

## Prof. GAMZE EKİCİ ÇAĞLAR

### Personal Information

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### Education Information

Doctorate, Hacettepe University, Sağlık Bilimleri Enstitüsü, Turkey 2002 - 2006

### Foreign Languages

English, C1 Advanced

### Research Areas

Health Sciences

### Academic and Administrative Experience

Ahi Evran Üniversitesi, Fizik Tedavi Ve Rehabilitasyon Yüksekokulu, Fizik Tedavi Ve Rehabilitasyon Bölümü, 2008 - 2011

Ahi Evran Üniversitesi, Sağlık Yüksekokulu, 2009 - 2010

### Courses

Ergoterapide Özel Konular I, Postgraduate, 2016 - 2017

Fonksiyonel Kinezyoloji, Undergraduate, 2016 - 2017

KLİNİK EĞİTİM I, Undergraduate, 2016 - 2017

Araştırma Yöntemleri, Undergraduate, 2016 - 2017

Yüksek Lisans tezi Özel Konular, Postgraduate, 2016 - 2017

NÖROGELİŞİMSEL BOZUKLUKLAR, Undergraduate, 2016 - 2017

KANITA DAYALI ERGOTERAPİ UYGULAMALARI, Undergraduate, 2016 - 2017

YAŞAM KALİTESİ, Undergraduate, 2016 - 2017

KLİNİK EĞİTİM III, Undergraduate, 2016 - 2017

Doktora Tezi Özel Konular, Doctorate, 2016 - 2017

Rehabilitasyonda Yaşam Kalitesi, Postgraduate, 2016 - 2017

### Advising Theses

EKİCİ ÇAĞLAR G., Subakromiyal sendromu olan bireylerde aktivite performansının ağrı, ruhsal durum ve yaşam memnuniyeti ile ilişkisi, Postgraduate, D.KOCAMAZ(Student), 2014

EKİCİ ÇAĞLAR G., Hemiparezik serebral palside çocukların el kullanım deneyimi anketi'nin Türkçe kültürel adaptasyonu,

geçerlilik ve güvenilirliği, Postgraduate, M.EREN(Student), 2014

EKİCİ ÇAĞLAR G., Yaşlı bireylerde quadriceps femoris kas kuvveti ile denge ve yaşam kalitesi arasındaki ilişki, Postgraduate, Ö.BÜYÜKTURAN(Student), 2011

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Comparisons of Occupational Balance Within Informal Caregivers of Individuals With Schizophrenia**  
Pekcetin E., EKİCİ ÇAĞLAR G., Cetinkaya M., Pehlivan F., Torpil B., Pekcetin S.  
OTJR-OCCUPATIONAL THERAPY JOURNAL OF RESEARCH, no.4, pp.610-616, 2024 (SSCI)
- II. **Combined mind-body intervention for premenstrual dysphoric disorder: A randomized controlled trial**  
ABAOĞLU H., Çiftçi H. Ş., Ekici G.  
Health Care for Women International, 2024 (SSCI)
- III. **Therapeutic effects of line dancing in people with multiple sclerosis: an evaluator-blinded, randomized controlled study**  
Baştürk S., Ekici G., Kırteke F., Durak Ö. F., EKİCİ B.  
Arts and Health, 2024 (SSCI)
- IV. **Turkish cultural adaptation, validity, and reliability of the stroke activity scale in individuals with Hemiparesis**  
Göktaş A., Türkmen V., Çolak F. D., Ekici G.  
Topics in Stroke Rehabilitation, 2024 (SCI-Expanded)
- V. **Psychometric properties of the Canadian occupational performance measure in older individuals**  
ALTUNTAŞ O., Özata Değerli M. N., TEMİZKAN E., Ekici G.  
Turkish Journal of Medical Sciences, vol.54, no.1, pp.338-347, 2024 (SCI-Expanded)
- VI. **Client-centered lifestyle intervention for men with fibromyalgia syndrome: Is efficacy independent of gender?**  
Salar S., Bülbül Ö., ALATAŞ D. M., Ekici G.  
International Journal of Rheumatic Diseases, vol.26, no.10, pp.1942-1950, 2023 (SCI-Expanded)
- VII. **The effects of "Workplace Health Promotion Program" in nurses: A randomized controlled trial and one-year follow-up**  
AKYÜREK G., Avcı N., EKİCİ ÇAĞLAR G.  
HEALTH CARE FOR WOMEN INTERNATIONAL, vol.43, no.9, pp.980-996, 2022 (SSCI)
- VIII. **The effectiveness of a client-centered lifestyle intervention in women with fibromyalgia syndrome: A quasi-experimental controlled study**  
Salar S., İlhan E., Bulbul O., EKİCİ ÇAĞLAR G.  
HEALTH CARE FOR WOMEN INTERNATIONAL, vol.43, no.1-3, pp.114-128, 2022 (SSCI)
- IX. **Reply to: The influences of the environment and information on the complications of diabetes on patient outcomes**  
Agce Z. B., EKİCİ ÇAĞLAR G.  
HEALTH AND QUALITY OF LIFE OUTCOMES, vol.19, no.1, 2021 (SCI-Expanded)
- X. **Person-centred, occupation-based intervention program supported with problem-solving therapy for type 2 diabetes: a randomized controlled trial**  
Agce Z. B., EKİCİ ÇAĞLAR G.  
HEALTH AND QUALITY OF LIFE OUTCOMES, vol.18, no.1, 2020 (SCI-Expanded)
- XI. **Effects of active/passive interventions on pain, anxiety, and quality of life in women with fibromyalgia: Randomized controlled pilot trial**  
Ekici G., ÜNAL E., AKBAYRAK T., Vardar-Yagli N., Yakut Y., KARABULUT E.  
WOMEN & HEALTH, vol.57, no.1, pp.88-107, 2017 (SSCI)
- XII. **The effects of the duration of mobile phone use on heart rate variability parameters in healthy subjects**

