

# Prof. HÜSEYİN DEMİRBİLEK

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## Education Information

Post Doctorate of Medicine, Hacettepe University, Hacettepe Tıp Fakültesi, Turkey 2006 - 2010

Expertise In Medicine, Hacettepe University, Hacettepe Tıp Fakültesi, Turkey 1999 - 2004

Undergraduate, Hacettepe University, Tıp Fakültesi, Turkey 1991 - 1998

## Research Areas

Health Sciences, Natural Sciences

## Academic Titles / Tasks

Associate Professor, Hacettepe University, Tıp Fakültesi (İngilizce), Dahili Tıp Bilimleri Bölümü, 2014 - Continues

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Type A insulin resistance syndrome due to a novel heterozygous c.3486\_3503del (p.Arg1163\_Ala1168del) INSR gene mutation in an adolescent girl and her mother**  
Koca S. B., Kulali M. A., Göğüş B., DEMİRBİLEK H.  
Archives of Endocrinology and Metabolism, vol.68, 2024 (SCI-Expanded)
- II. **Metreleptin Treatment in a Boy with Congenital Generalized Lipodystrophy due to Homozygous c.465\_468delGACT (p.T156Rfs\*8) Mutation in the BSCL2 Gene: Results From the First-year**  
Özalkak Ş., Demiral M., Ünal E., Taş F. F., Onay H., DEMİRBİLEK H., Özbek M. N.  
Journal of clinical research in pediatric endocrinology, vol.15, no.3, pp.329-333, 2023 (SCI-Expanded)
- III. **Serum kisspeptin, neurokinin B and inhibin B levels can be used as alternative parameters to distinguish idiopathic CPP from premature thelarche in the early stages of puberty**  
Vuralli D., Ciftci N., DEMİRBİLEK H.  
Clinical Endocrinology, vol.98, no.6, pp.788-795, 2023 (SCI-Expanded)
- IV. **Incidence and Risk Factors of Hyperglycemia in Severe Multisystem Inflammatory Syndrome in Children: A Retrospective Case-Control Study**  
SARITAŞ NAKİP Ö., KESİCİ S., BOZKURT B. S., ÖZSÜREKCİ Y., DEMİRBİLEK H., BAYRAKCI B.  
Journal of Pediatric Infectious Diseases, vol.18, no.1, pp.31-37, 2023 (SCI-Expanded)
- V. **Managing Severe Hypoglycaemia in Patients with Diabetes: Current Challenges and Emerging Therapies**

DEMİR BİLEK H., Vuralli D., Haris B., Hussain K.

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, vol.16, pp.259-273, 2023 (SCI-Expanded)

