, Health Sciences and Social Work, United Kingdom 2011 - 2011

Postgraduate, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik, Turkey
2008 - 2010

Undergraduate, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik,
Turkey 2002 - 2007

Foreign Languages

English, B2 Upper Intermediate

Research Areas

Health Sciences, Nutrition and Dietetics

Academic Titles / Tasks

Assistant Professor, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2008 - Continues

Courses

FOOD CHEMISTRY and ANALYSIS-I, Undergraduate, 2021 - 2022

HEALTH PROMOTION, Undergraduate, 2021 - 2022

BASIC APPROACHES TO DIETARY ASSESSMENT, Undergraduate, 2020 - 2021

RESEARCH METHODS, RESEARCH and PUBLICATION ETHICS, Postgraduate, 2021 - 2022

PRINCIPLES of NUTRITION-I, Undergraduate, 2021 - 2022

APPLICATION of NUTRITIONAL PRINCIPLES-I, Undergraduate, 2021 - 2022

PRINCIPLES of NUTRITION-II, Undergraduate, 2020 - 2021

PRINCIPLES of NUTRITION-II, Undergraduate, 2020 - 2021

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Assessment of nutrition status of Turkish elite young male soccer players in the pre-competition period**
ERSOY N., KALKAN I., ERSOY N.
PROGRESS IN NUTRITION, vol.21, no.1, pp.12-18, 2019 (SCI-Expanded)
- II. **EVALUATION OF HACETTEPE UNIVERSITY DEPARTMENT OF NUTRITION AND DIETETIC FEMALE STUDENTS' EATING ATTITUDES AND HEALTHY LIFESTYLE BEHAVIORS**
Cakmak A., Tamer F., ERSOY N., Alkan S. B., ERSOY N.
ANNALS OF NUTRITION AND METABOLISM, vol.63, pp.1442-1443, 2013 (SCI-Expanded)
- III. **RESEARCH ABOUT CHANGES IN NUTRITION AND PHYSICAL ACTIVITY BEHAVIOURS OF IRANIAN STUDENTS WHO LIVES IN ANKARA**
ERSOY N., Cakmak A., Tamer F., Simzari K., ERSOY N.
ANNALS OF NUTRITION AND METABOLISM, vol.63, pp.339-340, 2013 (SCI-Expanded)

Articles Published in Other Journals

- I. **Dietary satisfaction and quality of life in individuals following diet programs satisfaction of diet programs**
KALKAN I., ERSOY N.
NUTRITION & FOOD SCIENCE, vol.55, pp.222-232, 2025 (ESCI)
- II. **Examining the Hydration Status and Pulse/Oxygen Saturation of Underwater Hockey Players**
ERSOY N., AÇIKGÖZ PINAR A., ÖZGÜRTAŞ T.
Hacettepe Üniversitesi Sağlık Bilimleri Fakültesi Dergisi, vol.11, no.3, pp.723-731, 2024 (Peer-Reviewed Journal)
- III. **Relationship between dietary histamine intake and clinical parameters in Behçet syndrome**
ERCİN H., ERSOY N.
Gülhane Tıp Dergisi, vol.66, no.3, pp.139-145, 2024 (Scopus)
- IV. **Probiyotikler ve Yara İyileşme Sürecine Etkileri: Anjiyogenez Üzerine Etki Mekanizması**
ERSOY N., AÇIKGÖZ PINAR A.
Beslenme ve Diyet Dergisi, vol.46, no.3, pp.303-310, 2018 (Peer-Reviewed Journal)
- V. **Assessment of nutrition and anthropometric status of national amputee football team**
ERSOY N., UYGUN S., ERSOY N.
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-FIZYOTERAPI REHABILITASYON, vol.24, no.1, pp.26-32, 2013 (ESCI)

Books & Book Chapters

- I. **Diyet, Vücut Ağırlığı Regülasyonu ve Obezite**
ERSOY N., AKYOL MUTLU A.
in: Klinik Uygulamalarda Beslenme, İdrani Kalkan, Mehmet Alan, Editor, İstanbul Tıp Kitapevleri, İstanbul, pp.55-121, 2018
- II. **Egzersiz ve oksidatif stres: Antioksidan Beslenme Desteğinin Potansiyel Etkileri**
ERSOY N., ERSOY G.
in: Beslenme ve Diyetetik Güncel konular-6, Muhittin Tayfur, Editor, .hatipoğlu Yayınevi, Ankara, pp.1-11, 2018