- EKİCİ B., Tanindi A., EKİCİ ÇAĞLAR G., Diker E.  
ANATOLIAN JOURNAL OF CARDIOLOGY, vol.16, no.11, pp.833-838, 2016 (SCI-Expanded)
- XIII. **Reliability and validity of the Turkish King's Health Questionnaire in women with urinary incontinence**  
Kaya S., AKBAYRAK T., TOPRAK ÇELENAY Ş., Dolgun A., EKİCİ ÇAĞLAR G., Beksac S.  
INTERNATIONAL UROGYNECOLOGY JOURNAL, vol.26, no.12, pp.1853-1859, 2015 (SCI-Expanded)
- XIV. **Validity and reliability of the Turkish version of the Pelvic Floor Distress Inventory-20**  
Celenay S. T., AKBAYRAK T., Kaya S., Ekici G., Beksac S.  
INTERNATIONAL UROGYNECOLOGY JOURNAL, vol.23, no.8, pp.1123-1127, 2012 (SCI-Expanded)
- XV. **COMPARISON OF MANUAL LYMPH DRAINAGE THERAPY AND CONNECTIVE TISSUE MASSAGE IN WOMEN WITH FIBROMYALGIA: A RANDOMIZED CONTROLLED TRIAL**  
Ekici G., Bakar Y., AKBAYRAK T., Yuksel I.  
JOURNAL OF MANIPULATIVE AND PHYSIOLOGICAL THERAPEUTICS, vol.32, no.2, pp.127-133, 2009 (SCI-Expanded)
- XVI. **Short and long-term results of connective tissue manipulation and combined ultrasound therapy in patients with fibromyalgia**  
Citak-Karakaya I., Akbayrak T., Demirtuerk F., Ekici G., Bakar Y.  
JOURNAL OF MANIPULATIVE AND PHYSIOLOGICAL THERAPEUTICS, vol.29, no.7, pp.524-528, 2006 (SCI-Expanded)

## Articles Published in Other Journals

- I. **Relationships among Pain, Occupational Balance and Quality of Life in Women with Fibromyalgia Syndrome**  
ALBAY S., EKİCİ G.  
Ergoterapi ve Rehabilitasyon Dergisi, vol.12, no.3, pp.129-136, 2024 (Peer-Reviewed Journal)
- II. **Investigation of the effect of goal-oriented dance movement therapy on depressive symptoms in people with schizophrenia: a rater-blinded randomised controlled study**  
Gökçen A., Ekici G., Bağcı E., Şen D. T.  
International Journal of Therapy and Rehabilitation, vol.31, no.2, 2024 (ESCI)
- III. **Test-Retest Reliability and External Validity of Canadian Diabetes Risk Questionnaire - Turkish**  
Ekici G., Aran O. T., Pekçetin S., Ekici B.  
Hacettepe Üniversitesi Sağlık Bilimleri Fakültesi Dergisi, vol.10, no.1, pp.188-198, 2023 (Peer-Reviewed Journal)
- IV. **Translation, Psychometric and Concept Analysis of the Occupational Balance-Questionnaire Based on a Turkish Population**  
Bahadır Z., YARAN M., Ozkan E., EKİCİ ÇAĞLAR G., HURİ M., Akel S.  
OCCUPATIONAL THERAPY IN HEALTH CARE, vol.37, no.1, pp.101-118, 2023 (ESCI)
- V. **Effect of the Cognitive Orientation to daily Occupational Performance (CO-OP) approach for children with cerebral palsy: A randomized controlled trial**  
Kolit Z., Ekici G.  
Journal of pediatric rehabilitation medicine, vol.16, no.1, pp.59-70, 2023 (ESCI)
- VI. **The validity and reliability of Turkish adaptation of the Fear-Avoidance Beliefs Questionnaire in patients with neck pain**  
Ozuberk B., Aslan U. B., Ekici G.  
Northern Clinics of Istanbul, vol.10, no.3, pp.322-327, 2023 (ESCI)
- VII. **Comparison of Mood, Physical Symptoms, Cognitive Failure and Life Satisfaction in Women with Premenstrual Dysphoric Disorder, Premenstrual Syndrome and No/Mild Premenstrual Syndrome: A Controlled Study**  
Dogu S. E., EKİCİ ÇAĞLAR G., EKİCİ B.  
BEZMIALEM SCIENCE, vol.10, no.5, pp.551-559, 2022 (ESCI)

