

## **Prof. MURAT KARA**

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### **Education Information**

Expertise In Medicine, Hacettepe University, Tıp Fakültesi (Türkçe), Dahili Tıp Bilimleri Bölümü, Turkey 2002 - 2008

### **Research Areas**

Medicine, Internal Medicine Sciences, Physical Medicine and Rehabilitation, Health Sciences

### **Academic Titles / Tasks**

Professor, Hacettepe University, Tıp Fakültesi (Türkçe), Dahili Tıp Bilimleri Bölümü, 2015 - Continues

### **Advising Theses**

Kara M., Fiziksel performans ile kognitif fonksiyon ve ultrasonografik kas ölçümleri arasındaki ilişkinin 40 yaş ve üzeri bireylerde değerlendirilmesi, Expertise In Medicine, M.ALİ(Student), 2020

KARA M., Investigating pain perception in somatosensory cortex for healthy and fibromyalgia patient populations by using fNIRS, Doctorate, A.EKEN(Student), 2016

### **Published journal articles indexed by SCI, SSCI, and AHCI**

- I. **CT is not the only Fish in the Sea to Detect Muscle loss and Belly Fat.**  
Abdulsalam A. J., Kara M., Özçakar L.  
The British journal of radiology, 2024 (SCI-Expanded)
- II. **Quantity (of quadriceps muscle) rather than quality in sarcopenia.**  
Analay P., Kara M.  
European geriatric medicine, 2024 (SCI-Expanded)
- III. **ISarcoPRM algorithm for global operationalization of sarcopenia diagnosis.**  
Analay P., Kara M., Özçakar L.  
Aging, vol.16, 2024 (SCI-Expanded)
- IV. **Metabolic Dysfunction Associated Fatty Liver Disease in Long-Term Cholecystectomy Patients: A Cross-Sectional Study.**

- Sezer S., Demirci S., Kara M.  
The Turkish journal of gastroenterology : the official journal of Turkish Society of Gastroenterology, 2024 (SCI-Expanded)
- V. Optimizing Botulinum Toxin Injections by Minding the Muscle Architecture and Its Innervation Zone: The "Seeding" Technique.  
Kaymak B., Kara M., Abdulsalam A. J., Ricci V., Özçakar L.  
The Canadian journal of neurological sciences. Le journal canadien des sciences neurologiques, pp.1-3, 2024 (SCI-Expanded)
- VI. Intra-meniscal corticosteroid injections: Easier said than done.  
Aksakal M. F., Kara M., Özçakar L.  
Orthopaedics & traumatology, surgery & research : OTSR, pp.104049, 2024 (SCI-Expanded)
- VII. Serum albumin as a biomarker of (nutritional status in) sarcopenia.  
Erdoğan K., Kara M., Şener F. E., Durmuş M. E., Durmuşoğlu B. N. Ç., Abdulsalam A. J., Sezer S., Kara Ö., Kaymak B., Özçakar L.  
Journal of bone and mineral metabolism, 2024 (SCI-Expanded)
- VIII. Strong association between sarcopenia and visceral fat in the long term after cholecystectomy: A cross-sectional study using the ISarcoPRM algorithm.  
Sezer S., Demirci S., Kara Ö., Kara M.  
Medicine, vol.103, no.44, 2024 (SCI-Expanded)
- IX. Ultrasound-guided injections for plantar fasciitis  
ANALAY P., Abdulsalam A., KARA M., Levent O.  
TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, 2024 (SCI-Expanded)
- X. Diagnosing osteosarcopenia: rethinking the role of computed tomography scans.  
Abdulsalam A. J., Çolak A. F., Kara M.  
Journal of endocrinological investigation, 2024 (SCI-Expanded)
- XI. Cubital tunnel syndrome and stroke coincide - adding insult to injury.  
Albayrak M. G., Abdulsalam A. J., Kara M.  
Medical ultrasonography, vol.26, no.3, pp.317-318, 2024 (SCI-Expanded)
- XII. The hidden menagerie of the posterolateral corner of the knee.  
Yalçınkaya B., Çolak A. F., Abdulsalam A. J., Kara M.  
Medical ultrasonography, vol.26, no.3, pp.318-319, 2024 (SCI-Expanded)
- XIII. Grip Strength and Sarcopenia in Children With Cerebral Palsy: A Level Playing Field?  
Aksakal M. F., Abdulsalam A. J., Kara M., Özçakar L.  
Pediatric neurology, vol.161, pp.84, 2024 (SCI-Expanded)
- XIV. The vexatious diagnosis of "sarcopenia" in children.  
Çolak A. F., Yalçınkaya B., Kara M.  
Pediatric nephrology (Berlin, Germany), 2024 (SCI-Expanded)
- XV. Ultrasound Guidance for Filler and Botulinum Toxin Injections: A Transformative Approach Avoiding Complications.  
Abdulsalam A. J., Kara M., Özçakar L.  
Dermatologic surgery : official publication for American Society for Dermatologic Surgery [et al.], 2024 (SCI-Expanded)
- XVI. Espying sarcopenia in gastric cancer: squaring the circle.  
Abdulsalam A. J., Kara M.  
The oncologist, 2024 (SCI-Expanded)
- XVII. Painting a Clearer Picture by Measuring the Quadriceps Muscle With Ultrasound.  
Abdulsalam A. J., Analay P., Kara M.  
Gerontology, 2024 (SCI-Expanded)
- XVIII. Isolated Extensor Carpi Ulnaris Tenosynovitis: 'Ultra'simple Diagnosis with Ultrasound.  
Mısırlı S., Yalçınkaya B., Çolak A. F., Kara M.  
American journal of physical medicine & rehabilitation, 2024 (SCI-Expanded)