- VI. **Demographic, Clinical, Hormonal And Genetic Characteristics Of Children And Adolescents With Congenital Adrenal Hyperplasia Due To 11-Beta Hydroxylase Deficiency**  
Kendirci H. N. P., BAYRAMOĞLU E., Aycan Z., HATİPOĞLU N., Ucakturk S. A., Ozalkak S., ÖZSU E., Akbas E. D., Aydin M., Dundar I., et al.  
HORMONE RESEARCH IN PAEDIATRICS, vol.95, no.SUPPL 2, pp.119-120, 2022 (SCI-Expanded)
- VII. **Severe early-onset obesity and diabetic ketoacidosis due to a novel homozygous c.169C > T p.Arg57\*mutation in CEP19 gene**  
Cayir A., Turkyilmaz A., Rabenstein H., GÜVEN F., Karagoz Y. S., Wabitsch M., DEMİR BİLEK H.  
HORMONE RESEARCH IN PAEDIATRICS, vol.95, no.SUPPL 2, pp.216, 2022 (SCI-Expanded)
- VIII. **Results from a Global, Multi-Center, Phase 2b Study (RIZE) in Congenital Hyperinsulinism: Characterization of a High Unmet Treatment Need and Glycemic Response to RZ358**  
DEMİR BİLEK H., Melikyan M., Galcheva S., Dastamani A., Thornton P., De Leon D., Raskin J., Roberts B., Hood D., O'Boyle E., et al.  
HORMONE RESEARCH IN PAEDIATRICS, vol.95, no.SUPPL 2, pp.32-33, 2022 (SCI-Expanded)
- IX. **Genotype, phenotype characteristics and long-term follow-up of patients with Vitamin D Dependent Rickets Type IA (VDDR1a): A nationwide multicentre retrospective cross-sectional study**  
Cayir A., DEMİR BİLEK H., TÜRKYILMAZ A., DEMİR CİOĞLU S., BEREKET A., Darendeliler F., Ozbek M. N., Unal E., Okdemir D., Esen I., et al.  
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- X. **Serum kisspeptin, neurokinin B and inhibin B levels can be used as an auxiliary parameter to distinguish idiopathic CPP from premature thelarche in the early stages of puberty**  
VURALLI KARAOĞLAN D., Ciftci N., DEMİR BİLEK H.  
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- XI. **The effects of the covid-19 pandemic on puberty: a cross-sectional, multicenter study from Turkey**  
Mutlu G. Y., Eviz E., Haliloglu B., Kirmizibekmez H., Dursun F., Ozalkak S., Cayir A., Sacli B. Y., Ozbek M. N., DEMİR BİLEK H., et al.  
ITALIAN JOURNAL OF PEDIATRICS, vol.48, no.1, 2022 (SCI-Expanded)
- XII. **RZ358 in Congenital Hyperinsulinism: Results from a Multi-Center, Global, Phase 2b Study (RIZE)**  
Thornton P., DEMİR BİLEK H., Christesen H. T., Melikian M., Galcheva S., Dastamani A., Roberts B., Hood D., O'Boyle E., Raskin J., et al.  
HORMONE RESEARCH IN PAEDIATRICS, vol.95, no.SUPPL 1, pp.265-266, 2022 (SCI-Expanded)
- XIII. **Revisiting the Annual Incidence of Type 1 Diabetes Mellitus in Children from the Southeastern Anatolian Region of Turkey: A Regional Report**  
Ozalkak S., Yildirim R., Tunc S., Unal E., Tas F. F., DEMİR BİLEK H., Ozbek M. N.  
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- XIV. **Long-term follow-up of transient neonatal diabetes mellitus due to a novel homozygous c.7734C>T (p.R228C) mutation in ZFP57 gene: relapse at prepubertal age**  
Kontbay T., Atar M., DEMİR BİLEK H.  
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- XV. **Clinical and genetic heterogeneity of HNF4A/HNF1A mutations in a multicentre paediatric cohort with hyperinsulinaemic hypoglycaemia**  
McGlacken-Byrne S. M., Mohammad J. K., Conlon N., Gubaeva D., Siersbaek J., Schou A. J., DEMİR BİLEK H., Dastamani A., Houghton J. A. L., Brusgaard K., et al.  
EUROPEAN JOURNAL OF ENDOCRINOLOGY, vol.186, no.4, pp.417-427, 2022 (SCI-Expanded)
- XVI. **Systematic genetic testing for recessively inherited monogenic diabetes: a cross-sectional study in paediatric diabetes clinics**  
Patel K. A., Ozbek M. N., Yildiz M., GÜRAN T., Kocyigit C., ACAR S., ŞIKLAR Z., Atar M., Colclough K., Houghton J., et al.  
DIABETOLOGIA, vol.65, no.2, pp.336-342, 2022 (SCI-Expanded)

