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Kişisel Bilgiler

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Eğitim Bilgileri

Tıpta Uzmanlık, Hacettepe Üniversitesi, Tıp Fakültesi Fiziksel Tıp Ve Rehabilitasyon Ad., Türkiye 1998 - 2003

Lisans, Ankara Üniversitesi, Türkiye 1991 - 1998

Yabancı Diller

İngilizce, C1 İleri

Yaptığı Tezler

Tıpta Uzmanlık, Karpal tünel sendromlu hastalarda, semptomlar, klinik bulgular, elektrofizyolojik incelemeler ve el izokinetik kuvvet ölçümlerinin karşılaştırılması, Hacettepe Üniversitesi, Tıp Fakültesi (İngilizce), Dahili Tıp Bilimleri Bölümü, 2003

Araştırma Alanları

Tıp, Sağlık Bilimleri, Dahili Tıp Bilimleri, Fiziksel Tıp ve Rehabilitasyon

Akademik Unvanlar / Görevler

Prof. Dr., Hacettepe Üniversitesi, Dahili Tıp Bilimleri Bölümü, 2014 - Devam Ediyor

Akademik İdari Deneyim

Hacettepe Üniversitesi, Tıp Fakültesi (İngilizce), 2014 - 2016

SCI, SSCI ve AHCI İndekslerine Giren Dergilerde Yayınlanan Makaleler

- Ultrasound imaging and guidance in Bell's palsy.**
Abdulsalam A. J., Demirel K., Aksakal M. F., Kara M., Kaymak B., Özçakar L.
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- II. **Botulinum Toxin Injection of the Flexor Digitorum Profundus: Are We Forgetting Something?**
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The Canadian journal of neurological sciences. Le journal canadien des sciences neurologiques, ss.1-2, 2024 (SCI-Expanded)
- III. **Great toe drop: Raison D'etre for ultrasound-guided electromyography**
AKSAKAL M. F., Abdulsalam A. J., AKINCI A., KAYMAK B., ÖZÇAKAR L.
Neurophysiologie Clinique, cilt.54, sa.2, 2024 (SCI-Expanded)
- IV. **The Relationship Among Probable SARCopenia, Osteoporosis and SuprasPinatus Tendon Tears in Postmenopausal Women: The SARCOSP Study.**
Kara M., Kara Ö., Durmuş M. E., Analay P., Şener F. E., Çıtır B. N., Korkmaz G. O., Ünlü Z., Tiftik T., Gürçay E., et al.
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- V. **Ultrasonographic follow-up in Bell's Palsy: Part (of the facial Nerve) to look at?**
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Clinical neurophysiology : official journal of the International Federation of Clinical Neurophysiology, 2024 (SCI-Expanded)
- VI. **Ultrasonography in Bell's Palsy: seeing the nerve rather than trialing on the muscles.**
Abdulsalam A. J., Analay P., Kaymak B., Kara M., Özçakar L.
European archives of oto-rhino-laryngology : official journal of the European Federation of Oto-Rhino-Laryngological Societies (EUFOS) : affiliated with the German Society for Oto-Rhino-Laryngology - Head and Neck Surgery, 2024 (SCI-Expanded)
- VII. **Dental treatment can be a 'headache'.**
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British dental journal, cilt.236, sa.3, ss.186, 2024 (SCI-Expanded)
- VIII. **Sonographic guide for botulinum toxin injections for chronic migraine headache: EURO-MUSCULUS/USPRM approach.**
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- IX. **SARCopenia Assessment in Hypertension: The SARAH Study.**
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American journal of physical medicine & rehabilitation, cilt.102, sa.2, ss.130-136, 2023 (SCI-Expanded)
- X. **The relationship between sarcopenia-related measurements and osteoporosis: The SARCOP study.**
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Osteoporosis international : a journal established as result of cooperation between the European Foundation for Osteoporosis and the National Osteoporosis Foundation of the USA, cilt.34, sa.1, ss.53-58, 2023 (SCI-Expanded)
- XI. **Ultrasonographic Evaluation of the Metacarpal Cartilage Thicknesses in Weightlifters and Volleyball Players.**
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- XII. **Ultrasound imaging/diagnosis for intrasheath bleeding of the median nerve.**
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- XIII. **Homing in on cognition with cross-sectional analysis of sarcopenia-related measurements: the SARCOG study**
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AGING CLINICAL AND EXPERIMENTAL RESEARCH, cilt.34, sa.9, ss.2149-2154, 2022 (SCI-Expanded)
- XIV. **THE RELATIONSHIP BETWEEN VITAMIN D DEFICIENCY, BODY COMPOSITION AND PHYSICAL/COGNITIVE FUNCTIONS**
Dogan Y., KARA M., ÖZÇAKAR L., Kaymak B.
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- XV. **The relationship between vitamin D deficiency, body composition, and physical/cognitive functions.**
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- XVI. **Neuralgic amyotrophy associated with COVID-19 infection: the broken bough.**
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- XVII. **DIAGNOSING SARCOPENIA: FUNCTIONAL PERSPECTIVES AND A NEW ALGORITHM FROM ISarcoPRM**
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- XVIII. **Reassessing Sarcopenia in Hypertension: STAR and ACE Inhibitors Excel**
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- XIX. **Make up your knowledge: Kabuki make-up syndrome and pes planovalgus**
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- XX. **STAR-Sonographic Thigh Adjustment Ratio A Golden Formula for the Diagnosis of Sarcopenia**
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- XXI. **Sarcopenia Is Not "Love" You Have to Look Where You Lost it!**
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- XXII. **Ultrasonography in Sarcopenic Obesity: "Good Looking" But Wrong Buttoning of the First Button**
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- XXIII. **"Zooming" in the Anterior Thigh Muscle for the Diagnosis of Sarcopenia**
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- XXIV. **Comment on Asian Working Group on Sarcopenia's Updated Consensus Recommendations: Emphasis on Anterior Thigh Muscle Mass**
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- XXV. **The need for an integrative musculoskeletal approach in sarcopenia: the ISarcoPRM Kickstart**
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- XXVI. **Ultrasound Imaging and Rehabilitation of Muscle Disorders Part 2: Nontraumatic Conditions**
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- XXVII. **Ultrasonographic measurements of the skin, fat and muscle in vitamin D deficiency**
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- XXVIII. **A "NEUROMUSCULAR LOOK" TO SARCOPENIA: IS IT A 'MOVEMENT DISORDER'?**
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- XXIX. **Scan, see and inject: no need to palpate, imagine or narrate**
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EUROPEAN JOURNAL OF PHYSICAL AND REHABILITATION MEDICINE, cilt.56, sa.1, ss.127-128, 2020 (SCI-Expanded)
- XXX. **Is grip strength an actual/significant predictor of areal bone mineral density by itself? Potential confounders and/or effect modifiers**
KARA M., Ata A. M., ÇAKIR B., KAYMAK B., ÖZÇAKAR L.

