

## Prof. OKAN BÜLENT YILDIZ

### Personal Information

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### International Researcher IDs

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ScopusID: 54965556000

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### Education Information

Post Doctorate of Medicine, Hacettepe University, Tıp Fakültesi, Endokrinoloji Ve Metabolizma, Turkey 1999 - 2001

Expertise In Medicine, Hacettepe University, Tıp Fakültesi, İç Hastalıkları, Turkey 1994 - 1999

### Biography

Bulent Yildiz earned his medical degree from Hacettepe University School of Medicine, and completed his residency in Internal Medicine, and a fellowship in Endocrinology and Metabolism at the same institution. He was a postdoctoral scholar at the Center for Pharmacogenomics and Interdepartmental Clinical Pharmacology Center, David Geffen School of Medicine at UCLA, Los Angeles, California, where he also completed a National Institutes of Health training program in translational investigation.

He is currently Professor of Medicine / Endocrinology and Metabolism at Hacettepe University School of Medicine, Ankara, Turkey. His clinical and research interests involve obesity, diabetes and androgen excess disorders in women including polycystic ovary syndrome. He has published over 130 original articles, reviews and book chapters, and delivered several presentations, lectures and conferences worldwide. He is ranked in top 1% of science-wide author database by Elsevier/Scopus and Stanford University.

Dr. Yildiz has served as an editor or editorial board member for several highly ranked scientific journals including Journal of Clinical Endocrinology and Metabolism. He was an Executive Committee Member and Officer of the European Society of Endocrinology, Board Member of Androgen Excess and PCOS Society and the General Secretary of the Society of Endocrinology and Metabolism of Turkey. He chaired the Program Organizing Committee of the 19<sup>th</sup> European Congress of Endocrinology (ECE2017) and co-chaired the annual meetings of the American Endocrine Society (ENDO2021 and ENDO2022). He is the founder and president of the EndoBridge®, a unique international educational initiative supported by Endocrine Society and the European Society of Endocrinology. He was selected in 2020 as the European Clinical Lead for the ESE Reproductive and Developmental Endocrinology Focus Area.

Awards of Dr. Yildiz include the Distinguished Young Scientist Award from Hacettepe University and the Turkish Academy of Sciences, the Young Scientist Award of The Scientific and Technological Research Council of Turkey, Special Recognition Award by the European Society of Endocrinology, Walter Futterweit Clinical Research Excellence Award by AE-PCOS Society and the Eisenhower Fellowship for international leadership from The Eisenhower Foundation of the United States. Fellowship of Dr. Yildiz focuses on the academia-government-industry relations on research, public policy and healthcare delivery for the prevention and management of chronic diseases, specifically diabetes and obesity.

## Research Areas

Medicine, Internal Medicine Sciences, Internal Diseases, Endocrinology and Metabolic Diseases, Health Sciences

## Academic Titles / Tasks

Professor, Hacettepe University, Tıp Fakültesi (Türkçe), Dahili Tıp Bilimleri Bölümü, 2011 - Continues

Associate Professor, Hacettepe University, Tıp Fakültesi (İngilizce), Dahili Tıp Bilimleri Bölümü, 2005 - 2011

Assistant Professor, Hacettepe University, Tıp Fakültesi (İngilizce), Dahili Tıp Bilimleri Bölümü, 2004 - 2005

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Recommendations from the 2023 International Evidence-based Guideline for the Assessment and Management of Polycystic Ovary Syndrome**  
Teede H. J., Tay C. T., Laven J., Dokras A., Moran L. J., Piltonen T. T., Costello M. F., Boivin J., M. Redman L., A. Boyle J., et al.  
Fertility and Sterility, vol.120, no.4, pp.767-793, 2023 (SCI-Expanded)
- II. **Interleukin-22/Interleukin-22 binding protein axis and oral contraceptive use in polycystic ovary syndrome**  
Aksun S., ERSAL E., Portakal O., YILDIZ O. B.  
Endocrine, vol.81, no.1, pp.54-57, 2023 (SCI-Expanded)
- III. **Assessment of Type 2 Diabetes Risk in Young Women with Polycystic Ovary Syndrome**  
Livadas S., Paparodis R., Anagnostis P., Gambineri A., Bjekić-Macut J., Petrović T., YILDIZ O. B., Micić D., Mastorakos G., Macut D.  
Diagnostics, vol.13, no.12, 2023 (SCI-Expanded)
- IV. **Endocrine Disorders and COVID-19**  
Oguz S. H., YILDIZ O. B.  
Annual review of medicine, vol.74, pp.75-88, 2023 (SCI-Expanded)
- V. **Current and emerging drug treatment strategies for polycystic ovary syndrome**  
Helvacı N., YILDIZ O. B.  
EXPERT OPINION ON PHARMACOTHERAPY, vol.24, pp.105-120, 2023 (SCI-Expanded)
- VI. **Establishing Normative Values to Determine the Prevalence of Biochemical Hyperandrogenism in Premenopausal Women of Different Ethnicities from Eastern Siberia**  
Suturina L., Lizneva D., Atalyan A., Lazareva L., Belskikh A., Bairova T., Sholokhov L., Rashidova M., Danusevich I., Nadeliaeva I., et al.  
Diagnostics, vol.13, no.1, 2023 (SCI-Expanded)
- VII. **Alterations of cardiometabolic risk profile in polycystic ovary syndrome: 13 years follow-up in an unselected population**  
Aksun S., SONU N. C., AYGÜN S., KARAKULAK U. N., MÜMÜŞOĞLU S., YILDIZ O. B.  
Journal of Endocrinological Investigation, 2023 (SCI-Expanded)

