

Prof. BAYRAM KAYMAK

Personal Information

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Education Information

Undergraduate, Ankara Üniversitesi, Tıp Fakültesi, Turkey 1992 - 2008

Expertise In Medicine, Hacettepe Üniversitesi, Tıp Fakültesi Fiziksel Tıp Ve Rehabilitasyon Ad., Turkey 1998 - 2003

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Physical Medicine and Rehabilitation

Academic Titles / Tasks

Professor, Hacettepe Üniversitesi, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, 2013 - Continues

Academic and Administrative Experience

Hacettepe Üniversitesi, Tıp Fakültesi (ingilizce), 2014 - 2016

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **DIAGNOSING SARCOPENIA: FUNCTIONAL PERSPECTIVES AND A NEW ALGORITHM FROM ISarcoPRM**
KARA M., KAYMAK B., Frontera W. R. , Merve A., Ricci V., Ekiz T., Chang K., Han D., Michail X., Quittan M., et al.
JOURNAL OF REHABILITATION MEDICINE, vol.53, no.6, 2021 (Journal Indexed in SCI)
- II. **Make up your knowledge: Kabuki make-up syndrome and pes planovalgus**
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TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.67, no.3, pp.386-387, 2021 (Journal Indexed in SCI)
- III. **Reassessing Sarcopenia in Hypertension: STAR and ACE Inhibitors Excel**
Ata A. M. , KARA M., Ekiz T., Kara O., CULHA M. A. , Ricci V., KOYUNCU E. G. , Ozcan F., KAYMAK B., ÖZÇAKAR L.
INTERNATIONAL JOURNAL OF CLINICAL PRACTICE, 2020 (Journal Indexed in SCI)
- IV. **STAR-Sonographic Thigh Adjustment Ratio A Golden Formula for the Diagnosis of Sarcopenia**
KARA M., KAYMAK B., Ata A. M. , Oezkal O., Kara O., Baki A., Senguel Aycicek G., TOPUZ S., KARAHAN S., SOYLU A. R. , et al.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.99, no.10, pp.902-908, 2020 (Journal Indexed in SCI)
- V. **Sarcopenia Is Not "Love" You Have to Look Where You Lost it!**
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AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.99, no.10, 2020 (Journal Indexed in SCI)
- VI. **Ultrasonography in Sarcopenic Obesity: "Good Looking" But Wrong Buttoning of the First Button**
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JOURNAL OF PARENTERAL AND ENTERAL NUTRITION, vol.44, no.7, pp.1171-1172, 2020 (Journal Indexed in SCI)

- VII. **The need for an integrative musculoskeletal approach in sarcopenia: the ISarcoPRM Kickstart**
ÖZÇAKAR L., KARA M., Quittan M., Ata A. M. , Michail X., KAYMAK B.
EUROPEAN JOURNAL OF PHYSICAL AND REHABILITATION MEDICINE, vol.56, no.4, pp.535-536, 2020 (Journal Indexed in SCI)
- VIII. **Comment on Asian Working Group on Sarcopenia's Updated Consensus Recommendations: Emphasis on Anterior Thigh Muscle Mass**
KARA M., Ata A. M. , KAYMAK B., ÖZÇAKAR L.
JOURNAL OF THE AMERICAN MEDICAL DIRECTORS ASSOCIATION, vol.21, no.8, pp.1173-1174, 2020 (Journal Indexed in SCI)
- IX. **"Zooming" in the Anterior Thigh Muscle for the Diagnosis of Sarcopenia**
Ata A. M. , KARA M., KAYMAK B., ÖZÇAKAR L.
JOURNAL OF THE AMERICAN GERIATRICS SOCIETY, vol.68, no.8, pp.1878-1879, 2020 (Journal Indexed in SCI)
- X. **Ultrasound Imaging and Rehabilitation of Muscle Disorders Part 2: Nontraumatic Conditions**
KARA M., Ata A. M. , KAYMAK B., ÖZÇAKAR L.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.99, no.7, pp.636-644, 2020 (Journal Indexed in SCI)
- XI. **Ultrasonographic measurements of the skin, fat and muscle in vitamin D deficiency**
Ata A. M. , KARA M., Kara O., KAYMAK B., AKINCI A., ÖZÇAKAR L.
INTERNATIONAL JOURNAL OF CLINICAL PRACTICE, vol.74, no.6, 2020 (Journal Indexed in SCI)
- XII. **A "NEUROMUSCULAR LOOK" TO SARCOPENIA: IS IT A 'MOVEMENT DISORDER'?**
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- XIII. **Scan, see and inject: no need to palpate, imagine or narrate**
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- XIV. **Is grip strength an actual/significant predictor of areal bone mineral density by itself? Potential confounders and/or effect modifiers**
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JOURNAL OF BONE AND MINERAL METABOLISM, vol.38, no.1, pp.135-136, 2020 (Journal Indexed in SCI)
- XV. **The Impact of Cut-Off Values and Adjustments for Muscle Mass and Strength on Diagnosis of Sarcopenia**
KARA M., Ata A. M. , ÇAKIR B., KAYMAK B., ÖZÇAKAR L.
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- XVI. **Assessment of core and lower limb muscles for static/dynamic balance in the older people: An ultrasonographic study**
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AGE AND AGEING, vol.48, no.6, pp.881-887, 2019 (Journal Indexed in SCI)
- XVII. **Botulinum toxin injections to cranial sutures for chronic migraine Rewinding the technique using ultrasound imaging**
KARA M., Gurcay E., AYDIN G., KAYMAK B., Sekizkardes M., AKINCI A., Uluduz D., ÖZÇAKAR L.
TOXICON, vol.172, pp.19-22, 2019 (Journal Indexed in SCI)
- XVIII. **Selective peripheral neurolysis using high frequency ultrasound imaging: a novel approach in the treatment of spasticity**
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- XIX. **Regional and total muscle mass, muscle strength and physical performance: The potential use of ultrasound imaging for sarcopenia**

