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Education Information

Expertise In Medicine, Hacettepe University, Tıp Fakültesi (Türkçe), Dahili Tıp Bilimleri Bölümü, Turkey 2002 - 2008

Research Areas

Medicine, Internal Medicine Sciences, Physical Medicine and Rehabilitation, Health Sciences

Academic Titles / Tasks

Professor, Hacettepe University, Tıp Fakültesi (Türkçe), Dahili Tıp Bilimleri Bölümü, 2015 - Continues

Advising Theses

Kara M., Fiziksel performans ile kognitif fonksiyon ve ultrasonografik kas ölçümleri arasındaki ilişkinin 40 yaş ve üzeri bireylerde değerlendirilmesi, Expertise In Medicine, M.ALİ(Student), 2020

KARA M., Investigating pain perception in somatosensory cortex for healthy and fibromyalgia patient populations by using fNIRS, Doctorate, A.EKEN(Student), 2016

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **CT is not the only Fish in the Sea to Detect Muscle loss and Belly Fat.**
Abdulsalam A. J., Kara M., Özçakar L.
The British journal of radiology, 2024 (SCI-Expanded)
- II. **ISarcoPRM algorithm for global operationalization of sarcopenia diagnosis.**
Analay P., Kara M., Özçakar L.
Aging, vol.16, 2024 (SCI-Expanded)
- III. **Metabolic Dysfunction Associated Fatty Liver Disease in Long-Term Cholecystectomy Patients: A Cross-Sectional Study.**
Sezer S., Demirci S., Kara M.
The Turkish journal of gastroenterology : the official journal of Turkish Society of Gastroenterology, 2024 (SCI-Expanded)

- IV. **Optimizing Botulinum Toxin Injections by Minding the Muscle Architecture and Its Innervation Zone: The "Seeding" Technique.**
Kaymak B., Kara M., Abdulsalam A. J., Ricci V., Özçakar L.
The Canadian journal of neurological sciences. Le journal canadien des sciences neurologiques, pp.1-3, 2024 (SCI-Expanded)
- V. **Intra-meniscal corticosteroid injections: Easier said than done.**
Aksakal M. F., Kara M., Özçakar L.
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- VI. **Serum albumin as a biomarker of (nutritional status in) sarcopenia.**
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- VII. **Strong association between sarcopenia and visceral fat in the long term after cholecystectomy: A cross-sectional study using the ISarcoPRM algorithm.**
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- VIII. **Ultrasound-guided injections for plantar fasciitis**
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- IX. **Diagnosing osteosarcopenia: rethinking the role of computed tomography scans.**
Abdulsalam A. J., Çolak A. F., Kara M.
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- X. **Cubital tunnel syndrome and stroke coincide - adding insult to injury.**
Albayrak M. G., Abdulsalam A. J., Kara M.
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- XI. **The hidden menagerie of the posterolateral corner of the knee.**
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Medical ultrasonography, vol.26, no.3, pp.318-319, 2024 (SCI-Expanded)
- XII. **Grip Strength and Sarcopenia in Children With Cerebral Palsy: A Level Playing Field?**
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- XIII. **The vexatious diagnosis of "sarcopenia" in children.**
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- XIV. **Ultrasound Guidance for Filler and Botulinum Toxin Injections: A Transformative Approach Avoiding Complications.**
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- XVI. **Painting a Clearer Picture by Measuring the Quadriceps Muscle With Ultrasound.**
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- XVII. **Isolated Extensor Carpi Ulnaris Tenosynovitis: 'Ultra'simple Diagnosis with Ultrasound.**
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- XVIII. **Sarcopenia in glioblastoma: pick up the probe and ditch the tomography.**
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- XX. **Diagnosing (severe) osteoporosis by Hologic vs. Lunar measurements: A single-center retrospective study.**
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- XXI. **"Prompt" for PREEMPT: Dotting the I's and Crossing the T's With Ultrasound.**
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- XXV. **Demystifying the Forehead With Ultrasonography.**
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- XXVI. **Ultrasound in Body Composition Analysis: Au courant.**
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- XXVII. **Sarcopenia is not a Sonographic/Morphological diagnosis only: ISarcoPRM algorithm revisited.**
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- XXVIII. **Ultrasonographic follow-up in Bell's Palsy: Part (of the facial Nerve) to look at?**
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- XXXII. **Upscaling Facial Nerve Injections: Ultrasound Guidance to Avoid "Minimal Complications".**
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- XXXV. **Osteosarcopenia: Adjust for the BMI or Bare the Bias.**
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- XXXVII. **Two-step Ultrasound Guidance for Needle Electromyography and Botulinum Toxin Injections in Cervical Dystonia.**
Kara M., Sekizkardeş M., Abdulsalam A. J., Kaymak B., Aydın G., Özçakar L.
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- XXXVIII. **ISarcoPRM to Uncover Sarcopenia in Sleep Disorders.**
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- XXXIX. **Ultrasound imaging and guidance in Bell's palsy.**
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PM & R : the journal of injury, function, and rehabilitation, 2024 (SCI-Expanded)
- XL. **Botulinum Toxin Injection of the Flexor Digitorum Profundus: Are We Forgetting Something?**
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- XLV. **Temporal Muscle Thickness: A Far-Fetched Measurement in Sarcopenia.**
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- XLVI. **Ultrasonography in plantar fibromatosis: the conduit between heel pain and 'catwalk'.**
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- XLVII. **Computed tomography cannot see "Sarcopenic Obesity".**
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- LI. **Ultrasound-guided injection of the ankle joint: cadaveric investigation of the anterolateral approach**
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- LII. **Prompt Sonographic Assessment of Body Composition After Bariatric Surgery.**
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- LIII. **Dental treatment can be a 'headache'.**
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- LV. **Comparison of closed percutaneous screw reduction versus open reduction and internal fixation in the treatment of frontal sinus fractures: A retrospective study**
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- LXIII. **Mnemonics and Metaphorical Videos for Detecting/Diagnosing Musculoskeletal Sonopathologies.**
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- LXIX. **From histology to sonography in synovitis: EURO-MUSCULUS/USPRM approach.**
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- LXX. **Ultrasonographic/regional muscle measurements for diagnosing sarcopenia in older adults with and without dementia**
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- LXXIV. **Artificial Intelligence Featuring EURO-MUSCULUS/USPRM Basic Scanning Protocols.**
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- LXXX. **EURO-MUSCULUS/USPRM Dynamic Ultrasound Protocols for Elbow.**
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- LXXXI. **(Not) seeing the forest for the trees in sarcopenia**
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- LXXXII. **Musculoskeletal ultrasonography: ninety-nine reasons for physiatrists.**
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- LXXXVI. **Neuralgic amyotrophy associated with COVID-19 infection: the broken bough.**
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- LXXXVII. **Regional (but strategic) assessment for a generalized disorder (Sarcopenia)**
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