- VIII. **Use of anti-Mullerian hormone for understanding ovulatory dysfunction in polycystic ovarian syndrome**  
Mathyk B. A., Cetin E., YILDIZ O. B.  
CURRENT OPINION IN ENDOCRINOLOGY DIABETES AND OBESITY, vol.29, no.6, pp.528-534, 2022 (SCI-Expanded)
- IX. **Impact of social isolation during COVID-19 pandemic on health behaviors and weight management in women with polycystic ovary syndrome**  
EYÜPOĞLU N. D., Aksun S., Ozturk M., YILDIZ O. B.  
EATING AND WEIGHT DISORDERS-STUDIES ON ANOREXIA BULIMIA AND OBESITY, vol.27, no.7, pp.2407-2413, 2022 (SCI-Expanded)
- X. **The impact of ageing and menopause in women with polycystic ovary syndrome**  
Helvacı N., YILDIZ O. B.  
CLINICAL ENDOCRINOLOGY, vol.97, no.3, pp.371-382, 2022 (SCI-Expanded)
- XI. **Polycystic ovary syndrome and gut microbiota**  
YILDIZ B.  
FEBS OPEN BIO, vol.12, pp.34-35, 2022 (SCI-Expanded)
- XII. **Aging versus youth: Endocrine aspects of vulnerability for COVID-19**  
Oguz S. H., KOCA M., YILDIZ O. B.  
REVIEWS IN ENDOCRINE & METABOLIC DISORDERS, vol.23, no.2, pp.185-204, 2022 (SCI-Expanded)
- XIII. **Investigation of taste function and eating behavior in women with polycystic ovary syndrome**  
Cetik S., Acikgoz A., Yildiz B. O.  
Appetite, vol.168, 2022 (SCI-Expanded)
- XIV. **Glucagon-like peptide-1, a matter of taste?**  
Jensterle M., DeVries J. H., Battelino T., Battelino S., Yildiz B., Janez A.  
REVIEWS IN ENDOCRINE & METABOLIC DISORDERS, vol.22, no.4, pp.763-775, 2021 (SCI-Expanded)
- XV. **PCOS Phenotype in Unselected Populations Study (P-PUP): Protocol for a Systematic Review and Defining PCOS Diagnostic Features with Pooled Individual Participant Data.**  
Kiconco S., Mousa A., Azziz R., Enticott J., Suturina L. V., Zhao X., Gambineri A., Tehrani F. R., Yildiz B. O., Kim J., et al.  
Diagnostics (Basel, Switzerland), vol.11, no.11, 2021 (SCI-Expanded)
- XVI. **The interplay between metabolic dysregulations and non-alcoholic fatty liver disease in women after menopause**  
Robeva R., Mladenovic D., Veskovic M., Hrcncic D., Bjekic-Macut J., Stanojlovic O., Livadas S., YILDIZ O. B., Macut D.  
MATURITAS, vol.151, pp.22-30, 2021 (SCI-Expanded)
- XVII. **One year of the pandemic - how European endocrinologists responded to the crisis : a statement from the European Society of Endocrinology**  
Giustina A., Marazuela M., Reincke M., YILDIZ O. B., Puig-Domingo M.  
EUROPEAN JOURNAL OF ENDOCRINOLOGY, vol.185, no.2, 2021 (SCI-Expanded)
- XVIII. **Integrating Transwomen and Female Athletes with Differences of Sex Development (DSD) into Elite Competition: The FIMS 2021 Consensus Statement.**  
Hamilton B. R., Lima G., Barrett J., Seal L., Kolliari-Turner A., Wang G., Karanikolou A., Bigard X., Löllgen H., Zupet P., et al.  
Sports medicine (Auckland, N.Z.), vol.51, pp.1401-1415, 2021 (SCI-Expanded)
- XIX. **COVID-19 and endocrine and metabolic diseases. An updated statement from the European Society of Endocrinology**  
Puig-Domingo M., Marazuela M., YILDIZ O. B., Giustina A.  
ENDOCRINE, vol.72, no.2, pp.301-316, 2021 (SCI-Expanded)
- XX. **Publication outcome of research presented at the European Congress of Endocrinology: a web scraping-based analysis and critical appraisal.**  
Saygili E. S., Yildiz B. O.  
Endocrine, vol.72, pp.385-391, 2021 (SCI-Expanded)
- XXI. **Influence of ethnicity on different aspects of polycystic ovary syndrome: a systematic review.**  
Sendur S. N., Yildiz B. O.