- XIX. **Sarcopenia in glioblastoma: pick up the probe and ditch the tomography.**  
Abdulsalam A. J., Kara M.  
Strahlentherapie und Onkologie : Organ der Deutschen Rontgengesellschaft ... [et al], 2024 (SCI-Expanded)
- XX. **Reconsidering Diagnostic Practices: Sarcopenia Diagnosis in Gout Revisited. Comment on: "Skeletal muscle mass and quality in gout patients versus non-gout controls: a computed tomography imaging studio" by Covello et al. Joint Bone Spine 2024;91:105743.**  
Abdulsalam A. J., Shehab D., Kara M.  
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- XXI. **Diagnosing (severe) osteoporosis by Hologic vs. Lunar measurements: A single-center retrospective study.**  
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Journal of clinical densitometry : the official journal of the International Society for Clinical Densitometry, vol.27, no.4, pp.101509, 2024 (SCI-Expanded)
- XXII. **Strong association between sarcopenic obesity and non-alcoholic fatty liver disease: An observational study with ISarcoPRM algorithm.**  
Demirci S., Sezer S., Erdogan K., Abdulsalam A. J., Kara Ö., Kara M.  
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- XXIII. **"Prompt" for PREEMPT: Dotting the I's and Crossing the T's With Ultrasound.**  
Abdulsalam A. J., Analay P., Kara M., El Oumri A. A., Özçakar L.  
Journal of ultrasound in medicine : official journal of the American Institute of Ultrasound in Medicine, 2024 (SCI-Expanded)
- XXIV. **Parsonage Turner syndrome after needle electromyography: a needle in a haystack.**  
Abdulsalam A. J., Aksakal M. F., Kara M., Kaymak B., Özçakar L.  
Medical ultrasonography, vol.26, no.2, pp.211-212, 2024 (SCI-Expanded)
- XXV. **Detecting Sarcopenia With Pectoralis Muscle and Computed Tomography: Shooting in the Dark!**  
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- XXVI. **Demystifying the Forehead With Ultrasonography.**  
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- XXVII. **Ultrasound in Body Composition Analysis: Au courant.**  
Abdulsalam A. J., Kara M., Özçakar L.  
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- XXVIII. **Sarcopenia is not a Sonographic/Morphological diagnosis only: ISarcoPRM algorithm revisited.**  
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- XXX. **Ultrasonography in Bell's Palsy: seeing the nerve rather than trialing on the muscles.**  
Abdulsalam A. J., Analay P., Kaymak B., Kara M., Özçakar L.  
European archives of oto-rhino-laryngology : official journal of the European Federation of Oto-Rhino-Laryngological Societies (EUFOS) : affiliated with the German Society for Oto-Rhino-Laryngology - Head and Neck Surgery, vol.281, no.6, pp.3299-3300, 2024 (SCI-Expanded)
- XXXI. **Comment on: Sarcopenia in long-term survivors of cancer in childhood and adolescence: A cross-sectional study of calf muscle mass by peripheral quantitative computed tomography with an examination of the muscle-bone unit.**  
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- XXXII. **Letter to the editor - 'Labelling sarcopenia in cardiovascular patients with SARC-F? A definite faux**

