

Prof. HÜLYA GÖKMEN ÖZEL

Personal Information

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Education Information

Doctorate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik, Turkey 1998 - 2004

Post Graduate, Hacettepe Üniversitesi, Sağlık Bilimleri Enstitüsü, Diyetetik, Turkey 1995 - 1998

Foreign Languages

English, C1 Advanced

Research Areas

Health Sciences, Nutrition and Dietetics

Academic Titles / Tasks

Professor, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, 2017 - Continues

Associate Professor, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2011 - 2017

Assistant Professor, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2009 - 2012

Lecturer PhD, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2004 - 2009

Professional Experience

Deputy Head of Department, Hacettepe Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü, 2012 - 2015

Advising Theses

GÖKMEN ÖZEL H., Obez adölesanlarda besin insülin indeksinin metabolik parametreler üzerine etkisi, Doctorate, Z.CAFEROĞLU(Student), 2016

GÖKMEN ÖZEL H., Tip 1 diyabette diyet proteinlerinin ve yağlarının kan glukozu üzerine etkilerinin belirlenmesi, Doctorate, N.KAYA(Student), 2014

GÖKMEN ÖZEL H., Kistik fibrozisli hastalarda malnütrisyon ve beslenme durumunun saptanması, Post Graduate, H.AKBİYİK(Student), 2014

GÖKMEN ÖZEL H., Farklı sosyoekonomik düzeydeki ilköğretim 7. sınıf öğrencilerinin beslenme durumlarının ve antropometrik ölçümlerinin karşılaştırılması, Post Graduate, Ş.ÖZGEN(Student), 2011

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **Effects of a Psychobiotic Supplement on Serum Brain-derived Neurotrophic Factor Levels in Depressive Patients: A Post Hoc Analysis of a Randomized Clinical Trial**
Heidarzadeh-Rad N, GÖKMEN ÖZEL H, Kazemi A, Almasi N, Djafarian K.
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- II. **Long-Term Growth in Phenylketonuria: A Systematic Review and Meta-Analysis**
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NUTRIENTS, vol.11, 2019 (Journal Indexed in SCI)
- III. **A series of three case reports in patients with phenylketonuria performing regular exercise: first steps in dietary adjustment**
Rocha J. C. , van Dam E., Ahring K., Almeida M. F. , Belanger-Quintana A, Dokoupil K, GÖKMEN ÖZEL H, Robert M., Heidenborg C., Harbage E., et al.
JOURNAL OF PEDIATRIC ENDOCRINOLOGY & METABOLISM, vol.32, pp.635-641, 2019 (Journal Indexed in SCI)
- IV. **Population based study of obesity in Turkey: results of the Turkey Nutrition and Health Survey (TNHS)-2010**