- Reproductive biomedicine online, vol.42, pp.799-818, 2021 (SCI-Expanded)
- XXII. **Characterization of gut microbiota in polycystic ovary syndrome: Findings from a lean population**  
Mammadova G., ÖZKUL KOÇAK C., YILMAZ IŞIKHAN S., AÇIKGÖZ A., YILDIZ O. B.  
EUROPEAN JOURNAL OF CLINICAL INVESTIGATION, vol.51, no.4, 2021 (SCI-Expanded)
- XXIII. **An Update on Contraception in Polycystic Ovary Syndrome**  
Oguz S. H., YILDIZ O. B.  
ENDOCRINOLOGY AND METABOLISM, vol.36, no.2, pp.296-311, 2021 (SCI-Expanded)
- XXIV. **Prevalence of Obesity and Its Impact on Outcome in Patients With COVID-19: A Systematic Review and Meta-Analysis.**  
Helvaci N., Eyupoglu N. D., Karabulut E., Yildiz B. O.  
Frontiers in endocrinology, vol.12, pp.598249, 2021 (SCI-Expanded)
- XXV. **Polycystic Ovary Syndrome and Brain: An Update on Structural and Functional Studies.**  
Ozgen Saydam B., Yildiz B. O.  
The Journal of clinical endocrinology and metabolism, vol.106, 2021 (SCI-Expanded)
- XXVI. **Obesity and physical exercise.**  
Celik O., Yildiz B. O.  
Minerva endocrinologica, vol.46, pp.131-144, 2021 (SCI-Expanded)
- XXVII. **Gut Microbiota and Oral Contraceptive Use in Overweight and Obese Patients with Polycystic Ovary Syndrome**  
EYÜPOĞLU N. D., ERGÜNAY K., AÇIKGÖZ PINAR A., AKYÖN YILMAZ Y., Yilmaz E., Yildiz B. O.  
JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM, vol.105, no.12, 2020 (SCI-Expanded)
- XXVIII. **Polycystic ovary syndrome and aging: Health implications after menopause**  
Helvaci N., Yildiz B. O.  
MATURITAS, vol.139, pp.12-19, 2020 (SCI-Expanded)
- XXIX. **Tissue fat quantification by magnetic resonance imaging: proton density fat fraction in polycystic ovary syndrome**  
OĞUZ BAYKAL S. H., Idilman I., HELVACI N., ÇALIŞKAN GÜZELCE E., Eyupoglu D., KARÇAALTINCABA M., Yildiz B. O.  
REPRODUCTIVE BIOMEDICINE ONLINE, vol.41, no.2, pp.329-334, 2020 (SCI-Expanded)
- XXX. **Adiponectin levels decrease independently of body mass index and diabetes type after the normalization of hyperglycemia**  
METİN AKSU N., Yazgan Aksoy D., AKKAŞ M., ÇINAR N., Ucar F., YILDIZ O. B., Usman A.  
TURKISH JOURNAL OF MEDICAL SCIENCES, vol.50, no.2, pp.312-315, 2020 (SCI-Expanded)
- XXXI. **Circulating gut microbiota metabolite trimethylamine N-oxide and oral contraceptive use in polycystic ovary syndrome.**  
Eyupoglu N., Caliskan G., Acikgoz A., Uyanik E., Bjørndal B., Berge R., Svardal A., Yildiz B.  
Clinical endocrinology, vol.91, pp.810-815, 2019 (SCI-Expanded)
- XXXII. **Recommendations for epidemiologic and phenotypic research in polycystic ovary syndrome: an androgen excess and PCOS society resource**  
Azziz R., Kintziger K., Li R., Laven J., Morin-Papunen L., Merkin S. S., Teede H., Yildiz B. O.  
HUMAN REPRODUCTION, vol.34, no.11, pp.2254-2265, 2019 (SCI-Expanded)
- XXXIII. **Anti-Mullerian hormone as a diagnostic tool for PCOS under different diagnostic criteria in an unselected population**  
Bozdog G., Mumusoglu S., Coskun Z., Yarali H., Yildiz B.  
REPRODUCTIVE BIOMEDICINE ONLINE, vol.39, no.3, pp.522-529, 2019 (SCI-Expanded)
- XXXIV. **Is muscle mechanical function altered in polycystic ovary syndrome?**  
Caliskan Guzelce E., Eyupoglu D., Torgutalp S., Aktoz F., Portakal O., Demirel H., Yildiz B. O.  
ARCHIVES OF GYNECOLOGY AND OBSTETRICS, vol.300, no.3, pp.771-776, 2019 (SCI-Expanded)
- XXXV. **Prevalence of Metabolic Syndrome and Its Relation to Physical Activity and Nutrition in Azerbaijan**  
Mammadova A., Isikhan S., AÇIKGÖZ A., Yildiz B. O.  
METABOLIC SYNDROME AND RELATED DISORDERS, vol.17, no.3, pp.160-166, 2019 (SCI-Expanded)
- XXXVI. **Standards of care for hypoparathyroidism in adults: a Canadian and International Consensus**

Khan A. A., Koch C. A., Van Uum S., Baillargeon J. P., Bollerslev J., Brandi M. L., Marcocci C., Rejnmark L., Rizzoli R., Shrayyef M. Z., et al.