- JOURNAL OF BONE AND MINERAL METABOLISM, cilt.38, sa.1, ss.135-136, 2020 (SCI-Expanded)
- XXXI. **The Impact of Cut-Off Values and Adjustments for Muscle Mass and Strength on Diagnosis of Sarcopenia**
KARA M., Ata A. M., ÇAKIR B., KAYMAK B., ÖZÇAKAR L.
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- XXXII. **Assessment of core and lower limb muscles for static/dynamic balance in the older people: An ultrasonographic study**
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- XXXIII. **Botulinum toxin injections to cranial sutures for chronic migraine Rewinding the technique using ultrasound imaging**
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- XXXIV. **Selective peripheral neurolysis using high frequency ultrasound imaging: a novel approach in the treatment of spasticity**
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- XXXV. **Muscle strength and function rather than muscle mass in sarcopenia**
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- XXXVI. **Regional and total muscle mass, muscle strength and physical performance: The potential use of ultrasound imaging for sarcopenia**
ATA A. M., KARA M., KAYMAK B., Gurcay E., ÇAKIR B., KONŞUK ÜNLÜ H., AKINCI A., ÖZÇAKAR L.
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- XXXVII. **Dorsal Scapular Neuropathy as a Rare Cause 1 of Complex Regional Pain Syndrome A Reappraisal on Ultrasound Imaging and Guidance for Recalcitrant Pain**
Razaq S., KARA M., KAYMAK B., Oner I., ÖZKAN Ö., ÖZÇAKAR L.
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- XXXVIII. **Short-term effectiveness of platelet-rich plasma in carpal tunnel syndrome: A controlled study**
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- XXXIX. **Ultrasound-Guided Botulinum Toxin Injections in Cervical Dystonia Needs Prompt Muscle Selection, Appropriate Dosage, and Precise Guidance**
Razaq S., KAYMAK B., KARA M., ÖZKAN S., ÖZÇAKAR L.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, cilt.98, sa.3, 2019 (SCI-Expanded)
- XL. **Sonoanatomy of the spine: a comprehensive scanning protocol from cervical to sacral region**
Chang K., KARA M., Su D. C., Gurcay E., KAYMAK B., Wu W., ÖZÇAKAR L.
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- XLI. **Sonographic quantification of the forearm muscles in relation with handgrip strength**
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- XLII. **Ultrasound Imaging for Muscle Variations: Digastric Flexor Carpi Ulnaris, Gastrocnemius Tertius, and Supernumerary Fibularis Longus in an Asymptomatic Family**
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- XLIII. **Comment on Ultrasound Guidance for Botulinum Neurotoxin Chemodenervation Procedures. Toxins 2017, 10, 18-Quintessential Use of Ultrasound Guidance for Botulinum Toxin Injections-Muscle Innervation Zone Targeting Revisited**
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- XLIV. **Ultrasound imaging for sarcopenia, spasticity and painful muscle syndromes**
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- XLV. **The effects/injections of botulinum toxin in chronic migraine headache**
Kara M., Kaymak B., Sekizkardes M., Ozcakar L.
Acta Neurologica Scandinavica, cilt.138, sa.1, ss.99, 2018 (SCI-Expanded)
- XLVI. **Sonographic guide for botulinum toxin injections of the upper limb: EUROMUSCULUS/USPRM spasticity approach.**
KARA M., KAYMAK B., Ulasli A. M., Tok F., Ozturk G. T., Chang K., Hsiao M., Hung C., Yagiz On A., ÖZÇAKAR L.
European journal of physical and rehabilitation medicine, cilt.54, sa.3, ss.469-485, 2018 (SCI-Expanded)
- XLVII. **Sonographic guide for botulinum toxin injections of the lower limb: EUROMUSCULUS/USPRM spasticity approach**
KAYMAK B., KARA M., Tok F., Ulasli A. M., Ozturk G. T., Chang K., Hsiao M., Hung C., YAĞIZ ON A., ÖZÇAKAR L.
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- XLVIII. **Prompt sonographic scanning and quantification of lumbar muscles: Seeing the butterfly.**
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- XLIX. **One Step Further in "Sono-Palpatio" During Ultrasound Imaging: "Self-Palpatio".**