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- Abdulsalam A. J., Merza A. H., Kara M.  
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- XXXIV. Evaluating sarcopenia in cancer patients: focus on the rectus femoris muscle.**
- Abdulsalam A. J., Merza A. H., Kara M.  
Supportive care in cancer : official journal of the Multinational Association of Supportive Care in Cancer, vol.32, no.6, pp.350, 2024 (SCI-Expanded)
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Clinical rheumatology, 2024 (SCI-Expanded)
- XXXVI. Two-step Ultrasound Guidance for Needle Electromyography and Botulinum Toxin Injections in Cervical Dystonia.**
- Kara M., Sekizkardeş M., Abdulsalam A. J., Kaymak B., Aydin G., Özçakar L.  
Neurology India, vol.72, no.3, pp.665-666, 2024 (SCI-Expanded)
- XXXVII. Elevating the findings by substituting in "ISarcoPRM".**
- Abdulsalam A. J., Kara M., Özçakar L.  
Journal of neuro-oncology, vol.168, no.1, pp.185-186, 2024 (SCI-Expanded)
- XXXVIII. Osteosarcopenia: Adjust for the BMI or Bare the Bias.**
- Abdulsalam A. J., Aksakal M. F., Kara M., Özçakar L.  
Calcified tissue international, vol.114, no.5, pp.554-555, 2024 (SCI-Expanded)
- XXXIX. ISarcoPRM to Uncover Sarcopenia in Sleep Disorders.**
- Kara M., Analay P., Abdulsalam A. J.  
Sleep medicine, vol.119, pp.172, 2024 (SCI-Expanded)
- XL. Ultrasound imaging and guidance in Bell's palsy.**
- Abdulsalam A. J., Demirel K., Aksakal M. F., Kara M., Kaymak B., Özçakar L.  
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- XLI. Botulinum Toxin Injection of the Flexor Digitorum Profundus: Are We Forgetting Something?**
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- XLII. Ultrasound is mightier than bioimpedance spectrometry but not ad lib.**
- Abdulsalam A. J., Kara M., Özçakar L.  
Journal of nephrology, 2024 (SCI-Expanded)
- XLIII. Ultrasonography in Bell's palsy: the elephant in the room.**
- Abdulsalam A. J., Alsaqobi A., Kara M.  
Brazilian journal of otorhinolaryngology, vol.90, no.4, pp.101433, 2024 (SCI-Expanded)
- XLIV. The ISarcoPRM Algorithm: A Thoroughfare for the 'Geriatric Pandemic'.**
- Abdulsalam A. J., Kara M., Özçakar L.  
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- XLV. Temporal Muscle Thickness: A Far-Fetched Measurement in Sarcopenia.**
- Analay P., Kara M., Özçakar L.  
Journal of the American Medical Directors Association, vol.25, no.4, pp.671, 2024 (SCI-Expanded)
- XLVI. The Relationship Among Probable SARCopenia, Osteoporosis and Supraspinatus Tendon Tears in Postmenopausal Women: The SARCOSP Study.**
- Kara M., Kara Ö., Durmuş M. E., Analay P., Şener F. E., Çitir B. N., Korkmaz G. O., Ünlü Z., Tiftik T., Gürçay E., et al.  
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- XLVII. Ultrasonography in plantar fibromatosis: the conduit between heel pain and 'catwalk'.**
- Aksakal M. F., Abdulsalam A. J., Akinci A., Kara M., Özçakar L.