EUROPEAN JOURNAL OF ENDOCRINOLOGY, vol.180, no.3, 2019 (SCI-Expanded)

XXXVII. **Prevalence and predictors of gestational diabetes mellitus: a nationwide multicentre prospective study**

Aydin H., ÇELİK Ö., Yazici D., Altunok C., Tarcin O., Deyneli O., Sancak S., Kiyici S., Aydin K., YILDIZ B., et al.

DIABETIC MEDICINE, vol.36, no.2, pp.221-227, 2019 (SCI-Expanded)

XXXVIII. **Endocrinology of Hirsutism: From Androgens to Androgen Excess Disorders**

Yilmaz B., Yildiz B. O.

HYPERANDROGENISM IN WOMEN: BEYOND POLYCYSTIC OVARY SYNDROME, vol.53, pp.108-119, 2019 (SCI-Expanded)

XXXIX. **Impact of Obesity on the Metabolic Control of Type 2 Diabetes: Results of the Turkish Nationwide Survey of Glycemic and Other Metabolic Parameters of Patients with Diabetes Mellitus (TEMDObesity Study)**

Sonmez A., Yumuk V., Haymana C., Demirci I., Barcin C., Kiyici S., GÜLDİKEN S., Oruk G., Saydam B. O., BALDANE S., et al.

OBESITY FACTS, vol.12, no.2, pp.167-178, 2019 (SCI-Expanded)

XL. **Metabolic Syndrome During Menopause**

MÜMÜŞOĞLU S., YILDIZ O. B.

CURRENT VASCULAR PHARMACOLOGY, vol.17, no.6, pp.595-603, 2019 (SCI-Expanded)

XLII. **Turkish nationwide survey of glycemic and other Metabolic parameters of patients with Diabetes mellitus (TEMDO study)**

Sonmez A., Haymana C., BAYRAM F., Salman S., Dizdar O. S., GÜRKAN E., Carlioglu A. K., Barcin C., SABUNCU T., SATMAN İ., et al.

DIABETES RESEARCH AND CLINICAL PRACTICE, vol.146, pp.138-147, 2018 (SCI-Expanded)

XLIII. **The association of cardiorespiratory fitness, body mass index, and age with testosterone levels at screening of healthy men undergoing preventive medical examinations: The Cooper Center Longitudinal Study**

DeFina L. F., Radford N. B., Leonard D., Wilson R. K., Cooper T. C., Clark S. M., Willis B. L., Vega G. L., Barlow C. E., Farrell S. W., et al.

MATURITAS, vol.118, pp.1-6, 2018 (SCI-Expanded)

XLIV. **Recommendations from the international evidence-based guideline for the assessment and management of polycystic ovary syndrome**

Teede H. J., Misso M. L., Costello M. F., Dokras A., Laven J., Moran L., Piltonen T., Norman R. J.

CLINICAL ENDOCRINOLOGY, vol.89, no.3, pp.251-268, 2018 (SCI-Expanded)

XLV. **Recommendations from the international evidence-based guideline for the assessment and management of polycystic ovary syndrome**

Teede H. J., Misso M. L., Costello M. F., Dokras A., Laven J., Moran L., Piltonen T., Norman R. J.

HUMAN REPRODUCTION, vol.33, no.9, pp.1602-1618, 2018 (SCI-Expanded)

XLVI. **Diabetes mellitus and insulin resistance in mothers, fathers, sisters, and brothers of women with polycystic ovary syndrome: a systematic review and meta-analysis**

YILMAZ B., Vellanki P., Ata B., Yildiz B. O.

FERTILITY AND STERILITY, vol.110, no.3, pp.523-547, 2018 (SCI-Expanded)

XLVII. **Recommendations from the international evidence-based guideline for the assessment and management of polycystic ovary syndrome**

Teede H. J., Misso M. L., Costello M. F., Dokras A., Laven J., Moran L., Piltonen T., Norman R. J.

FERTILITY AND STERILITY, vol.110, no.3, pp.364-379, 2018 (SCI-Expanded)

XLVIII. **Androgen Excess- Polycystic Ovary Syndrome Society: position statement on depression, anxiety, quality of life, and eating disorders in polycystic ovary syndrome**

Dokras A., Stener-Victorin E., Yildiz B. O., Li R., Ottey S., Shah D., Epperson N., Teede H.