Refereed Congress / Symposium Publications in Proceedings

- I. **EFFECTS OF FOOD CONSUMPTION PREFERENCES ON SUSTAINABILITY AND LIFE QUALITY: PILOT STUDY**
ERSOY N.
International Conference on Global Practice of Multidisciplinary Scientific Studies, Georgia, 24 June 2022
- II. **COVID-19 ile İlgili Karantina Diyet Alışkanlıkları, stres ve duygu durumu üzerindeki etkisi**
AÇIKGÖZ PINAR A., ERSOY N.
10. Uluslararası Beslenme ve Diyetetik Kongresi, Ankara, Turkey, 31 March 2021
- III. **Covid-19 Pandemisinin Yaşam Tarzı ve Beslenme Alışkanlıkları Üzerine Etkisi**
AÇIKGÖZ PINAR A., ERSOY N.
10.Uluslar arası beslenme ve diyetetik kongresi, Turkey, 31 May 2021
- IV. **SUALTI HOKEY TAKIMI OYUNCULARININ BESİN TÜKETİMİ KAYITLARININ VE ANTROPOMETRİK ÖLÇÜMLERİNİN DEĞERLENDİRİLMESİ**
AÇIKGÖZ A., ERSOY N., ÖZGÜRTAŞ T., ERSOY G.
2. ULUSLARARASI BESLENME OBEZİTE VE TOPLUM SAĞLIĞI KONGRESİ, İstanbul, Turkey, 26 - 27 December 2019
- V. **OLAĞAN ŞÜPHELİ LAKTOZ İNTOLERANSI**
GARİPOĞLU G., ERSOY N., ÖZGÜRTAŞ T.
8.Ulusal Sağlıklı Yaşam Kongresi, Turkey, 11 - 14 April 2019
- VI. **EVALUATION OF HYDRATION STATUS AND PULSE / OXYGEN SATISFACTION OF UNDERWATER HOCKEY TEAM**
ERSOY N., AÇIKGÖZ A., ÖZGÜRTAŞ T.
5th International Eurasian Congress on Natural Nutrition, Healthy Life Sport, Ankara, Turkey, 2 October - 06 December 2019
- VII. **Behçet Hastalığı'nda Hastaların Akdeniz Diyeti Uyumlarının Değerlendirilmesi ve Antropometrik Ölçümlerine İncelenmesi: Kesitsel Pilot Çalışma**
ERSOY N., BÖLEK E. Ç., FARISOĞULLARI B., BİLGİN E., GARİPOĞLU G., KILIÇ L., YILMAZ S., ÖZGÜRTAŞ T., KIRAZ S., KARADAĞ Ö.
20. Ulusal Romatoloji Kongresi, Turkey, 16 - 20 October 2019
- VIII. **ASSESSMENT OF NUTRITION KNOWLEDGE AND FOOD INTAKES OF WHEELCHAIR WOMAN NATIONAL BASKETBALL TEAM**
ERSOY N., ERSOY G.
the 39th ESPEN Congress, 9 - 12 September 2017, vol.36
- IX. **ASSESSMENT OF NUTRITION STATUS OF ELITE TURKISH ADOLESCENT FOOTBALL PLAYERS**
ERSOY N., ERSOY G.
39th ESPEN Congress, 9 - 12 September 2017, vol.36
- X. **ASSESSMENT OF ADOLESCENCE SWIMMERS' NUTRITION STATUS**
ERSOY N., ÖZGÜRTAŞ T.
the 39th ESPEN Congress, 9 - 12 September 2017, vol.36
- XI. **PROTEIN INTAKE AND DIETARY PROTEIN QUALITY OF ADULTS URBAN AND RURAL DISPARITY IN TURKEY**
AKSOY B., DİKMEN D., BİLGİÇ P., ERSOY G., FİSUNOĞLU M., KIZIL M., KARAAĞAOĞLU N., MERCANLIĞIL S. M., SAMUR F. G., GÖKMEN ÖZEL H., et al.
17th international congress of dietetics, 7 - 10 September 2016
- XII. **THE RELATION BETWEEN DAIRY CONSUMPTION AND PLASMA CONCENTRATIONS OF BRANCHED CHAIN AMINO ACIDS**
AKSOY B., BİLGİÇ P., DİKMEN D., ERSOY G., FİSUNOĞLU M., KIZIL M., KARAAĞAOĞLU N., MERCANLIĞIL S. M., SAMUR F. G., GÖKMEN ÖZEL H., et al.
17th international congress of dietetics, 7 - 10 September 2016

Supported Projects

ERSOY N., Project Supported by Higher Education Institutions, Espen Kongre katılım desteđi, 2017 - 2020

Metrics

Publication: 41

Citation (WoS): 25

Citation (Scopus): 14

H-Index (WoS): 3

H-Index (Scopus): 2

Non Academic Experience

Genar Ensitüsü