Pekcan A. G. , Samur G., DİKMEN D., KIZIL M., RAKICIOĞLU N., Yildiz E. A. , Gokmen-Ozel H., MERCANLIGİL S. M. , ERSOY G., KARAAĞAOĞLU N., et al.
PROGRESS IN NUTRITION, vol.19, pp.248-256, 2017 (Journal Indexed in SCI)
- V. **Protein substitutes for phenylketonuria in Europe: access and nutritional composition**
Pena M. J. , de Almeida M. F. , van Dam E., Ahring K., Belanger-Quintana A, Dokoupil K, Gokmen-Ozel H, Lammardo A. M. , MacDonald A., Robert M., et al.
EUROPEAN JOURNAL OF CLINICAL NUTRITION, vol.70, pp.785-789, 2016 (Journal Indexed in SCI)
- VI. **Special low protein foods for phenylketonuria: availability in Europe and an examination of their nutritional profile**
Pena M. J. , Almeida M. F. , van Dam E., Ahring K., Belanger-Quintana A, Dokoupil K, GÖKMEN ÖZEL H, Lammardo A. M. , MacDonald A., Robert M., et al.
ORPHANET JOURNAL OF RARE DISEASES, vol.10, 2015 (Journal Indexed in SCI)
- VII. **Sapropterin dihydrochloride treatment in Turkish hyperphenylalaninemic patients under age four**
ÖZLEM U., GÖKMEN ÖZEL H., COŞKUN T., ÖZGÜL R. K. , YÜCEL YILMAZ D., BURCU H., TOKATLI A., DURSUN A., SİVRİ H. S.
Turkish Journal Of Pediatrics, pp.213-218, 2015 (Journal Indexed in SCI Expanded)
- VIII. **Nutritional content of modular feeds: how accurate is feed production?**
Evans S, Daly A, Ashmore C, Gokmen-Ozel H, Dileva R, Dumbleton B, Chahal S, MacDonald A.
ARCHIVES OF DISEASE IN CHILDHOOD, vol.98, pp.184-188, 2013 (Journal Indexed in SCI)
- IX. **DIETARY SODIUM INTAKE AMONG TURKISH ADULTS**
Buyuktuncer-Demirel Z, Kizil M, Aksoy B, Rakicioglu N, Samur G, Yildiz E, Mercanligil S, Ayaz A, Pekcan G, Gokmen-Ozel H, et al.
ANNALS OF NUTRITION AND METABOLISM, vol.63, pp.1089-1090, 2013 (Journal Indexed in SCI)
- X. **LONG TERM GROWTH STATUS OF TURKISH CHILDREN WITH PHENYLKETONURIA: A RETROSPECTIVE STUDY**
Gokmen-Ozel H, Gedikli C, Koksall G, Coskun T.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.35, 2012 (Journal Indexed in SCI)
- XI. **THE 48-HOUR TETRAHYDROBIOPTERIN (BH4) LOADING TEST AND LONG-TERM OUTCOME OF PATIENTS WITH BH4 TREATMENT IN TURKISH PHENYLKETONURIA (PKU) PATIENTS**
Unal O, Gokmen-Ozel H, Coskun T, Hismi B, Tokatli A, Dursun A, Ozgul R. K. , Sivri H. S.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.35, 2012 (Journal Indexed in SCI)
- XII. **DIETARY MANAGEMENT AND GROWTH OF TETRAHYDROBIOPTERIN RESPONSIVE TURKISH PKU PATIENTS**
Gokmen-Ozel H, Unal O, Kalkanoglu-Sivri H. S. , Koksall G, DURSUN A., Tokatli A., Coskun T.