FERTILITY AND STERILITY, vol.109, no.5, pp.888-899, 2018 (SCI-Expanded)

- XLVIII. Metabolic syndrome, hypertension, and hyperlipidemia in mothers, fathers, sisters, and brothers of women with polycystic ovary syndrome: a systematic review and meta-analysis**  
YILMAZ B., Vellanki P., Ata B., Yildiz B. O.  
FERTILITY AND STERILITY, vol.109, no.2, pp.356-396, 2018 (SCI-Expanded)
- XLIX. Polycystic ovary syndrome and the risk of obstructive sleep apnea: a meta-analysis and review of the literature**  
Helvacı N., KARABULUT E., DEMİR A. U., Yildiz B. O.  
ENDOCRINE CONNECTIONS, vol.6, no.7, pp.437-445, 2017 (SCI-Expanded)
- L. Suppressed Adiponectin Levels and Increased Adiponectin Response to Oral Glucose Load in Lean Women with Severe Acne Normalizes after Isotretinoin Treatment**  
Aydin K., Cetinozman F., ELÇİN G., Aksoy D. Y., Ucar F., Yildiz B. O.  
DERMATOLOGY, vol.233, no.4, pp.314-319, 2017 (SCI-Expanded)
- LI. An International Consortium Update: Pathophysiology, Diagnosis, and Treatment of Polycystic Ovarian Syndrome in Adolescence**  
Ibanez L., Oberfield S. E., Witchel S. F., Auchus R. J., Chang R. J., Codner E., Dabadghao P., Darendeliler F., Elbarbary N. S., Gambineri A., et al.  
HORMONE RESEARCH IN PAEDIATRICS, vol.88, no.6, pp.371-395, 2017 (SCI-Expanded)
- LII. Structural imaging of the brain reveals decreased total brain and total gray matter volumes in obese but not in lean women with polycystic ovary syndrome compared to body mass index-matched counterparts**  
SAYDAM B., Has A. C., BOZDAĞ G., Oguz K. K., Yildiz B. O.  
GYNECOLOGICAL ENDOCRINOLOGY, vol.33, no.7, pp.519-523, 2017 (SCI-Expanded)
- LIII. Obesity, type 2 diabetes mellitus and cardiovascular disease risk: an update in the management of polycystic ovary syndrome**  
Orio F., Muscogiuri G., Nese C., Palomba S., Savastano S., Tafuri D., Colarieti G., La Sala G., Colao A., Yildiz B. O.  
EUROPEAN JOURNAL OF OBSTETRICS & GYNECOLOGY AND REPRODUCTIVE BIOLOGY, vol.207, pp.214-219, 2016 (SCI-Expanded)
- LIV. The prevalence and phenotypic features of polycystic ovary syndrome: a systematic review and meta-analysis**  
BOZDAĞ G., MÜMÜŞOĞLU S., Zengin D., KARABULUT E., Yildiz B. O.  
HUMAN REPRODUCTION, vol.31, no.12, pp.2841-2855, 2016 (SCI-Expanded)
- LV. Polycystic ovary syndrome**  
Azziz R., CARMINA E., CHEN Z., Dunaif A., LAVEN J. S. E., LEGRO R. S., Lizneva D., NATTERSON-HOROWTIZ B., TEEDE H. J., YILDIZ B.  
NATURE REVIEWS DISEASE PRIMERS, vol.2, 2016 (SCI-Expanded)
- LVI. REPRODUCTIVE ENDOCRINOLOGY Contraceptives, exercise and diet - are all three needed in PCOS?**  
Yildiz B. O.  
NATURE REVIEWS ENDOCRINOLOGY, vol.12, no.8, pp.438-439, 2016 (SCI-Expanded)
- LVII. Evolutionary determinants of polycystic ovary syndrome: part 1**  
ÜNLÜTÜRK U., SEZGİN E., Yildiz B. O.  
FERTILITY AND STERILITY, vol.106, no.1, pp.33-41, 2016 (SCI-Expanded)
- LVIII. Oxidative Stress and Periodontal Disease in Obesity**  
DURŞUN E., Akalin F. A., Genc T., Cinar N., Erel O., Yildiz B. O.  
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- LIX. Response to the Letter by Alireza A., et al.**  
Yildiz B. O.  
The Journal of clinical endocrinology and metabolism, vol.101, 2016 (SCI-Expanded)
- LX. Gut-Brain Axis and Metabolism in Polycystic Ovary Syndrome**  
SAYDAM B., Yildiz B. O.  
CURRENT PHARMACEUTICAL DESIGN, vol.22, no.36, pp.5572-5587, 2016 (SCI-Expanded)
- LXI. Weight-sparing effect of insulin detemir: A consequence of central nervous system-mediated**