- Medical ultrasonography, vol.26, no.1, pp.97-98, 2024 (SCI-Expanded)
- XLVIII. Computed tomography cannot see "Sarcopenic Obesity".**  
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International urology and nephrology, 2024 (SCI-Expanded)
- XLIX. Sarcopenia/osteoporosis in obstructive sleep apnea Syndrome: beauty lies in the details.**  
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- L. Sonographic Measurements of Rectus Femoris Muscle Thickness Strongly Predict Neutropenia in Cancer Patients Receiving Chemotherapy.**  
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Cancers, vol.16, no.5, 2024 (SCI-Expanded)
- LI. EURO-MUSCULUS/USPRM Dynamic Ultrasound Protocols for Ankle/Foot.**  
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- LII. Dental treatment can be a 'headache'.**  
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- LIII. Ultrasound-guided injection of the ankle joint: cadaveric investigation of the anterolateral approach**  
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- LIV. Prompt Sonographic Assessment of Body Composition After Bariatric Surgery.**  
Erdoğan K., Durmuş M. E., Kara Ö., Kara M., Özçakar L.  
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- LV. Gauging the Diagnosis of Sarcopenia: A Side Note for Nephrologists.**  
Analay P., Kara M., Özçakar L.  
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- LVI. Comparison of closed percutaneous screw reduction versus open reduction and internal fixation in the treatment of frontal sinus fractures: A retrospective study**  
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- LVII. Ultrasound-guided injection of the elbow: Cadaveric description for the proximal to distal approach**  
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- LVIII. Sonographic guide for botulinum toxin injections for chronic migraine headache: EURO-MUSCULUS/USPRM approach.**  
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- LIX. Euro-musculus/USPRM dynamic ultrasound protocols for knee**  
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- LX. Anatomy and Sonographic Examination for Lateral Epicondylitis: EURO-MUSCULUS/USPRM\* Approach.**  
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- LXI. Assessing individual-level measurement precision of the Short Physical Performance Battery using the test information function.**  
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- internationale de recherches de readaptation, vol.46, pp.46-52, 2023 (SCI-Expanded)
- LXII. **SARcopenia Assessment in Hypertension: The SARAH Study.**  
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American journal of physical medicine & rehabilitation, vol.102, no.2, pp.130-136, 2023 (SCI-Expanded)
- LXIII. **Ultrasonography for Injecting (Around) the Lateral Epicondyle: EURO-MUSCULUS/USPRM Perspective**  
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- LXIV. **Sarcopenia, osteoporosis, and fractures: what we see mainly depends on how we look?**  
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- LXV. **Mnemonics and Metaphorical Videos for Detecting/Diagnosing Musculoskeletal Sonopathologies.**  
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- LXVI. **The relationship between sarcopenia-related measurements and osteoporosis: The SARCOP study.**  
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- LXVII. **The Chronicle of Headache Treatment Throughout Human History from Trepanation to Perisutural Botulinum Toxin Injections.**  
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- LXVIII. **The relationship between vitamin D deficiency and mortality in older adults before and during COVID-19 pandemic.**  
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- LXIX. **Authors response to: Comment on "Grip strength as a predictor of disease severity in hospitalized COVID-19 patients".**  
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- LXX. **From histology to sonography in synovitis: EURO-MUSCULUS/USPRM approach.**  
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- LXXI. **Relationship between chewing ability and malnutrition, sarcopenia, and frailty in older adults.**  
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- LXXII. **Ultrasonographic/regional muscle measurements for diagnosing sarcopenia in older adults with and without dementia**  
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- LXXIII. **Artificial Intelligence Featuring EURO-MUSCULUS/USPRM Basic Scanning Protocols.**  
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- LXXIV. **Ultrasonographic Evaluation of the Metacarpal Cartilage Thicknesses in Weightlifters and Volleyball Players.**  
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- LXXVI. **Homing in on cognition with cross-sectional analysis of sarcopenia-related measurements: the SARCOG study**  
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- LXXVII. **THE RELATIONSHIP BETWEEN VITAMIN D DEFICIENCY, BODY COMPOSITION AND PHYSICAL/COGNITIVE FUNCTIONS**  
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- LXXVIII. **EURO-MUSCULUS/USPRM Dynamic Ultrasound Protocols for Wrist and Hand.**  
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- LXXIX. **Ultrasound Imaging and Guidance in Meralgia Paresthetica: Finding/Treating the Incognito**  
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- LXXX. **Synergy or a third (causative) factor for fractures in rheumatoid arthritis?**  
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- LXXXI. **EURO-MUSCULUS/USPRM Dynamic Ultrasound Protocols for Elbow.**  
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- LXXXIII. **Musculoskeletal ultrasonography: ninety-nine reasons for physiatrists.**  
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- LXXXIV. **Diagnosis, management strategies and research horizons in sarcopenia**  
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- LXXXV. **The relationship between vitamin D deficiency, body composition, and physical/cognitive functions.**  
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- LXXXVI. **Caring for the Neck and Posture in Dentistry: Better Late Than Never**  
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## **Spectroscopy and Machine Learning**

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- II. THE EFFECTS OF VITAMIN D ON BODY COMPOSITION AND PHYSICAL AND COGNITIVE FUNCTIONS: AN ULTRASONOGRAPHIC STUDY**  
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## **Supported Projects**

TOPUZ S., ÖZKAL Ö., HALİL M. G., ŞENGÜL AYÇİÇEK G., KARA M., Project Supported by Higher Education Institutions, Dengeyi Etkileyen Parametrelerin İncelenmesi, 2018 - 2019

## **Metrics**

Publication: 311

Citation (WoS): 1560

Citation (Scopus): 2445

H-Index (WoS): 20

H-Index (Scopus): 26