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- XIII. **Diet in phenylketonuria: A snapshot of special dietary costs and reimbursement systems in 10 international centers**
Belanger-Quintana A., Dokoupil K., Gokmen-Ozel H., Lammardo A. M. , MacDonald A., Motzfeldt K., Nowacka M., Robert M., van Rijn M., Ahring K.
MOLECULAR GENETICS AND METABOLISM, vol.105, pp.390-394, 2012 (Journal Indexed in SCI)
- XIV. **Optimising growth in phenylketonuria: Current state of the clinical evidence base**
Dokoupil K., GÖKMEN ÖZEL H., Lammardo A. M. , Motzfeldt K., Robert M., Rocha J. C. , van Rijn M., Ahring K., Belanger-Quintana A., MacDonald A.
CLINICAL NUTRITION, vol.31, pp.16-21, 2012 (Journal Indexed in SCI)
- XV. **The development of nonweighed pilot methods for estimating phenylalanine exchanges in non-phenylketonuria volunteers**
Gokmen-Ozel H., Daly A., Davies P., MacDonald A.
JOURNAL OF HUMAN NUTRITION AND DIETETICS, vol.25, pp.27-32, 2012 (Journal Indexed in SCI)
- XVI. **Adjusting diet with sapropterin in phenylketonuria: what factors should be considered?**
MacDonald A., Ahring K., Dokoupil K., GÖKMEN ÖZEL H., Lammardo A. M. , Motzfeldt K., Robert M., Rocha J. C. , van Rijn M., Belanger-Quintana A.
BRITISH JOURNAL OF NUTRITION, vol.106, pp.175-182, 2011 (Journal Indexed in SCI)
- XVII. **Home visits in phenylketonuria: a 12-month longitudinal study**
GOKMEN-OZEL H., Buyuktuncer Z., Koksall G., KALKANOGLU-SIVRI H. S. , COŞKUN T.
TURKISH JOURNAL OF PEDIATRICS, vol.53, pp.149-153, 2011 (Journal Indexed in SCI)
- XVIII. **Blood phenylalanine control in phenylketonuria: a survey of 10 European centres**
AHRING K., BELANGER-QUINTANA A., DOKOUPIL K., Gokmen-Ozel H., LAMMARDO A. M. , MACDONALD A., MOTZFELDT K., NOWACKA M., ROBERT M., VAN RIJN M.
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- XIX. **OPTIMISING GROWTH IN PHENYLKETONURIA: CURRENT STATE OF THE CLINICAL EVIDENCE BASE**
Dokoupil K., Gokmen-Ozel H., Lammardo A., Motzfeldt K., Robert M., Rocha J., van Rijn M., Ahring K., Belanger-Quintana A., MacDonald A.
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- XX. **SPECIALIST FEED PRODUCTION FOR PATIENTS WITH INHERITED METABOLIC DISORDERS**
Evans S., Daly A., Neville C., Gokmen-Ozel H., Chahal S., MacDonald A.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.34, 2011 (Journal Indexed in SCI)
- XXI. **The reality of dietary compliance in the management of phenylketonuria**
MacDonald A., GÖKMEN ÖZEL H., van Rijn M., Burgard P.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.33, pp.665-670, 2010 (Journal Indexed in SCI)
- XXII. **VITAMIN B6 AND B12 STATUS IN TURKISH CHILDREN WITH PHENYLKETONURIA**
Buyuktuncer Z., GOKMEN-OZEL H., KUCUKKASAP T., KOKSAL G., KILIÇ M., DURSUN A., KALKANOGLU-SIVRI H. S. , TOKATLI A., COŞKUN T., BESLER H. T.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.33, 2010 (Journal Indexed in SCI)
- XXIII. **HOME VISITS IN PHENYLKETONURIA: A-12-MONTH LONGITIDUNAL STUDY**
Gokmen-Ozel H., Buyuktuncer Z., Arpacı N., Kasapogulları P., Koksall G., Kalkanoglu-Sivri H. S. , Coskun T.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.33, 2010 (Journal Indexed in SCI)
- XXIV. **GROWTH AND PROTEIN INTAKE IN PHENYLKETONURIA: RESULTS OF 398 TURKISH CHILDREN**
GOKMEN-OZEL H., Buyuktuncer Z., KOKSAL G., KILIÇ M., DURSUN A., KALKANOGLU-SIVRI S., TOKATLI A., COŞKUN T.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.33, 2010 (Journal Indexed in SCI)
- XXV. **COST OF DIET THERAPY IN PHENYLKETONURIA IN 10 EUROPEAN CENTERS**
Lammardo A. M. , Belanger-Quintana A., Dokoupil K., Gokmen-Ozel H., MacDonald A., Motzfeldt K., Nowacka M., Robert M., van Rijn M., Ahring K.
JOURNAL OF INHERITED METABOLIC DISEASE, vol.33, 2010 (Journal Indexed in SCI)
- XXVI. **WORKING WITH DIET AND SAPROPTERIN IN PHENYLKETONURIA (PKU): WHAT FACTORS SHOULD**