**reduced energy intake?**

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- LXII. **New insights into the mechanisms of diastolic dysfunction in patients with type 2 diabetes**  
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SCANDINAVIAN CARDIOVASCULAR JOURNAL, vol.49, no.3, pp.142-148, 2015 (SCI-Expanded)
- LXIII. **Comparison of adrenocortical steroidogenesis in women with post-adolescent severe acne and polycystic ovary syndrome**  
CINAR N., CETINOZMAN F., AKSOY D. Y., ELÇİN G., YILDIZ B.  
JOURNAL OF THE EUROPEAN ACADEMY OF DERMATOLOGY AND VENEREOLOGY, vol.29, no.5, pp.875-880, 2015 (SCI-Expanded)
- LXIV. **Approach to the Patient: Contraception in Women With Polycystic Ovary Syndrome**  
Yildiz B. O.  
JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM, vol.100, no.3, pp.794-802, 2015 (SCI-Expanded)
- LXV. **Fasting and post-prandial glucagon like peptide 1 and oral contraception in polycystic ovary syndrome**  
Aydin K., Arusoglu G., KÖKSAL G., Cinar N., Aksoy D. Y., Yildiz B. O.  
CLINICAL ENDOCRINOLOGY, vol.81, no.4, pp.588-592, 2014 (SCI-Expanded)
- LXVI. **The polycystic ovary syndrome: a position statement from the European Society of Endocrinology**  
Conway G., Dewailly D., Diamanti-Kandarakis E., Escobar-Morreale H. F., Franks S., Gambineri A., Kelestimur F., Macut D., Micic D., Pasquali R., et al.  
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- LXVII. **European survey of diagnosis and management of the polycystic ovary syndrome: results of the ESE PCOS Special Interest Group's Questionnaire**  
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- LXVIII. **Oral contraceptives in polycystic ovary syndrome**  
Helvacı N., Yildiz B. O.  
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- LXIX. **Insulin sensitivity, androgens and isotretinoin therapy in women with severe acne**  
CETINOZMAN F., AKSOY D. Y., Elcin G., YILDIZ B.  
JOURNAL OF DERMATOLOGICAL TREATMENT, vol.25, no.2, pp.119-122, 2014 (SCI-Expanded)
- LXX. **Vitamin D status and seasonal changes in plasma concentrations of 25-hydroxyvitamin D in office workers in Ankara, Turkey**  
Cinar N., HARMANCI A., Yildiz B. O., BAYRAKTAR M.  
EUROPEAN JOURNAL OF INTERNAL MEDICINE, vol.25, no.2, pp.197-201, 2014 (SCI-Expanded)
- LXXI. **Effects of L-Thyroxine on Gastric Motility and Ghrelin in Subclinical Hypothyroidism: A Prospective Study**  
CANPOLAT A. G., KAV T., SİVRİ B., YILDIZ B. O.  
JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM, vol.98, no.11, 2013 (SCI-Expanded)
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- I. **Is Muscle Mechanical Function Altered In Polycystic Ovary Syndrome?**  
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ENDO 2019, NEW ORLEANS, United States Of America, 23 - 26 March 2019, vol.3
- II. **Gut - brain axis and metabolism in PCOS**  
YILDIZ O. B.  
6th Slovenian Congress of Endocrinology, Bled, Slovenia, 22 - 24 November 2018, pp.117-118
- III. **Microbiota and metabolic disorders**  
YILDIZ O. B.  
23rd ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, Minsk, Belarus, 9 - 11 November 2018
- IV. **Prevalence and predictors of gestational diabetes mellitus: a nationwide multicenter prospective study**  
AYDIN H., ÇELİK Ö., YAZICI D., ALTUNOK E. Ç., TARÇIN Ö., DEYNELİ O., SANCAK S., KÜÇÜKSARAÇ KIYICI D. S., Aydın K., YILDIZ O. B.  
20th European Congress of Endocrinology 2018, Barsezona, Spain, 19 - 22 May 2018, vol.56, pp.115
- V. **Current and eveolving concepts in PCOS**  
YILDIZ O. B.  
The 6th Seoul International Congress of Endocrinology and Metabolism, Seoul, South Korea, 19 - 22 April 2018
- VI. **Quantitative evaluation of certain bacterial groups in patients with polycystic ovary syndrome**  
Mamedova G., ERDOĞDU C., AKYÖN YILMAZ Y., YILDIZ O. B.  
XXXth International Workshop on Helicobacter Microbiota in Inflammation Cancer, 7 - 09 September 2017
- VII. **Quantitative evaluation of certain bacterial groups in patients with polycystic ovary syndrome**  
Mamedova G., Ozkul C., Akyon Y., YILDIZ O. B.  
30th International Workshop of the European-Helicobacter-and-Microbiota-Study-Group (EHMSG) on Helicobacter and Microbiota in Inflammation and Cancer, Bordeaux, France, 7 - 09 September 2017, vol.22
- VIII. **Prevalence of metabolic syndrome and its relation to physical activity and nutrition in Azerbaijan**  
MAMMADOVA A., YILMAZ İŞIKHAN S., AÇIKGÖZ A., YILDIZ O. B.  
19th European Congress of Endocrinology 2017, Lisbon, Portugal, 20 - 23 May 2017, vol.49, pp.268-269
- IX. **Comparison of morphological findings by two- and three-dimensional ultrasound in patients with polycystic ovary syndrome and otherwise healthy women**  
Coskun Z. Y., Bozdog G., Yildiz B. O., Esinler I., Yarali H.  
28th Annual Meeting of the European-Society-of-Human-Reproduction-and-Embryology (ESHRE), İstanbul, Turkey, 1 - 04 July 2012, vol.27
- X. **A look at the Past: History of Rimonabant**  
Aydinkarahaliloglu D. N., Aykac E., Kasap Y., Sagis G., Babacanoglu C., Ilbars H., Yildiz B. O., Sardas S., Ozbek H., Kerman S.  
11th Annual Meeting of the International-Society-of-Pharmacovigilance (ISoP) on Next Stop - Istanbul-Bridging the Continents, İstanbul, Turkey, 26 - 28 October 2011, vol.34, pp.1007-1008
- XI. **Investigating of oral contraceptives effects on weight gaining mechanisms in polycystic ovary sendrome (PCOS) patients**  
YANIK T., Sezlev D., Yildiz B. O.  
9th International Meeting of the International-Society-for-the-Study-of-Xenobiotics(ISSX), İstanbul, Turkey, 4 - 08 September 2010, vol.42, pp.160-161
- XII. **Periodontal Disease in Polycystic Ovary Syndrome**  
DURSUN E., GÜNCÜ G. N., ÇINAR N., HARMANCI A., ÖZBEK Ş. M., KARABULUT E., TÖZÜM T. F., KILINÇ K., AKALIN F. A., YILDIZ O. B.