- ATA A. M. , KARA M., KAYMAK B., Gurcay E., ÇAKIR B., KONŞUK ÜNLÜ H., AKINCI A., ÖZÇAKAR L.
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- XX. **Muscle strength and function rather than muscle mass in sarcopenia**
KARA M., Ata A. M. , KAYMAK B., ÖZÇAKAR L.
EUROPEAN JOURNAL OF APPLIED PHYSIOLOGY, vol.119, no.7, pp.1671-1672, 2019 (Journal Indexed in SCI)
- XXI. **Dorsal Scapular Neuropathy as a Rare Cause 1 of Complex Regional Pain Syndrome A Reappraisal on Ultrasound Imaging and Guidance for Recalcitrant Pain**
Razaq S., KARA M., KAYMAK B., Oner I., ÖZKAN Ö., ÖZÇAKAR L.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.98, no.6, 2019 (Journal Indexed in SCI)
- XXII. **Short-term effectiveness of platelet-rich plasma in carpal tunnel syndrome: A controlled study**
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- XXIII. **Ultrasound-Guided Botulinum Toxin Injections in Cervical Dystonia Needs Prompt Muscle Selection, Appropriate Dosage, and Precise Guidance**
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- XXIV. **Sonoanatomy of the spine: a comprehensive scanning protocol from cervical to sacral region**
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- XXV. **Sonographic quantification of the forearm muscles in relation with handgrip strength**
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- XXVI. **Ultrasound Imaging for Muscle Variations: Digastric Flexor Carpi Ulnaris, Gastrocnemius Tertius, and Supernumerary Fibularis Longus in an Asymptomatic Family**
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- XXVII. **Comment on Ultrasound Guidance for Botulinum Neurotoxin Chemodenervation Procedures. Toxins 2017, 10, 18- Quintessential Use of Ultrasound Guidance for Botulinum Toxin Injections-Muscle Innervation Zone Targeting Revisited**
KAYMAK B., Malas F. U. , KARA M., YAĞIZ ON A., ÖZÇAKAR L.
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- XXVIII. **Ultrasound imaging for sarcopenia, spasticity and painful muscle syndromes**
ÖZÇAKAR L., Ata A. M. , KAYMAK B., KARA M., Kumbhare D.
CURRENT OPINION IN SUPPORTIVE AND PALLIATIVE CARE, vol.12, no.3, pp.373-381, 2018 (Journal Indexed in SCI)
- XXIX. **Sonographic guide for botulinum toxin injections of the lower limb: EUROMUSCULUS/USPRM spasticity approach**
KAYMAK B., KARA M., Tok F., Ulasli A. M. , Ozturk G. T. , Chang K., Hsiao M., Hung C., YAĞIZ ON A., ÖZÇAKAR L.
EUROPEAN JOURNAL OF PHYSICAL AND REHABILITATION MEDICINE, vol.54, no.3, pp.486-498, 2018 (Journal Indexed in SCI)
- XXX. **Sonographic guide for botulinum toxin injections of the upper limb: EUROMUSCULUS/USPRM spasticity approach.**
KARA M., KAYMAK B., Ulasli A. M. , Tok F., Ozturk G. T. , Chang K., Hsiao M., Hung C., Yagiz On A., ÖZÇAKAR L.
European journal of physical and rehabilitation medicine, vol.54, no.3, pp.469-485, 2018 (Journal Indexed in SCI Expanded)
- XXXI. **Prompt sonographic scanning and quantification of lumbar muscles: Seeing the butterfly.**
GÜRÇAY E., KARA M., KAYMAK B., SOYLU A. R. , ÖZÇAKAR L.
Scandinavian journal of medicine & science in sports, vol.28, no.3, pp.1314, 2018 (Journal Indexed in SCI Expanded)
- XXXII. **One Step Further in "Sono-Palpatio" During Ultrasound Imaging: "Self-Palpatio".**