BE CONSIDERED?

Ahring K. K. , Belanger-Quintana A., Dokoupil K., Gokmen-Ozel H., Lammardo A. M. , MacDonald A., Motzfeldt K., Robert M., Rocha J. C. , van Rijn M.

JOURNAL OF INHERITED METABOLIC DISEASE, vol.33, 2010 (Journal Indexed in SCI)

XXVII. BLOOD PHENYLALANINE CONTROL IN TURKISH PHENYLKETONURIC CHILDREN

GOKMEN-OZEL H., Buyuktuncer Z., KOKSAL G., KILIC M., DURSUN A., KALKANOGLU-SIVRI H. S. , TOKATLI A., COSKUN T.

JOURNAL OF INHERITED METABOLIC DISEASE, vol.33, 2010 (Journal Indexed in SCI)

XXVIII. Nutritional genomics and Turkish dietitians' practice

Fisunoglu M., Buyuktuncer Z., Gokmen-Ozel H., Besler H. T.

PROCEEDINGS OF THE NUTRITION SOCIETY, vol.69, 2010 (Journal Indexed in SCI)

XXIX. Changing dietary practices in phenylketonuria

MacDonald A., GÖKMEN ÖZEL H., Daly A.

TURKISH JOURNAL OF PEDIATRICS, vol.51, pp.409-415, 2009 (Journal Indexed in SCI)

Articles Published in Other Journals

- I. **Farklı sosyoekonomik Düzeye Sahip Çocuklarda Ailenin Beslenme Tutum ve Davranışlarının Çocuğun Beslenme Durumuna Etkisi**
ERDEM S., GÖKMEN ÖZEL H., ÇINAR Z., YILMAZ İŞIKHAN S.
Beslenme ve Diyet Dergisi, vol.45, pp.3-11, 2017 (Other Refereed National Journals)
- II. **Yetişkin Bireylerde Plazma Serbest Yağ Asidi Düzeyleri: Yaşlanmanın Etkisi**
AKSOY B., RAKICIOĞLU N., GÖKMEN ÖZEL H., SAMUR F. G. , YILDIZ E., BİLGİÇ P., DİKMEN D., FİSUNOĞLU M., KIZIL M., ERSOY G., et al.
Beslenme ve Diyet Dergisi / Journal of Nutrition and Dietetics, vol.44, pp.24-29, 2016 (Other Refereed National Journals)
- III. **Adolesanlarda Kafein İçeren Yiyecek ve İçecek Tüketimi Üzerine Bir Araştırma**
IŞGIN K., KABASAKAL A., YİĞİT M., BÜYÜKTUNCER DEMİREL Z., BESLER H. T. , GÖKMEN ÖZEL H.
Beslenme ve Diyetetik, vol.43, pp.119-125, 2015 (Other Refereed National Journals)

Books & Book Chapters

- I. **Özofagus atrezili çocuğun beslenme rehberi**
ILGAZ F., GÖKMEN ÖZEL H., SOYER T.
Ege Yayınları, 2016

Refereed Congress / Symposium Publications in Proceedings

- I. **DO ATTITUDES AND BEHAVIOURS OF THE PARENTS AFFECT ON BODY MASS INDEX IN ELEMENTARY SCHOOL CHILDREN?**
ERDEM S., YILMAZ İŞIKHAN S., GÖKMEN ÖZEL H.
39th ESPEN CONGRESS on Clinical Nutrition and Metabolism, The Hague, Netherlands, 9 - 12 September 2017
- II. **Thickener use in pediatric dysphagia: Treatment results and family experiences**
ILGAZ F., SEREL ARSLAN S., GÖKMEN ÖZEL H., DEMİR N., KARADUMAN A. A.
39th ESPEN Congress, HAGUE, Netherlands, 9 - 12 September 2017, vol.36
- III. **Glutarik asiduri tip 1'li hastalarda oral motor ve yutma fonksiyon değerlendirilmesi: Vaka serisi**
SEREL ARSLAN S., ILGAZ F., DEMİR N., GÖKMEN ÖZEL H., KARADUMAN A. A. , COŞKUN T.
14. Ulusal Metabolik Hastalıklar ve Beslenme Kongresi, BODRUM, Turkey, 26 - 30 April 2017

IV. Yutma bozukluđu ile izlenen çocuklarda tüple beslenmeden oral beslenmeye geiş: Hacettepe protokolü

ILGAZ F., DEMİR N., SEREL S., KARADUMAN A. A. , GÖKMEN ÖZEL H.

III. Yutma Bozuklukları Kongresi, Ankara, Turkey, 4 - 06 December 2014

V. DIETARY MANAGEMENT PRACTICES IN PHENYLKETONURIA ACROSS EUROPEAN CENTRES

Ahring K. K. , Belanger-Quintana A., Dokupil K., Gokmen-Ozel H., Lammarde A. M. , MacDonald A., Motzfeldt K., Nowacka M., Robert M., van Rijn M.

11th International Conference of Inborn Errors of Metabolism, California, United States Of America, 29 August - 02 September 2009, vol.98, pp.17

VI. BLOOD PHENYLALANINE CONTROL IN PKU: A SURVEY OF TEN EUROPEAN CENTRES

Gokmen-Ozel H., Ahring K. K. , Belanger-Quintana A., Dokupil K., Lammardo A. M. , MacDonald A., Motzfeldt K., Nowacka M., Robert M., van Rijn M.

11th International Conference of Inborn Errors of Metabolism, California, United States Of America, 29 August - 02 September 2009, vol.98, pp.30-31

Supported Projects

GÖKMEN ÖZEL H., TUBITAK Project, Obez Adolesanlarda Besin İnsülin İndeksinin Metabolik Parametreler Üzerine Etkisi, 2016 - 2017

GÖKMEN ÖZEL H., Project Supported by Higher Education Institutions, Farklı Pişirme Yöntemlerinin Patateslerin Glisemik İndeks Deđeri Üzerine Etkisi, 2014 - 2015

Citations

Total Citations (WOS):236

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