- VIII. **Validation and reliability of the Munich Shoulder Questionnaire for Turkish patients with shoulder dysfunction**  
Kocamaz D., Ekici G., KARABULUT E.  
Physiotherapy Quarterly, vol.30, no.1, pp.18-23, 2022 (Scopus)
- IX. **Validity and Reliability of the Turkish Canadian Occupational Performance Measure (COPM-TR) for People with Multiple Sclerosis**  
Torpil B., EKİCİ ÇAĞLAR G., BUMİN G., Pekcetin S.  
OCCUPATIONAL THERAPY IN HEALTH CARE, vol.35, no.3, pp.306-317, 2021 (ESCI)
- X. **Occupational Performance of Pediatric Patients with Neuromuscular Diseases: Perspectives of Patients and Their Parents**  
ATASAVUN UYSAL S., GÜRBÜZ İ., ŞAHİN S., EKİCİ ÇAĞLAR G., YILMAZ Ö., KARADUMAN A. A.  
Journal of Exercise Therapy and Rehabilitation, vol.8, no.1, pp.63-72, 2021 (Peer-Reviewed Journal)
- XI. **Effects of deep friction massage and dry needling therapy on night pain and shoulder internal rotation in subacromial pain syndrome: 1-year follow up of a randomised controlled trial**  
EKİCİ ÇAĞLAR G., Ozcan S., Ozturk B. Y., Ozturk B., EKİCİ B.  
INTERNATIONAL JOURNAL OF THERAPY AND REHABILITATION, vol.28, no.2, 2021 (ESCI)
- XII. **Multiple Sklerozlu Bireylerde Enerji Koruma ve Zaman Yönetimi Eğitiminin Yorgunluğa ve Okupasyonel Performansa Etkisi**  
EKİCİ ÇAĞLAR G., TEMİZKAN E., PEKŞEN E.  
Ergoterapi ve Rehabilitasyon Dergisi, vol.9, no.3, pp.63-70, 2021 (Peer-Reviewed Journal)
- XIII. **GERİATRİK BİREYLERDE FONKSİYONEL BAĞIMSIZLIĞA SANAL GERÇEKLİK TEMELLİ DENGE EĞİTİMİNİN ETKİLERİ: 1 AYLIK TAKİP ÇALIŞMASI**  
TEMİZKAN E., EKİCİ ÇAĞLAR G.  
Ergoterapi ve Rehabilitasyon Dergisi, 2020 (Peer-Reviewed Journal)
- XIV. **Ruhsal Bozukluklarda Gevşeme Eğitiminin Ağrı, Yorgunluk ve Uyku Üzerine Etkisinin İncelenmesi**  
Kolit Z., EKİCİ ÇAĞLAR G., ANIL YAĞCIOĞLU A. E.  
Ergoterapi ve Rehabilitasyon Dergisi, vol.7, no.3, pp.171-178, 2019 (Peer-Reviewed Journal)
- XV. **Evde Sanal gerçeklik yöntemi ile gerçekleştirilen oyun temelli yaklaşımın geriatriklerde dengeye etkisi: kısa dönem takipli ön çalışma**  
TEMİZKAN E., EKİCİ ÇAĞLAR G.  
Ergoterapi ve Rehabilitasyon Dergisi, 2018 (Peer-Reviewed Journal)
- XVI. **Alt ekstremitte amputelerinde Vücut imajı algısı ve yaşam memnuniyeti ilişkisi**  
ARAN O. T., Üçgül M. Ş., EKİCİ ÇAĞLAR G.  
Ergoterapi ve Rehabilitasyon Dergisi, 2018 (Peer-Reviewed Journal)
- XVII. **INVESTIGATION OF THE RISK FACTORS OF DIABETIC NEUROPATHY IN TERMS OF PAIN, SLEEP AND QUALITY OF LIFE**  
EKİCİ ÇAĞLAR G., TOPRAK ÇELENAY Ş., BÜYÜKTURAN Ö.  
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-FIZYOTERAPI REHABILITASYON, vol.28, no.1, pp.27-32, 2017 (ESCI)
- XVIII. **Şizofreni Tanılı Bireylerde Dikkat Eğitiminin Dikkat Seviyesi ve Yardımcı Günlük Yaşam Aktivitelerine Etkisinin İncelenmesi**  
ŞAHİN H. G., EKİCİ G., ABAOĞLU H., AKI E., KARAOĞLAN A.  
Ergoterapi ve Rehabilitasyon Dergisi, 2016 (Peer-Reviewed Journal)
- XIX. **THE VALIDITY AND RELIABILITY OF COGNITIVE FAILURES QUESTIONNAIRE IN UNIVERSITY STUDENTS**  
Ekici G., Uysal S. A., ALTUNTAŞ O.  
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-FIZYOTERAPI REHABILITASYON, vol.27, no.2, pp.55-60, 2016 (ESCI)
- XX. **Effects of Pilates exercises and connective tissue manipulation on pain and depression in females with fibromyalgia: a randomized controlled trial**  
Ekici G., Yakut E., AKBAYRAK T.