11th European Congress of Endocrinology (ECE), 26 - 29 September 2009

**XIII. Periodontal status and oxidative markers in patients with polycystic ovary syndrome**

GÜNCÜ G. N., DURSUN E., KILINÇ K., YILDIZ O. B., AKALIN F. A.

Europeo 6 6th Congress of the European Federation of Periodontology, 4 - 06 June 2009, vol.36, pp.7

**XIV. Impact of diagnostic criteria - NICHHD versus Rotterdam**

Yildiz B. O.

2nd Annual Peacocks Polycystic Ovary Syndrome Forum on Current Controversies form the Ovary to the Pancreas, Spaltenna, Italy, 27 - 30 September 2007, pp.333-344

**XV. Comparative effects of cisplatin on human and rat butyrylcholinesterases**

BODUR E., YILDIZ O. B., Cokugras A. N., ÖZER N.

32nd Congress of the Federation-of-European-Biochemical-Societies (FEBS), Vienna, Austria, 7 - 12 July 2007, vol.274, pp.233

## Supported Projects

YILDIZ O. B., AÇIKGÖZ A., ÇETİK S., Project Supported by Higher Education Institutions, Polikistik Over Sendromlu Kadınların Tat Duyusu ile Yeme Davranışı Durumlarının İncelenmesi, 2018 - 2020

YILDIZ O. B., EYÜPOĞLU N. D., Project Supported by Higher Education Institutions, Polikistik Over Sendromlu Kadınların İntestinal Aracılı Kardiyovasküler Risk Faktörlerinin Belirlenmesi, 2018 - 2020

YILDIZ O. B., AÇIKGÖZ A., EYÜPOĞLU N. D., YILMAZ İŞIKHAN S., ÖZKUL C., ÇALIŞKAN E., Project Supported by Higher Education Institutions, Polikistik Over Sendromlu Obez Kadınlarda İntestinal Mikrobiyotanın Reprodüktif Sistem ve Metabolizma Üzerine Etkilerinin İncelenmesi, 2018 - 2019

BAYRAKTAR M., ERBAŞ A. T., GÜRLEK Ö. A., DAĞDELEN S., YILDIZ O. B., Project Supported by Higher Education Institutions, 2. Erişkin Metabolik Hastalıklar Sempozyumu, 2017 - 2019

YILDIZ O. B., Project Supported by Higher Education Institutions, PKOS ailelerinde genotipin global fenotipik ekspresyonu, 2017 - 2018

YILDIZ O. B., AKYÖN YILMAZ Y., ZENGİN M., MAMADOVA G., ERDOĞDU C., Project Supported by Higher Education Institutions, Polikistik over sendromlu ve sağlıklı kadınlarda bağırsak mikrobiyota üyelerinden Prevotella melaninogenica ve Ruminococcus torques karşılaştırılması, 2016 - 2017

YILDIZ O. B., Project Supported by Higher Education Institutions, Polikistik Over Sendromu Tanılı Hastalarla Polikistik Over Sendromu Tanısı Olmayan Sağlıklı Kadınların Beyin Yapısal Manyetik Rezonans Görüntülerinin Karşılaştırılması, Vücut Kitle İndeksi ile ve Hormon Düzeyleri ile İlişkilerinin Belirlenmesi, 2015 - 2015

## Activities in Scientific Journals

ENDOCRINE, Committee Member, 2017 - Continues

Journal of Endocrine Society, Assistant Editor/Section Editor, 2017 - 2021

JOURNAL OF ENDOCRINOLOGICAL INVESTIGATION, Committee Member, 2015 - 2018

## Memberships / Tasks in Scientific Organizations

ESE Reproductive and Developmental Endocrinology Focus Area , Co-chairman, 2020 - Continues, United Kingdom