- XVII. **Clinical, biochemical, and echocardiographic evaluation of neonates with vitamin D deficiency due to maternal vitamin D deficiency**  
Cayir A, Akyigit A, Gullu U. U., Kahveci H., Yildiz D., Kurnaz E., VURALI KARAOĞLAN D., Kaya A., Buyukyilmaz G., DEMİRBILEK H.  
CARDIOLOGY IN THE YOUNG, vol.32, no.1, pp.88-93, 2022 (SCI-Expanded)
- XVIII. **A rare and preventable aetiology of neurodevelopmental delay and epilepsy: familial glucocorticoid deficiency**  
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JOURNAL OF PEDIATRIC ENDOCRINOLOGY & METABOLISM, vol.34, no.11, pp.1463-1468, 2021 (SCI-Expanded)
- XIX. **Clinical and Hormonal Profiles Correlate With Molecular Characteristics in Patients With 11 beta-Hydroxylase Deficiency**  
YILDIZ M., Isik E., Abali Z. Y., KESKİN M., Ozbek M. N., Bas F., Ucakturk S. A., Buyukinan M., Onal H., Kara C., et al.  
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- XX. **Identification of Three Novel and One Known Mutation in the *WFS1* Gene in Four Unrelated Turkish Families; the Role of Homozygosity Mapping in the Early Diagnosis.**  
Sherif M., Demirbilek H., Cayir A., Tahir S., Cavdarli B., Demiral M., Cebeci A., Vuralli D., Rahman S., Unal E., et al.  
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- XXI. **Frequency of Celiac Disease and Spontaneous Normalization Rate of Celiac Serology in Children and Adolescent Patients with Type 1 Diabetes.**  
Unal E., Demiral M., Baysal B., Agın M., Devocioğlu E., Demirbilek H., Özbek M.  
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- XXII. **CORRELATION OF STRENGTH, MOBILITY AND BONE MINERAL DENSITY IN DUCHENNE MUSCULAR DYSTROPHY**  
Baran R. T., Kutluk M. G., Toraman N. F., Filiz M. B., Filiz S., DEMİRBILEK H.  
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- XXIII. **Clinical characteristics and molecular genetic analysis of a cohort with idiopathic congenital hypogonadism**  
Turkyilmaz A., Cayir A., Yarali O., Kurnaz E., Baykan E. K., Ates E. A., DEMİRBILEK H.  
JOURNAL OF PEDIATRIC ENDOCRINOLOGY & METABOLISM, vol.34, no.6, pp.771-780, 2021 (SCI-Expanded)
- XXIV. **Clinical Characteristics and Long-term Follow-up of Patients with Diabetes Due To PTF1A Enhancer Mutations.**  
Demirbilek H., Cayir A., Flanagan S., Yıldırım R., Kor Y., Gurbuz F., Haliloğlu B., Yıldız M., Baran R., Akbas E., et al.  
The Journal of clinical endocrinology and metabolism, vol.105, 2020 (SCI-Expanded)
- XXV. **Neonatal diabetes due to homozygous *INS* gene promoter mutations: Highly variable phenotype, remission and early relapse during the first 3 years of life**  
Demiral M., DEMİRBILEK H., Celik K., Okur N., Hussain K., Ozbek M. N.  
PEDIATRIC DIABETES, vol.21, no.7, pp.1169-1175, 2020 (SCI-Expanded)
- XXVI. **Ectopic Posterior Pituitary, Polydactyly, Midfacial Hypoplasia and Multiple Pituitary Hormone Deficiency due to a Novel Heterozygous IVS11-2A > C(c.1957-2A > C) Mutation in the *GLI2* Gene**  
Demiral M., DEMİRBILEK H., Unal E., Durmaz C. D., Ceylaner S., Ozbek M. N.  
JOURNAL OF CLINICAL RESEARCH IN PEDIATRIC ENDOCRINOLOGY, vol.12, no.3, pp.319-328, 2020 (SCI-Expanded)
- XXVII. **Evaluation of the Final Adult Height and Its Determinants in Patients with Growth Hormone Deficiency: A Single-centre Experience from the South-Eastern Region of Turkey**  
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- XXVIII. **Validity of Six Month L-Thyroxine Dose for Differentiation of Transient or Permanent Congenital Hypothyroidism**  