## Books & Book Chapters

- I. **Otizm Spektrum Bozukluğu Olan Çocukların Duyusal Sorunları için Uygulamalı Davranış Analizine Dayalı Eğitsel Müdahaleler**  
YANARDAĞ M., HURİ M., ÖZBÖKE C., BUMİN G., EKİCİ ÇAĞLAR G., KAYMAK A.  
in: Otizm Spektrum Bozukluğunda Duyu-Algı-Motor Sorunlar ve Müdahale Süreci, Yanardağ Mehmet, Huri Meral, Editor, ALPASLAN OTİZM VAKFI YAYINLARI, Sakarya, pp.366-408, 2021
- II. **Obezite ve Ergoterapi**  
TEMİZKAN E., EKİCİ ÇAĞLAR G.  
in: Sağlık ve İyi Olmanın Geliştirilmesinde Ergoterapi, Kayhan, Hülya, Editor, İstanbul Tıp Kitabevleri, İstanbul, pp.219-230, 2021
- III. **Üst servikal bölge muayenesi**  
AKEL B. S., ALTUNTAŞ O., EKİCİ ÇAĞLAR G.  
in: Nöromuskuloskeletal Muayene ve Değerlendirme: Fizyoterapistler için el kitabı, Murat Dalkınç, Bülent Elbasan, ilkim Çıtak Karakaya, S. Ufuk Yurdalan, Editor, Hiperlink yayınları, pp.189-216, 2017

## Refereed Congress / Symposium Publications in Proceedings

- I. **The Model of Creative Ability in Vocational Rehabilitation: A Case Study on the Autistic Spectrum**  
KARS S., CESİM Ö. B., EKİCİ ÇAĞLAR G., CASTELEIJN D.  
WFOT Congress 2018, Cape-Town, South Africa, 21 - 25 May 2018
- II. **AKUT PSİKİYATRİK REHABİLİTASYONDA ÇALIŞMA BECERİSİNİN GELİŞİMİ**  
ÇELİK Z., EKİCİ G., AKI E.  
ERGOTERAPİ VE REHABİLİTASYON KONGRESİ, 31 May - 02 June 2017
- III. **VONA DU TOİT YARATICI BECERİLER MODELİ İLE ŞİZOFRENİDE ERGOTERAPİ MÜDAHALESİ: VAKA RAPORU**  
ABAOĞLU H., EKİCİ G., AKI E., KAHİLOĞULLARI A., ÖRSEL S.  
ERGOTERAPİ VE REHABİLİTASYON KONGRESİ, 31 May - 02 June 2017

## Supported Projects

Öksüz Ç., Bumin G., Şahin S., Aran O. T., Altuntaş O., Akel B. S., Huri M., Demirok T., Akı E., Abaoğlu H., et al., FP1 Project, Engelli Bireylerin İstihdam Edilebilirliğinin Artırılması İçin Teknik Yardım Projesi, 2015 - 2017  
EKİCİ ÇAĞLAR G., Project Supported by Higher Education Institutions, Gelecekte Serebral Palsi, 2015 - 2017

## Metrics

Publication: 42  
Citation (WoS): 131  
Citation (Scopus): 118  
H-Index (WoS): 7  
H-Index (Scopus): 5

## **Non Academic Experience**

HACETTEPE ÜNİVERSİTESİ

PAMUKKALE ÜNİVERSİTESİ, HACETTEPE ÜNİVERSİTESİ, AHİEVİRAN ÜNİVERSİTESİ