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- L. **Innervation zone targeted botulinum toxin injections**
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- LI. **Sonographic Guide for Botulinum Toxin Injections of the Neck Muscles in Cervical Dystonia**
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- LII. **Innervation zone targeted botulinum toxin injections**
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- LIII. **Ultrasound imaging and guidance in the management of cervical dystonia: A caveat on the compartmentalization of sternocleidomastoid muscle.**
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- LIV. **A Novel Approach for Ultrasound-Guided Botulinum Toxin Injections: Botulis-MUS Projects.**
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- LV. **EFFECTS OF SONO-FEEDBACK DURING ASPIRATION OF BAKER'S CYSTS: A CONTROLLED CLINICAL TRIAL**
ÇAĞLAYAN G., ÖZÇAKAR L., Kaymak S. U., KAYMAK B., AKINCI A.
JOURNAL OF REHABILITATION MEDICINE, cilt.48, sa.4, ss.386-389, 2016 (SCI-Expanded)
- LVI. **Nine-year follow-up of a patient with Thoracic outlet syndrome and Paget-Schroetter syndrome**
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- LVII. **GLUTEUS MAXIMUS MUSCLE TEAR AS A RARE CAUSE OF HIP PAIN AND SCIATICA**
KARA M., TİFTİK T., Ozcan H. N., KAYMAK B., ÖZÇAKAR L.
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- LVIII. **A comparison of results of 3-dimensional gait analysis and observational gait analysis in patients with knee osteoarthritis**
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- ACTA ORTHOPAEDICA ET TRAUMATOLOGICA TURCICA, cilt.49, sa.2, ss.151-159, 2015 (SCI-Expanded)
- LIX. **Ischiofemoral Impingement Revisited: What Physiatrists Need to Know in Short**
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- LX. **Effects of severity of osteoarthritis on the temporospatial gait parameters in patients with knee osteoarthritis**
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- LXI. **Ultrasonographic evaluation in symptomatic knee osteoarthritis: clinical and radiological correlation.**
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- LXII. **Effects of Different Strength Training on Muscle Architecture: Clinical and Ultrasonographic Evaluation in Knee Osteoarthritis**
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- LXIII. **Sonographic evaluation of sciatic nerves in patients with unilateral sciatica.**
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- LXIV. **Sonographic Assessment of Finger Flexor Tendons in Olympic Archers**
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- LXV. **Hypertrichosis after surgery for cubital tunnel syndrome**
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- LXVI. **Thoracic Outlet Syndrome With Involvement of the Cervical Sympathetics Because of Idiopathic Tumoral Calcinosis**
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- LXVII. **SCIENTIFIC PUBLICATIONS IN PHYSICAL AND REHABILITATION MEDICINE A Glance from Turkey**
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- LXVIII. **Quantification of the effects of transcutaneous electrical nerve stimulation with functional magnetic resonance imaging: a double-blind randomized placebo-controlled study.**
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- LXIX. **THE PURVIEW OF MULTIFASCICLE ULNAR NERVES IN CUBITAL TUNNEL SYNDROME: SINGLE-CASE SONOGRAPHIC OBSERVATION REPLY**
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- LXX. **CARPAL TUNNEL SYNDROME IN TWO CASES OF ALL ULNAR HAND: A WORD FOR NERVE'S ULTRASOUND**
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- LXXI. **Musculoskeletal Sonography Use in Physiatry A Single-Center One-Year Analysis**
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- LXXII. **BRACHIAL NEURITIS MIMICKING SEVERE ANTERIOR INTEROSSEOUS SYNDROME**
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- LXXIII. **Anterior interosseous syndrome vs flexor pollicis longus tendon rupture: electrodiagnosis or sonography?**
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Kitap & Kitap Bölümleri

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