European Society of Endocrinology, Board Member, 2014 - 2020, United Kingdom

Secretary General, 2011 - 2015, Turkey

Androgen Excess and PCOS Society, Board Member, 2011 - 2015, Turkey

## Scientific Refereeing

EUROPEAN JOURNAL OF ENDOCRINOLOGY, SCI Journal, June 2020  
HUMAN REPRODUCTION, SCI Journal, May 2020  
FERTILITY AND STERILITY, SCI Journal, March 2020  
CLINICAL ENDOCRINOLOGY, SCI Journal, January 2020

## Tasks In Event Organizations

Yildiz O. B., ENDO 2022 - Endocrine Society Annual Meeting, Scientific Congress, Georgia, United States Of America, Haziran 2022  
Yildiz O. B., ENDO 2021 - Endocrine Society Annual Meeting , Scientific Congress, California, United States Of America, Mart 2021  
Yildiz O. B., 19. European Congress of Endocrinology, Scientific Congress, Lisbon, Portugal, Mayıs 2017

## Metrics

Publication: 172  
Citation (WoS): 9591  
Citation (Scopus): 11715  
H-Index (WoS): 36  
H-Index (Scopus): 41

## Congress and Symposium Activities

18th Annual Meeting of the Androgen Excess and PCOS Society, Invited Speaker, California, United States Of America, 2020  
3rd International Symposium on Advances in PCOS and Women's Health, Invited Speaker, Belgrade, Serbia, 2020  
International Meeting of the Belarusian Society of Endocrinology and Metabolism, Invited Speaker, Minsk, Belarus, 2020

## Invited Talks

Keynote lecture - Microbiota and PCOS, Conference, Belgrade University, Serbia, October 2022  
Award Lecture - PCOS and Microbiota, Conference, Androgen Excess and PCOS Society, United States Of America, October 2022  
Microbiota and PCOS, Conference, FEBS - Biochemistry Global Summit, Portugal, July 2022  
Brain and PCOS, Conference, Androgen Excess and PCOS Society, United States Of America, June 2022  
ESE Spotlight on Science - COVID19 and Endocrine and Metabolic Disorders, Seminar, European Society of Endocrinology, England, March 2022  
Oral contraceptives beyond contraception, Conference, Portugese Society of Endocrinology, Diabetes and Metabolism, Portugal, February 2022  
Challenges in diagnosis and evaluation of PCOS, Conference, 3rd Belgrade Masterclass in clinical endocrinology, diabetes and metabolism, Serbia, October 2021  
Integrating Transwomen and Female Athletes With DSD into Elite Competition: Lessons from PCOS, Conference, 36. Annual Meeting of the International Federation of Sports Medicine, Greece, September 2021  
PCOS and cardiovascular health after menopause, Conference, 13. European Congress on Menopause and Andropause, Italy, September 2021  
PCOS and aging, Conference, 48. Annual Meeting of the Hellenic Endocrine Society, Greece, July 2021  
Evaluation and management of hirsutism, Conference, 24. National Congress of LSEDL, Lebanon, June 2021  
The role of obesity in PCOS development and maintainance, Conference, 23. European Congress of Endocrinology, Czech



Republic, May 2021

Are all adipocytes equal? Implications for body weight regulation, Seminar, 8. ESPEN Symposium: Obesity and malnutrition - double burden, Italy, April 2021

Polycystic ovary syndrome, Conference, University of Porto, Portugal, April 2021

Obesity control and cancer prevention, Workshop, International Cancer Control Workshop, Turkey, April 2021

Polycystic Ovary Syndrome - 2021, Conference, HOPE 2021 - Annual Convention of The Philippine Society of Endocrinology, Diabetes and Metabolism, Philippines, March 2021

Polycystic Ovary Syndrome, Seminar, The University of Birmingham, United Kingdom, September 2020

COVID19 and Obesity, Conference, European Society of Endocrinology, United Kingdom, May 2020

Hormones and Diseases, Conference, European Parliament, Belgium, March 2018

## **Awards**

Yıldız O. B., Walter Futterweit Clinical Research Excellence Award, Androgen Excess And Pcos Society, October 2022

Yıldız O. B., ESE Special Recognition Award, Avrupa Endokrinoloji Derneği, May 2022

Yıldız O. B., TÜBİTAK Bilim Teşvik Ödülü, Tübitak, October 2008

Yıldız O. B., TÜBA - GEBİP, Türkiye Bilimler Akademisi (Tüba), September 2006

Yıldız O. B., En İyi Genç Araştırmacı Ödülü, Türkiye Endokrinoloji Ve Metabolizma Derneği, October 2005

Yıldız O. B., Hacettepe Üniversitesi Bilimde Teşvik Ödülü, Hacettepe Üniversitesi, October 2004

Yıldız O. B., Hot Topics in Endocrinology, Amerikan Endokrin Derneği, September 2002

## **Non Academic Experience**

Laboratory for Pharmacogenomics, Interdepartmental Clinical Pharmacology Center, David Geffen School of Medicine at UCLA, Los Angeles, CA

K30 Graduate Training Program in Translational Investigation, David Geffen School of Medicine at UCLA, Los Angeles, CA