- ÖZÇAKAR L., Ata A. M. , KAYMAK B., Evans S., KARA M.
Pain medicine (Malden, Mass.), vol.19, no.2, pp.411, 2018 (Journal Indexed in SCI Expanded)
- XXXIII. **Sonographic Guide for Botulinum Toxin Injections of the Neck Muscles in Cervical Dystonia**
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- XXXIV. **Innervation zone targeted botulinum toxin injections**
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- XXXV. **Innervation zone targeted botulinum toxin injections**
KAYMAK B., KARA M., ON A., SOYLU A. R. , ÖZÇAKAR L.
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- XXXVI. **Ultrasound imaging and guidance in the management of cervical dystonia: A caveat on the compartmentalization of sternocleidomastoid muscle.**
KAYMAK B., GÜRÇAY E., Ata A. M. , KARA M., ÖZÇAKAR L.
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- XXXVII. **A Novel Approach for Ultrasound-Guided Botulinum Toxin Injections: Botulis-MUS Projects.**
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- XXXVIII. **EFFECTS OF SONO-FEEDBACK DURING ASPIRATION OF BAKER'S CYSTS: A CONTROLLED CLINICAL TRIAL**
ÇAĞLAYAN G., ÖZÇAKAR L., Kaymak S. U. , KAYMAK B., AKINCI A.
JOURNAL OF REHABILITATION MEDICINE, vol.48, no.4, pp.386-389, 2016 (Journal Indexed in SCI)
- XXXIX. **GLUTEUS MAXIMUS MUSCLE TEAR AS A RARE CAUSE OF HIP PAIN AND SCIATICA**
KARA M., TİFTİK T., Ozcan H. N. , KAYMAK B., ÖZÇAKAR L.
JOURNAL OF EMERGENCY MEDICINE, vol.49, no.5, pp.705-706, 2015 (Journal Indexed in SCI)
- XL. **A comparison of results of 3-dimensional gait analysis and observational gait analysis in patients with knee osteoarthritis**
TAS S., GUNERI S., KAYMAK B., ERDEN Z.
ACTA ORTHOPAEDICA ET TRAUMATOLOGICA TURCICA, vol.49, no.2, pp.151-159, 2015 (Journal Indexed in SCI)
- XLI. **Ischiofemoral Impingement Revisited: What Physiatrists Need to Know in Short**
ATA A. M. , YAVUZ H., KAYMAK B., ÖZCAN H. N. , Ergen B., ÖZÇAKAR L.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.93, no.12, pp.1104, 2014 (Journal Indexed in SCI)
- XLII. **Effects of severity of osteoarthritis on the temporospatial gait parameters in patients with knee osteoarthritis**
TAS S., GUNERI S., BAKI A., YILDIRIM T., KAYMAK B., ERDEN Z.
ACTA ORTHOPAEDICA ET TRAUMATOLOGICA TURCICA, vol.48, no.6, pp.635-641, 2014 (Journal Indexed in SCI)
- XLIII. **Ultrasonographic evaluation in symptomatic knee osteoarthritis: clinical and radiological correlation.**
Malas F. U. , Kara M., KAYMAK B., AKINCI A., ÖZÇAKAR L.
International journal of rheumatic diseases, vol.17, no.5, pp.536-40, 2014 (Journal Indexed in SCI Expanded)
- XLIV. **Effects of Different Strength Training on Muscle Architecture: Clinical and Ultrasonographic Evaluation in Knee Osteoarthritis**
Malas F. U. , Ozcaker L., KAYMAK B., Ulasli A., GÜNER S., Kara M., AKINCI A.
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- XLV. **Sonographic evaluation of sciatic nerves in patients with unilateral sciatica.**
Kara M., ÖZÇAKAR L., Tiftik T., KAYMAK B., ÖZEL S., AKKUŞ S., AKINCI A.
Archives of physical medicine and rehabilitation, vol.93, no.9, pp.1598-602, 2012 (Journal Indexed in SCI Expanded)