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- XXIX. **A novel diagnostic tool for the evaluation of hypothalamic-pituitary region and diagnosis of growth hormone deficiency: pons ratio**  
Demiral M., Karaca M. S., Unal E., Baysal B., Baran R. T., DEMİRBILEK H., Ozbek M. N.  
JOURNAL OF PEDIATRIC ENDOCRINOLOGY & METABOLISM, vol.33, no.6, pp.735-742, 2020 (SCI-Expanded)
- XXX. **Clinical, biochemical and echocardiographic evaluation of patients with congenital rickets due to maternal vitamin D deficiency**  
Cayir A., Akyigit A., Gullu U. U., Kahveci H., Yildiz D., Kurnaz E., Vuralli D., Kaya A., DEMİRBILEK H.  
HORMONE RESEARCH IN PAEDIATRICS, vol.91, pp.163, 2019 (SCI-Expanded)
- XXXI. **Ectopic posterior pituitary, polydactyly, midfacial hypoplasia and panhypopituitarism due to a novel heterozygous IVS 11-2AC(c.1957-2AC) mutation in GLI2 gene**  
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- XXXII. **A novel approach for the evaluation of hypothalamic-pituitary region in patients with growth hormone deficiency: Pons ratio**  
Demiral M., Karaca M. S., Unal E., Baysal B., Baran R. T., DEMİRBILEK H., Ozbek M. N.  
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- XXXIII. **Clinical characteristics and long term follow up of 17 patients with permanent neonatal diabetes due to PTF1A distal enhancer mutations**  
DEMİRBILEK H., Cayir A., DeFranco E., Kor Y., Yildiz M., Yildirim R., Baran R. T., Demiral M., Haliloglu B., Flanagan S. E., et al.  
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- XXXIV. **Ion Transporters, Channelopathies, and Glucose Disorders**  
DEMİRBILEK H., Galcheva S., VURALLI KARAOĞLAN D., Al-Khawaga S., Hussain K.  
INTERNATIONAL JOURNAL OF MOLECULAR SCIENCES, vol.20, no.10, 2019 (SCI-Expanded)
- XXXV. **Evaluation of intraocular pressure and retinal nerve fiber layer, retinal ganglion cell, central macular thickness, and choroidal thickness using optical coherence tomography in obese children and healthy controls**  
Baran R. T., Baran S. O., Toraman N. F., Filiz S., DEMİRBILEK H.  
NIGERIAN JOURNAL OF CLINICAL PRACTICE, vol.22, no.4, pp.539-545, 2019 (SCI-Expanded)
- XXXVI. **Congenital Hyperinsulinism and Evolution to Sulfonylurea-responsive Diabetes Later in Life due to a Novel Homozygous p.L171F ABCC8 Mutation**  
Isik E., DEMİRBILEK H., Houghton J. A., Ellard S., Flanagan S. E., Hussain K.  
JOURNAL OF CLINICAL RESEARCH IN PEDIATRIC ENDOCRINOLOGY, vol.11, no.1, pp.82-87, 2019 (SCI-Expanded)
- XXXVII. **The Genetic and Molecular Mechanisms of Congenital Hyperinsulinism**  
Galcheva S., DEMİRBILEK H., Al-Khawaga S., Hussain K.  
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- XXXVIII. **Systemic Pseudohypoadosteronism Type 1 due to 3 Novel Mutations in SCNN1A and SCNN1B Genes**  
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- XXXIX. **A Distinct Clinical Phenotype in Two Siblings with X-linked Adrenoleukodystrophy**  
Ozdemir Kutbay N., Ozbek M. N., Sarer Yurekli B., DEMİRBILEK H.  
NEUROENDOCRINOLOGY LETTERS, vol.40, no.1, pp.36-40, 2019 (SCI-Expanded)
- XL. **TUBULOINTERSTITIAL NEPHRITIS AND IGA NEPHROPATHY ASSOCIATED WITH VALPROATE USE: A CASE REPORT**  
Celegen K., Saglam A., Koca S. B., DEMİRBILEK H., DÜZOVA A.  
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- XLI. **Evaluation of psychological characteristics of Turkish children with type 1 diabetes mellitus from two demographically and geographically distinct regions**  
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TURKISH JOURNAL OF PEDIATRICS, vol.60, no.5, pp.554-561, 2018 (SCI-Expanded)

