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Research Areas

Physical therapy and rehabilitation

Academic Titles / Tasks

Research Assistant, Hacettepe University, Sağlık Bilimleri Enstitüsü, Fizyoterapi ve Rehabilitasyon A.B.D., 2018 - Continues

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Gait and functional balance in non-CF bronchiectasis**
VARDAR YAĞLI N., SAĞLAM M., FIRAT M., ÇAKMAK A., İNAL İNCE D., ÇALIK KÜTÜKCÜ E., ÇÖPLÜ L.
PHYSIOTHERAPY THEORY AND PRACTICE, vol.39, no.8, pp.1574-1581, 2023 (SCI-Expanded)
- II. **Aerobic exercise capacity, cough strength, posture, and depression in primary ciliary dyskinesia**
FIRAT M., BOŞNAK GÜÇLÜ M., ŞİŞMANLAR EYÜBOĞLU T., ASLAN A. T.
PEDIATRIC PULMONOLOGY, vol.58, no.1, pp.73-80, 2023 (SCI-Expanded)
- III. **Quality of life and physical activity level in patients with chronic kidney disease during COVID-19 pandemic**
FIRAT M., VARDAR YAĞLI N., SAĞLAM M., YILDIRIM T., ERDEM Y.
PSYCHOLOGY HEALTH & MEDICINE, vol.28, no.3, pp.640-647, 2023 (SCI-Expanded)
- IV. **Validity and reliability of 6-minute pegboard and ring test in patients with asthma**
ÇALIK KÜTÜKCÜ E., TEKERLEK H., BOZDEMİR ÖZEL C., Karaduz B. N., ÇAKMAK A., İNAL İNCE D., SAĞLAM M., VARDAR YAĞLI N., SONBAHAR ULU H., FIRAT M., et al.
JOURNAL OF ASTHMA, vol.59, no.7, pp.1387-1395, 2022 (SCI-Expanded)
- V. **Respiratory muscle strength, exercise capacity and physical activity in patients with primary ciliary dyskinesia: A cross-sectional study**
FIRAT M., BOŞNAK GÜÇLÜ M., ŞİŞMANLAR EYÜBOĞLU T., TANA-ASLAN A.
RESPIRATORY MEDICINE, vol.191, 2022 (SCI-Expanded)

Articles Published in Other Journals

- I. **Kronik böbrek hastalarında solunum kas kuvveti, egzersiz kapasitesi ve fizyolojik harcama indeksinin değerlendirilmesi**

FIRAT M., VARDAR YAĞLI N., YILDIRIM T., SAĞLAM M., ÇALIK KÜTÜKCÜ E., İNAL İNCE D.

Journal of Exercise Therapy and Rehabilitation, vol.10, no.2, pp.101-106, 2023 (Peer-Reviewed Journal)

II. COVID-19 Phobia and Physical Activity Level in Patients with Non-Cystic Fibrosis Bronchiectasis During COVID-19 Pandemic

FIRAT M., VARDAR YAĞLI N., ÇAKMAK A., SAĞLAM M., ÇALIK KÜTÜKCÜ E., İNAL İNCE D., ÇÖPLÜ L.

Turkish Journal of Physiotherapy and Rehabilitation, vol.34, no.1, pp.125-132, 2023 (Scopus)

Refereed Congress / Symposium Publications in Proceedings

- I. **Association of dyspnea and physical activity level in adult patients with CF during COVID-19**
Aksel A. A., Vardar Yağlı N., Fırat M., Sağlam M., Çalık Kütükcü E., Damadoğlu E.
European Respiratory Society International Congress 2023, Milan, Italy, 9 - 13 September 2023, vol.62, pp.4525
- II. **Obstrüktif Akciğer Hastalarında Statik ve Dinamik İspiratuar Kas Kuvveti**
FIRAT M., VARDAR YAĞLI N., SAĞLAM M., ÇALIK KÜTÜKCÜ E., İNAL İNCE D., ÇÖPLÜ L.
Türk Toraks Derneği 24.Yıllık Kongresi, Turkey, 17 November 2021, pp.169
- III. **Coronaphobia and physical activity level in patients with non-cystic fibrosis bronchiectasis during COVID-19 pandemic**
FIRAT M., VARDAR YAĞLI N., ÇAKMAK A., SAĞLAM M., ÇALIK KÜTÜKCÜ E., İNAL İNCE D., ÇÖPLÜ L.
European Respiratory Society International Congress, Switzerland, 05 September 2021, vol.58
- IV. **A comparison of arm exercise capacity and activities of daily living between well-controlled asthma patients with and without severe fatigue during daily life**
KARADÜZ B. N., ÇALIK KÜTÜKCÜ E., ÇAKMAK A., İNAL İNCE D., VARDAR YAĞLI N., SAĞLAM M., TEKERLEK H., BOZDEMİR ÖZEL C., SONBAHAR ULU H., FIRAT M., et al.
European Respiratory Society International Congress, Switzerland, 05 September 2021, vol.58
- V. **Astımlı Bireylerde Solunum Kas Kuvveti İle İnkontinans Arasında İlişki Var Mıdır?**
KARADÜZ B. N., ÇALIK KÜTÜKCÜ E., ÇAKMAK A., İNAL İNCE D., SAĞLAM M., VARDAR YAĞLI N., TEKERLEK H., BOZDEMİR ÖZEL C., SONBAHAR ULU H., FIRAT M., et al.
Türk Toraks Derneği 23.Yıllık Kongresi Bildiri Kitabı, Turkey, 15 - 18 October 2020, pp.148
- VI. **Relationship between BODE index score, respiratory and peripheral muscle strength in chronic obstructive pulmonary disease**
FIRAT M., VARDAR YAĞLI N., SAĞLAM M., ÇALIK KÜTÜKCÜ E., İNAL İNCE D., ÇÖPLÜ L.
European Respiratory Society Virtual Congress, 7 - 09 September 2020, vol.56, pp.280

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Publication: 16