- XLVI. **Sonographic Assessment of Finger Flexor Tendons in Olympic Archers**
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TURKIYE FIZIKSEL TIP VE REHABILITASYON DERGISI-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.58, no.2, pp.85-87, 2012 (Journal Indexed in SCI)
- XLVII. **Hypertrichosis after surgery for cubital tunnel syndrome**
KARA M., ÖZÇAKAR L., Kara G., Malas F. U. , AKSOY S., KAYMAK B.
RHEUMATOLOGY INTERNATIONAL, vol.32, no.1, pp.285-286, 2012 (Journal Indexed in SCI)
- XLVIII. **Thoracic Outlet Syndrome With Involvement of the Cervical Sympathetics Because of Idiopathic Tumoral Calcinosis**
Emlakcioglu E., KARA M., Ozcan H. N. , Eroglu M., Kaymak B., Ozcakar L.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.90, no.9, pp.765-767, 2011 (Journal Indexed in SCI)
- XLIX. **SCIENTIFIC PUBLICATIONS IN PHYSICAL AND REHABILITATION MEDICINE A Glance from Turkey**
Kara M., Ozel S., ÖZÇAKAR L., KAYMAK B., AKINCI A.
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- L. **Quantification of the effects of transcutaneous electrical nerve stimulation with functional magnetic resonance imaging: a double-blind randomized placebo-controlled study.**
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Archives of physical medicine and rehabilitation, vol.91, no.8, pp.1160-5, 2010 (Journal Indexed in SCI Expanded)
- LI. **CARPAL TUNNEL SYNDROME IN TWO CASES OF ALL ULNAR HAND: A WORD FOR NERVE'S ULTRASOUND**
Kara M., Erkin G., Malas F. U. , KAYMAK B., Uysal H., ÖZÇAKAR L.
ACTA REUMATOLOGICA PORTUGUESA, vol.35, no.3, pp.403-405, 2010 (Journal Indexed in SCI)
- LII. **Musculoskeletal Sonography Use in Physiatry A Single-Center One-Year Analysis**
ÖZÇAKAR L., Malas F. U. , KARA G., KAYMAK B., Hascelik Z.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.89, no.5, pp.385-389, 2010 (Journal Indexed in SCI)
- LIII. **BRACHIAL NEURITIS MIMICKING SEVERE ANTERIOR INTEROSSEOUS SYNDROME**
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- LIV. **Anterior interosseous syndrome vs flexor pollicis longus tendon rupture: electrodiagnosis or sonography?**
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- LV. **The purview of multifascicle ulnar nerves in cubital tunnel syndrome: single-case sonographic observation.**
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- LVI. **Urinary Colic During Low-Back Treatment: Out of the Frying Pan into the Fire?**
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- LVII. **Two cases and two particular signs of thoracic outlet syndrome: tremor and tachycardia**
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RHEUMATOLOGY INTERNATIONAL, vol.29, no.2, pp.227-228, 2008 (Journal Indexed in SCI)
- LVIII. **A knee osteoarthritis connected with hallux valgus-related pes planus**
Ozguclu E., Kilic E., KAYMAK B.
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- LIX. **Forearm bone mineral density measurements in thoracic outlet syndrome**
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- LX. **A comparison of the benefits of sonography and electrophysiologic measurements as predictors of symptom severity and functional status in patients with carpal tunnel syndrome**
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- LXI. **Peroneal neuropathy due to ground pad burn injury after a radiofrequency ablation surgery**
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ANNALS OF SURGICAL ONCOLOGY, vol.14, no.3, pp.1243-1244, 2007 (Journal Indexed in SCI)
- LXII. **Rare abdominal findings in Behcet's disease**
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- LXIII. **Thoracic outlet syndrome, Paget-Schroetter syndrome and aberrant subclavian artery in a young man**
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JOINT BONE SPINE, vol.73, no.4, pp.469-471, 2006 (Journal Indexed in SCI)
- LXIV. **Re: Konstantinou DT, Chroni E, Constantoyiannis C, et al. Klippel-Feil syndrome presenting with bilateral thoracic outlet syndrome. Spine 2004;29:E189-E192 (multiple letters)**
ÖZÇAKAR L., KAYMAK B., Vanderstraeten G., Chroni E., Konstantinou D. T. , Constantoyannis C., Dougenis D.
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- LXV. **Ultrasonographical evaluation of the Achilles' tendon in psoriasis patients**
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- LXVI. **Quantification of the weakness and fatigue in thoracic outlet syndrome with isokinetic measurements**
Ozcakar L., İNANICI F., Kaymak B., ABALI G., Cetin A., Hascelik Z.
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- LXVII. **An underdiagnosed hip pathology: apropos of two cases with gluteus medius tendon tears**
Ozcakar L., EROL Ö., Kaymak B., Aydemir N.
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- LXVIII. **A novel finding in thoracic outlet syndrome: tachycardia**
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JOINT BONE SPINE, vol.71, no.5, pp.430-432, 2004 (Journal Indexed in SCI)