- XLII. Permanent neonatal diabetes mellitus and neurological abnormalities due to a novel homozygous missense mutation in NEUROD1**  
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- XLIII. Growth Hormon Deficiency in Identical Twins with Gitelman Syndrome Due to Compound Heterozygous Mutation (p.R80fs\*35/p.K957X) of the SLC12A3 Gene and the Evaluation of the Response to Growth Hormone Replacement Therapy**  
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- XLIV. Presenting Features, Clinical Characteristics and Follow Up of Familial Isolated Glucocorticoid Deficiency (FGD) Due to Mutations in MC2R and MRAP Genes**  
Ozbek M. N., Karasin N. D., DEMİRBILEK H., Demiral M., Baran R. T., GÜRAN T.  
HORMONE RESEARCH IN PAEDIATRICS, vol.90, pp.161-162, 2018 (SCI-Expanded)
- XLV. Systemic Pseudohypoaldosteronism Type 1 due to 3 Novel Mutations in SCNN1A and SCNN1B Genes; Report of 3 Cases**  
Cayir A., Demirelli Y., Yildiz D., Kahveci H., Yarali O., Karaoglan D. V., Kurnaz E., DEMİRBILEK H.  
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- XLVI. Comprehensive Genetic Testing Shows One in Five Children with Diabetes and Non-Autoimmune Extra-Pancreatic Features Have Monogenic Aetiology**  
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- XLVII. Evaluation of Intraocular Pressure and Retinal Nerve Fiber Layer, Retinal Ganglion Cell, Central Macular Thickness and Choroidal Thickness Using Optical Coherence Tomography in Obese Children and Healthy Controls**  
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- XLVIII. Clinical Characteristics, Genotype-phenotype Correlations and Follow Up of Patients with Congenital Hyperinsulinaemic Hypoglycaemia; Single Center Experience from a Southeastern City of Turkey**  
Ozbek M. N., DEMİRBILEK H., Haliloglu B., Demiral M., Baran R. T., Ellard S., Houghton J., Flanagan S. E., Hussain K.  
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- XLIX. Congenital Hyperinsulinism: Diagnosis and Treatment Update**  
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- L. Hyperinsulinaemic hypoglycaemia in children and adults**  
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- LI. Evaluation of vitamin D levels in patients with acute rheumatic fever**  
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- LII. Clinical and biochemical characteristics and bone mineral density of homozygous, compound heterozygous and heterozygous carriers of three novel IGFALS mutations**  
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- LIII. PSYCHOMETRIC ANALYSIS USING CHILD BEHAVIOR CHECKLIST (CBCL) IN TYPE 1 DIABETIC TURKISH CHILDREN FROM TWO DISTINCT DEMOGRAPHIC AND GEOGRAPHICAL REGIONS**  
Baran R. T., Adanir A. S., Karakurt M. N., Dundar M., Aydin M., Ozbek M. N., DEMİRBILEK H.  
HORMONE RESEARCH IN PAEDIATRICS, vol.88, pp.603-604, 2017 (SCI-Expanded)
- LIV. Evaluation of therapeutics management patterns and glycemic control of pediatric type 1 diabetes mellitus patients in Turkey: A nationwide cross-sectional study**  
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- LV. **Bone Mineral Density in Adolescent Girls with Hypogonadotropic and Hypergonadotropic Hypogonadism**  
Ozbek M. N., Demirbilek H., Baran R. T., Baran A.  
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- LVI. **A novel ALMS1 homozygous mutation in two Turkish brothers with Alstrom syndrome**  
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- LVII. **Anthropometric findings from birth to adulthood and their relation with karyotype distribution in Turkish girls with Turner syndrome**  
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- LVIII. **Severe Hypercalcemia in a Child With Acute Lymphoblastic Leukemia Relapse: Successful Management With Combination of Calcitonin and Bisphosphonate**  
Tagiyev A., DEMİRBILEK H., Tavil B., Buyukyilmaz G., Gumruk F., Cetin M.  
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- LIX. **Rare Causes of Primary Adrenal Insufficiency: Genetic and Clinical Characterization of a Large Nationwide Cohort**  
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- LX. **Severe Hyponatremia and Repeated Intestinal Resections for Intestinal Dysmotility Mimicking Congenital Aganglionic Megacolon due to Delay in the Diagnosis of Congenital Hypothyroidism**  
Buyukyilmaz G., Baltu D., SOYER T., Tanyildiz M., DEMİRBILEK H.  
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- LXI. **Evaluation of the Epidemiological, Presenting and Follow-up Characteristics and their Impacts on the Glycemic Control in a Large Cohort of Pediatric Type 1 Diabetes Mellitus Patients from Southeastern Anatolian Region of Turkey**  
Ozbek M. N., Demirbilek H., Baysal B., Baran R. T., Haliloglu B., Ocal M.  
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- LXII. **Potential Role of Vitamin D in Pathogenesis of Acute Rheumatic Fever**  
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- LXIII. **A Syndrome of Permanent Neonatal Diabetes Mellitus and Neurological Abnormalities due to a Novel Homozygous Missense c.449T > A (p.I150N) Mutation in NEUROD1 Gene**  
HATİPOĞLU N., DEMİRBILEK H., Gul U., Tatlı Z. U., Flanagan S., Ellard S., De Franco E., Kurtoglu S.  
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- LXIV. **Kallmann Syndrome Due to a Homozygous Missense c.217C > T (p.R73C) Mutation Detected in the Exon-2 of the PROK2 Gene**  
Ozturk M. N., Demirbilek H., KOTAN L. D., Baysal B., Ocal M., TOPALOĞLU A. K.  
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Publication: 107

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## **Non Academic Experience**

UCL, University College London, Institute of Child Health Molecular Genetics Unit, Great Ormond Street Hospital For Children