Articles Published in Other Journals

- I. **Thoracic outlet syndrome, Paget-Schroetter Syndrome and aberrant subclavian artery in a young man**
Pour citer cet article, utiliser ce titre en anglais et sa référence dans le même volume de Joint Bone Spine. Syndrome du défilé thoracique, syndrome de Paget-Schroetter et artère sous-clavière aberrante chez un homme jeune
ÖZÇAKAR L., KAYMAK B., Turan S., Akal M., ENÖN S., Okuyan H.
Revue du Rhumatisme (Edition Francaise), vol.73, no.7, pp.770-772, 2006 (Refereed Journals of Other Institutions)
- II. **Delayed management of brachial plexopathy in a patient with occipital condyle and multiple rib fractures**
Oksipital kondil ve çoklu kosta kırığı olan hastada gecikmiş brakial pleksopati tedavisi
Erol Ö., ÖZÇAKAR L., Özgüçlü E., KAYMAK B., Yilmaz B., Sirmali M.
Journal of Rheumatology and Medical Rehabilitation, vol.16, no.3, pp.206-209, 2005 (Refereed Journals of Other Institutions)
- III. **Bilateral carpal tunnel syndrome and bilateral cubital tunnel syndrome in a patient with cervical disc herniations**
Erol Ö., ÖZÇAKAR L., Aksu A. E. , Canter H. I. , KAYMAK B., ÇETİN A.

Journal of Rheumatology and Medical Rehabilitation, vol.16, no.1, pp.54-58, 2005 (Refereed Journals of Other Institutions)

- IV. **A novel finding in thoracic outlet syndrom: Tachycardia Une nouvelle manifestation du syndrome de la traversée cervico-thoraco-brachiale: La tachycardie**
KAYMAK B., ÖZÇAKAR L., Oguz A. K. , ARSAVA E. M. , ÖZDÖL Ç.
Revue du Rhumatisme (Edition Francaise), vol.71, no.9, pp.813-815, 2004 (Refereed Journals of Other Institutions)
- V. **An exemplary case of unilateral hamstring tightness in an adolescent [2] Un cas exemplaire de rétraction unilatérale des ischiojambiers chez un adolescent**
ÖZÇAKAR L., KAYMAK B., ÇETİN A., Başgöze O.
Revue du Rhumatisme (Edition Francaise), vol.71, no.1, pp.98-100, 2004 (Refereed Journals of Other Institutions)

Books & Book Chapters

I. **Fundamentals of Quantitative Gait Analysis**

KAYMAK B., SOYLU A. R.

in: Musculoskeletal Research and Basic Science, Korkusuz, Feza, Editor, Springer, New York, pp.93-106, 2016

Refereed Congress / Symposium Publications in Proceedings

I. **ULTRASONOGRAPHIC EVALUATION OF THE METACARPAL CARTILAGE THICKNESS IN WEIGHTLIFTERS AND VOLLEYBALL PLAYERS**

İSKENDER Ö., KAYMAK B., KARA M., AKINCI A., ÜLKAR B., ÖZÇAKAR L.

Annual European Congress of Rheumatology (EULAR), Madrid, Spain, 12 - 15 June 2019, vol.78, pp.1505-1506

II. **THE RELATIONSHIP BETWEEN SLEEP DISTURBANCE, DISEASE ACTIVITY AND PSYCHOLOGICAL STATUS IN ANKYLOSING SPONDYLITIS**

Emlakcioglu E., KAYMAK B., ÖZÇAKAR L., Tan A. A.

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Supported Projects

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